

FREE IDEA CHECKLIST: HOW TO CREATE ABC SENSORY BINS

CHOOSE A WORD

The first step in creating an ABC sensory bin is to choose one word for each letter of the alphabet. For example, your letter 'A' bin might focused on the word 'Acorns'

A _____
B _____
C _____
D _____
E _____
F _____
G _____
H _____
I _____

J _____
K _____
L _____
M _____
N _____
O _____
P _____
Q _____
R _____

S _____
T _____
U _____
V _____
W _____
X _____
Y _____
Z _____

CHOOSE A BIN FILLER

Next you'll need to choose a Sensory Bin Filler. This is what you'll use to fill your sensory bin with. Below is a list of bin filler ideas to help get you started:

- Fish Tank Rocks
- Water
- Black Beans
- Moon Sand
- Water Beads
- Slime
- Jello
- Mud
- Cooked Noodles
- Cereal
- Popcorn Kernels
- DIY Play Dough
- Rice
- Oobleck
- Grass
- DIY Quicksand
- Feathers
- Colored Sand
- Buttons
- Rocks
- Glass Stones
- Bird Seed
- Dry Pasta
- Pom-Pom Balls