

## PRO POWER & MUSCLE

# PREMIUM WHEY HYDRO

ADVANCED FORMULA FOR MUSCLE GROWTH

VANILLA

### QUICK INFO

- ☒ LACTOSE FREE
- ☒ GLUTEN FREE
- ☐ ACID FREE
- ☐ NO SWEETENERS
- ☒ NO ARTIFICIAL COLOURS
- ☒ NO PRESERVATIVES



### PRODUCT DESCRIPTION

SPONSER® - PREMIUM WHEY HYDRO provides a high quality protein matrix based on protein hydrolysates to help build and maintain the muscle mass. Hydrolysates are typically enzymatically “pre-digested” or pre-cleaved proteins and offer an absorption advantage compared to intact proteins. Using only Whey Protein from Cross Flow Microfiltration (CFM) guarantees a natural protein quality.

Additionally complemented with the quality raw materials PepForm® BCAA and WHEY CFM NITRO® for increased peptide bound BCAA content per g of pure protein. WHEY CFM NITRO is a patented raw material with bioactive peptides from whey protein to activate NO (Nitric oxid) metabolism and improve oxygen utilization.

HMB (beta-hydroxy-beta-methylbutyrate) is an organic acid that occurs naturally in the human body and is synthesized from the essential amino acid L-leucine. Power athletes, bodybuilders and intensively training athletes use HMB in high-intensity phases.

PREMIUM WHEY HYDRO is lactose-free, virtually fat and carbohydrate-free and thus provides high-quality training support for power and endurance athletes.

### ADVANTAGES

- **High quality protein matrix with maximum functionality**
- **Rich in BCAA 6000 mg / serving (30 g)**
- **Enriched with WHEY CFM NITRO for NO metabolism**
- **Additionally enriched with HMB**
- **With vitamins, magnesium and zinc**

### APPLICATION

In high-intensity phases, depending on the protein needs, about 30 minutes before or within 30 minutes after training.

In addition to a varied and balanced diet as well as a healthy lifestyle.

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## INGREDIENTS

**Whey** protein isolate (Cross Flow Filtration, partially hydrolysed) 86% (Ireland), **Whey** protein hydrolysate\* (with 50% BCAA in peptide form) 4%, beta-hydroxy-beta-methylbutyrate calcium (HMB), flavours, vitamins (ascorbic acid, nicotinic acid amide, alpha-tocopheryl acetate, calcium pantothenate, pyridoxine hydrochloride, riboflavin, thiamine mononitrate, folic acid, biotin, cyanocobalamin), vanilla extract and vanilla seeds 0.6%, mineral salts (magnesium carbonate, zinc lactate), thickener (guar gum, xanthan gum), emulsifier sunflower lecithin, lactase (enzyme), sweetener sucralose.

## PACKAGING AND FLAVOUR

Box of 850 g (28-34 servings)

Vanilla, Chocolate

## NUTRITION FACTS

Nährwerte/valeurs nutritives/nutrition facts	100 g		1 Portion**	
Energie/energy kJ (kcal)	1550 (365)		450 (105)	
Fett/lipides/fat/grassi	1.9 g		0.6 g	
davon gesättigte Fettsäuren/of which saturated fatty acids	0.7 g		0.2 g	
Kohlenhydrate/glucides/carbohydrates	2.9 g		0.9 g	
davon Zuckerarten/of which sugars	1.0 g		0.3 g	
Eiweiss/protéines/protein	84 g		25 g	
Salz/sel/salt	0.70 g		0.21 g	
Vitamine/vitamin(e)s	%NRV*			
E	14 mg	117%	4.2 mg	35%
C	92 mg	115%	28 mg	35%
B1	1.3 mg	116%	0.4 mg	35%
B2	1.6 mg	116%	0.5 mg	35%
B6	1.6 mg	116%	0.5 mg	35%
B12	2.9 µg	115%	0.9 µg	35%
Niacin(e)	18 mg	113%	5.5 mg	35%
Folsäure/folic acid	230 µg	116%	69 µg	35%
Biotin(e)	58 µg	116%	17 µg	34%
Pantothensäure/pantothenic acid	6.9 mg	116%	2.1 mg	35%
Mineralstoffe/sels minéraux/minerals	%NRV*			
Calcium	440 mg	55%	132 mg	17%
Magnesium/magnésium	315 mg	84%	95 mg	25%
Phosphor(e)/phosphorus	160 mg	23%	48 mg	7%
Kalium/potassium	500 mg	25%	150 mg	8%
Zink/zinc	8.4 mg	84%	2.5 mg	25%

\*Nährstoffbezugswerte/valeurs nutritionnelles de référence/nutrient reference values

\*\* 1 serving = 30 g + 200 ml of water. 100 ml of finished preparation contains 225 kJ (53 kcal)

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Aminosäuren/amino acids (per 100 g Reinprotein/pure protein)		
Essential	Histidin	1.7 g
	Isoleucin	6.8 g
	Leucin	11.3 g
	Lysin	9.3 g
	Methionin + Cystein	4.5 g
	Phenylalanin + Tyrosin	5.1 g
	Threonin	6.7 g
	Tryptophan	2.0 g
	Valin	5.9 g
Non-essential	Alanin	5.0 g
	Arginin	1.9 g
	Asparaginsäure	10.8 g
	Glutaminsäure	17.9 g
	Glycin	1.6 g
	Prolin	6.0 g
	Serin	4.6 g

Biologische Wertigkeit/biological value (nach Oser): 165 (Vollei/whole egg = 155)

**100 g (30 g) enthalten/contain:** BCAA (leucine, isoleucine, valine) 20 g (6.0 g), HMB 3.3 g (1 g)

Protein powder from whey protein isolate (CFM & partially hydrogenated) and peptides, supplemented with HMB, lactase, vitamins and minerals. With vanilla flavour and sweetener. Lactose free.

Carefully developed and produced in Switzerland.

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