



# SBF SPONSORS THREE FIRST RESPONDERS

## SEGENSWORTH BUSINESS FORUM, HAS PROVIDED EQUIPMENT FOR THREE FIRST RESPONDER VOLUNTEERS IN THE SEGENSWORTH BUSINESS DISTRICT.

The Community First Responder scheme helps local businesses by providing Community First Responders (CFRs) who can attend any local incidents to deliver life-saving skills such as the use of an automated external defibrillator (AED), basic airway management and oxygen therapy, and cardiopulmonary resuscitation, or CPR.

The volunteers are from local businesses, and respond to emergencies in the area where they work. They arrive at the scene prior to or after the ambulance arrives and provide assistance. By being able to implement life saving medical treatment, CFRs really do help save more lives.

The Responders are trained to treat all ages and complete a course including practical and theory elements, which is renewed and assessed every six months with the addition of ongoing training sessions.

### STEVE ADAMSON, CHAIRMAN, SBF, SAID:

"I am delighted that we have been able to sponsor this initiative, providing Segensworth employees, and visitors to our businesses, potentially life-saving professional response within the first vital minutes of a medical emergency. Alongside the public defibrillators we have positioned throughout the estates we have made great strides towards our objective to make Segensworth the safest business district for employees, visitors and the wider community."

**WANT TO VOLUNTEER?**  
If you would like to volunteer please contact Martin O'Rourke:  
[martin.orourke@sbfl.co.uk](mailto:martin.orourke@sbfl.co.uk)

### ROB BARTLETT, CFR VOLUNTEER, MARINE & INDUSTRIAL PLASTICS LTD, SAID:

"I was looking into community support work and this looked like a good opportunity to combine helping the community and meeting new people.

It's a good way to give something back and I love the training I have had. As a father to two young children, it's reassuring to have the full kit at home as well.

I originally wanted to get to know First Aid and it progressed from there. It's a really flexible service. I can clock in during work or leisure time and it works well for me."

### STEVE MORTON, CFR VOLUNTEER, CAPTEC LIMITED, SAID:

"SBF asked for volunteers and I was already a first aider, since the age of 14. I'm also a police support volunteer and a volunteer for the Blood Bike Group, so it felt like a natural progression.

I've wanted to do this for some time but where I live, in Portsmouth, logistically re travel, it wasn't possible. It's a flexible, easy system. You book available time via a dedicated Smart Phone. As much time as you can."