

22nd Annual

RATTLESNAKE MASTER RUN

10K Run | 5K Run | 5K Walk



for the Prairie

9am, Sunday, November 3, 2019
Meadowbrook Park, Urbana, IL



You can help Grand Prairie Friends support valuable habitat for beautiful creatures like these!

Run or walk in this annual fundraising event so we can continue to preserve and restore prairies and woodlands.

Help make east-central Illinois a more welcoming place for endangered wildlife.

Visit **GrandPrairieFriends.org** for more details and to register.



Grand Prairie Friends is a non-profit land trust and conservation organization. We have been committed to preserving and restoring tallgrass prairie and woodlands in east-central Illinois since 1984.



**GRAND
PRAIRIE
FRIENDS**

GrandPrairieFriends.org



REGISTRATION INFORMATION:

Rattlesnake Master Run for the Prairie *10K Run / 5K Run / 5K Walk*

Sunday, November 3, 2019 at 9:00am — Meadowbrook Park, Urbana, IL

Location:

The race begins on Race St. near Clark-Lindsey Village just south of Windsor Rd and ends at the Garden Pavilion in Meadowbrook Park.

Course:

The 5K race circles Meadowbrook Park. The 10K race includes Meadowbrook and adjacent areas. All races end in a trail run. Course map can be found at GrandPrairieFriends.org.

Entry Fees:

Register by midnight, Oct 24
• \$25 (No Shirt)
• \$30 (Shirt)
Register after Oct 24
• \$30 (Sorry, no shirt)

New Member Special:

Join Grand Prairie Friends, enter race, and get a shirt (if registered by Oct 24) for \$60.

Pre-registration:

- **Register online** at GrandPrairieFriends.org until midnight, Friday, Nov 1, (fees apply).
- Or mail the form below to: **Body n' Sole, Attn: Rattlesnake Master, 1317 Dunlap, Savoy, IL 61874.** Make checks payable to "Grand Prairie Friends."

Shirts available for those who register online or mail form by Thursday, Oct 24.

Race Day Registration:

Race day entries accepted 8-8:45am. Register at the Garden Pavilion in Meadowbrook Park.

Parking:

Meadowbrook Park lots near playground and Race St. entrance. Grass lot on southwest corner of Windsor and Race

Packet Pickup:

Race packets available noon-5pm on Saturday, Nov 2, at Body n' Sole, 1317 Dunlap, Savoy, IL (217-356-8926). Packets also available on race day from 8-8:45am at the Garden Pavilion in Meadowbrook Park.

Post Race Activities:

Race awards, door prizes, and music at the Garden Pavilion. Food and beverage free to participants.

Regulations:

No dogs, strollers, or hiking poles. No refunds. Must be present to win drawing prizes.

Send questions to: rattlesnake@grandprairiefriends.org

Race starts at 9am. Don't forget the time change.



Registration Form *(please print)*

Name _____

Address _____

City/State/Zip _____

Email _____

Phone _____

Date of Birth ___/___/___ Age (on race day) _____

() Female () Male

Race Selection: () 10K Run () 5K Run () 5K Walk

Shirt (circle one) None XS S M L XL XXL XXXL

() Yes! Please give me the New Member Special (includes GPF membership, race, & shirt for \$60)

Waiver: In consideration of your acceptance of this entry, I hereby myself, heirs, executors, and administrators, waive any and all claims I may have for damages against the "Rattlesnake Master" 5K and 10K Run and 5K Walk, Grand Prairie Friends, Urbana Park District, City of Urbana, Urbana Township, and all individuals associated with the event, for any and all injuries suffered by me in connection with said event, including pre- and post-race activities. I have been advised that I must be in good health to participate in this event, and I attest and verify that I am physically fit and have sufficiently trained for this event.

Signature _____ Date _____
(If under 18 years of age, parent or guardian)

Admin: Cash / Check# _____

Bib # _____