

NAME: _____

Lifestyle Design Breakfast

GRATITUDE

GRATITUDE

GRATITUDE

GRATITUDE

GRATITUDE

GRATITUDE

FAMILY

FUN &
ADVENTURE

BUSINESS
FINANCE

HEALTH
FITNESS

ROMANCE

GOAL 1:

GOAL 2:

1	2	3	4	5	6	7
8	9	10	11	12	13	14