



Helping the needy in Bournemouth

Hope for Food is a local charity based in Bournemouth, set up and run entirely by volunteers. The organisation was founded in 2012 with the aim of providing life's basic essentials on a day to day basis, to people in need of help.

We run **FIVE** soup kitchens, **FIFTY TWO** weeks a year. We offer rough sleepers the use of our shower van and washing machine/dryer van at other times.

Each and every week we rely on food donations to supply over 400 hot meals and drinks to the local homeless community and those in poverty, each week. We also need clothing and toiletry donations to give out at our soup kitchens.

We help many local families referred by schools, housing, health or social workers, who are living in crisis or extreme poverty by supplying food parcels each week. Our volunteers manage two storage units, from where emergency and food parcels are assembled and provided to low income families. Furniture items are also collected and delivered to help furnish the homes of ex-rough sleepers and low income families.

We rely solely on volunteers and donations in order to offer these services!

09.30 to 12.30

Tuesday & Thursday

10.00 to 12.00

Saturday

**Donate & Volunteer
at our HQ:**

**Unit 8, West Howe Industrial
Estate, Elliott Road,
Bournemouth, BH11 8JX**

**FIND MORE AT WWW.HOPEFORFOOD.ORG.UK
EMAIL US AT INFO@HOPEFORFOOD.ORG.UK**

Registered Charity Number: 1162039 (England & Wales)





NOW COLLECTING *for local homeless people & families*

FOOD

Tinned meat and fish
Tinned veg and fruit
Rich pudding & custard
Tea/Coffee/Sugar
Cereal and long life milk
Instant mash
Squash
Pasta
Jam

CLOTHING

Underwear
Jeans
T Shirts
Tracksuits
Coats
Trainers
Water proof clothing
Sleeping bags
Tents

TOILETRIES

Toothpaste/toothbrushes
Washing up liquid
Laundry detergent
Dish cloths
Shampoo
Wet wipes
Toilet roll
Razors
Deodorant

All the above will be given out to local homeless men and women and families in need.

Thank you for your support!