

Twin Flames & Soul Mates

By Johnny David

The subject of twin flames and soul mates has been talked about and written about in books and on the web *over and over and over* for many years and each account is different. These accounts are often misleading and misguided. In this article we will be taking a look at this whole subject in a little more detail and I will endeavor to put forward my own views that spring from personal experience. This is all any of us can really do when conveying various truths. There are only ever expressions of such “higher dimensional forces” – we can never know it all or understand how the high vibration of the Blessed Places changes and shapes the destiny of mortal man, we can only ever trust and have faith and believe that what

must be will be – or, that which should happen will happen “sooner or later”.

Firstly, I would like to make the distinction between “twin flames” and “soul mates”. I have read accounts that state these two energy bonds are the same thing and, I guess, on some cosmic level they are but only in relation to a very general and less helpful universal view. In my experience, it would seem these two energetic systems are different and cannot be grouped together in a convenient or over-simplified way. In Divine reality there are many soul mates out there for us so when people profess to have found their soul mate the chances are they probably have. When we refer to our soul mate we are referring to a similar energy to our own – a compatible energy that we feel comfortable with and can share our life with. When we come into contact with one of our soul mates (of the opposite sex) we will feel a sense of union and completion and if we pursue a loving relationship with this connection, the relationship will often become very strong and more than often develop into something more physical. This being said, the soul mate relationship need not be physically intimate. The

higher state of spirit and the union our souls feel on the higher levels, due to finding one of our soul mates, means that the physical side of the relationship is merely an extension of the higher state of Spirit. In a spiritual sense, the soul mate union is a less evolved spiritual connection to that of the *Twin Flame Union*. In other words, less positive change can occur in the world by such a partnership and so the Divine will not become so evident to those persons coming together in the soul mate system.

Our *soul mate* cannot become our *Twin Flame* over time, certainly not from my experience and understanding of the subject. Even though we will increase our vibration exponentially by simply joining with our soul mate, and our spiritual development will increase also, our relationship with our soul mate will never advance to that of a Twin Flame relationship. The reason for this is simple. A soul mate has an energy compatible to our own, whereas a Twin Flame is quite literally *half* of our own energy. A Twin Flame, in this respect, is the other half of us. Originally, this is where the term “*My other half*” comes from.

The Journey into this Dimension

Imagine, if you will, a group of spirits travelling towards the earthly dimension from the eternal dimensions. As the journey towards mortal realm unfolds, we would naturally assume that further grouping of energy would occur. To put it another way, there would be similar energies coming together and uniting and this would cause various groups of spirits to emerge within the original one group. The spirits that have gathered around us on this metaphysical journey are *all* our soul mates and there could be many. We could unite with any one of these souls in mortal life and we would make the same spiritual progress.

Now, imagine you are happily travelling towards the earthly plane and then quite unexpectedly, and through the will of the Divine, a fiery sword sweeps down towards you and cuts your energy in two – for a moment there are two of “you” (identical), but then in the next moment the male and female sides to your energy, instead of being unified in one spirit until the point of birth, become divided into two separate and distinct parts *before* earthly incarnation. You look towards the energy

beside you and the energy looks back at you and you know you are one of the same – the expressions pertaining to the feminine begin to mould the one separated half and the expressions pertaining to the male begin to mould the other – this is the birth of the Twin Flame. The two halves of the same flame reach the earthly plane at roughly the same time but this does not mean your Twin Flame's age will be identical to your own. It may be but it needn't be. In some cases, for reason's pertaining to the joint path, the one part of the Twin Flame will need to be older than the other. This is Divine work and so cannot be understood from a mortal perspective. The older part within the Twin Flame will tend to lead. The Divine chooses the precise timing that each subsequent part arrives in the mortal dimension. This timing affects the age difference between the two parts.

Even though we have a good chance of bumping into, and uniting with, one of our soul mates, the odds of a *chance* meeting with our Twin Flame is remote. There is only one of them in the world and they are the same expression of Divine energy as ourselves – this means coming into contact with your Twin Flame is an

extremely large event. Twin Flames do not come together by accident and so no amount of searching will bring success. In fact, the Divine will keep Twin Flames apart if they are not ready for such spiritual transition and universal connection within the denser physical dimension. But at such a time both halves of a Twin Flame are ready, at that precise moment in time, the Divine will move Heaven and Earth to bring the two halves together. A Twin Flame Union is a big deal – in terms of Cosmic events it's the meaning of life and the Divine can manifest enormous positive change in the world through such a union.

The Path to True Love Never Runs Smooth

If our Twin Flame is not showing up, we cannot *do* something to make it happen, not in the physical sense. For example, we cannot jump on a jet plane and travel all over the world searching for them. Even if we were to attempt this, Divine Forces would move them out of our grasp. We cannot fight or force this Union, it just happens at the correct time like the changing seasons and the turning tides. Also, bear in mind that it might not

happen on this level at all (the physical level might not be the right place to meet). It may happen on one of the higher energetic planes after physical existence has come to pass. In fact, very often, we join back up with our Twin Flame when we ascend to one of the higher spiritual dimensions, but that's not to say it cannot happen when our bodies are rooted in the physical dimension, I'm merely implying that it is a rare and beautiful thing when it does.

If our Twin Flame is not showing up, all we can ever do to help the process along is to make sure that we ourselves are ready. It is only being ready for such a union that causes the Divine to pull out all the stops to make it happen.

It could be that up until we became ready for the Twin Flame Union we were living with, or married to, someone else, maybe even a soul mate. For the Divine to commit to the transformation of our lives and to accommodate the Twin Flame Union, both parties must be completely ready for such a transformation. Only the Divine knows when readiness is present. If we feel that we are ready within ourselves, we should not blame our Twin Flame for *not* being ready. The truth is if our Twin

Flame is not ready, on some level we are also not ready.

It is also important to not harbour unrealistic thoughts about how our Twin Flame relationship should be, that is, if we are lucky enough to enter such a union. It will not necessarily be plain sailing. When we do meet with our Twin Flame it is because of a decision the Divine has made and there will still be an off balance to correct within the partnership. In fact, there may be more of an off-balance to correct than in a “normal” relationship. The reason for this has much more to do with the balancing of the raw energy of the two systems as they come back together in the physical dimension.

The light of the Twin Flame is always balanced and continually shining despite the separation into mortality that occurs at birth. When the two halves come together, it is the aperture into this realm that needs to be balanced against itself and this can take time. The stabilising of the two lower vibration energy systems into one (the stabilisation of the physical bodies) will cause emotional friction between the two parts of the Twin Flame Union. Nothing is going wrong – *“the path to true love never runs smooth”* – it takes time to balance emotionally with each other and also as a unified expression that is

perceived by the world. Many are drawn towards the light of a Twin Flame partnership and so we need to learn how to balance within the growing arena of the world as well as within our Twin Flame relationship. Off balances are purged through internal friction generated by the Divine. Trust and faith are required. Even though we may feel internal discomfort whilst we are balancing with our Twin, we will still have a profound sense of destiny and purpose. Over time, the manifestation within the world, due to the Divine Union, becomes obvious, both to those within such a union, and also to those around such a union, and so *“by their fruits you shall know them”*.

The reality wave of the Divine, orders and reorders the world around us to accommodate the Twin Flame but this does not mean that the Divine expects the union to do nothing. The union’s part to play in the manifestation process is to follow Divine guidance closely and attune their reality wave with the reality wave of the Divine – in other words, we should use our gift of free will to follow the flow of the Universe.

The oldest adage surfaces here
*“follow your heart and your
destiny shall appear”*.