



# HOW DO YOU PLAY?

## AN INTRODUCTION TO PLAY PERSONALITIES

How you used to play as a child gives you insight into your play personality. These archetypes reveal your intrinsic motivations in play. According to play researcher Dr. Stuart Brown, there are eight different types of play personalities.



### THE JOKER

The most basic and extreme player through history. Play revolves around nonsense

(Think blowing raspberries to babies and the class clown).



### THE KINESTHETE

Need to move. Happiest dancing, swimming or walking

Love to play games, but competition is not the focus - they need to move in order to think.



### THE EXPLORER

We also started our lives as explorers.. It can be physical - going to new places, or finding a new feeling or sensation through music, taste or research.



### THE COMPETITOR

Achieves the euphoria and creativity of play through competition, with specific rules and plays (or observes) to win. If you love playing and scoring, this may be your play personality.



### THE DIRECTOR

Enjoys planning and executing scenes and events. They love to host and instigate outings and holidays.

They are the born organisers.



### THE COLLECTOR

The thrill of play for the collector is to have the most objects or experiences.

This may be visiting every active volcano in the world, building a wine collection to toe nail clippings - everything is fair game.).



### THE ARTIST

Here is the love of making. Artists / Creators may create to exhibit, collaborate or hide their works from view. This play personality covers anything from knitting, gardening, poetry to metal work.



### THE STORYTELLER

Imagination is the driver for play for the storyteller. While storytellers can tell the story, they are also those who love reading novels, watching movies and can experience or create emotions of their characters.