



## Morning Dedication and Devotion

In order to start the day off on the right foot, we need to begin with a renewed connection with God. Follow this process to reground yourself in Him and access all that you need to face the day with renewed grace, strength and peace.

**Dedication**—this day belongs to God. Give it to Him to direct as He sees fit.

*Heavenly Father, Maker of Heaven and Earth, all of Creation belongs to you. My life belongs to you. And so, I offer you this day; I dedicate it to you to guide, direct and do with as you see fit. Thy will be done.*

**Consecration**—you belong to God. Give yourself to Him to direct as well.

*Jesus, I consecrate myself to you. I offer my life as a living sacrifice, so that I may become more like you. I am all in, Jesus and I make myself 100% available to you today in mind, body and spirit.*

**Inspiration**—ask for the guidance and revelation you need to do this day well.

*Holy Spirit, please guide my plans and direct my thinking all throughout this day. Free me of selfishness, dishonesty and distraction. Put my thoughts on a higher plane. Show me how to navigate the day ahead and give me all that I need to live in a way that pleases you. Make me a vessel that shares your light with the world around me today.*

**Meditation**—focus your thoughts on something that allows God to teach you His ways and remind you of His heart. Use Scripture, a devotional, music, etc.

*God, please speak to me through these words. Teach me more about you and your ways. Remind me of your love and power. Remind me that I am yours, that you are with me always and in all things. Amen.*