

# BABY PREPARATION CHECKLIST

## CLOTHING

- 6-8 jumpsuits
- 2 nightdresses or jumpsuits
- 2 cardigans or jackets (for winter)
- 6 singlets
- 3 tops
- 3 cotton rugs (for winter)
- 3 muslin wraps (for summer)
- Cotton hats and beanies
- Socks
- Sun hat

## SLEEPING

- Bassinet
- Bassinet mattress
- Bassinet sheets
- Cot
- Cot mattress
- Bedding for the cot
- Nightlight

## GENERAL:

- Drawers for storage
- Mobile
- Toys
- Baby gym
- Bouncinette or bouncer chair
- Pain relief
- Paediatric first aid kit
- Thermometer

## CLEANING

- Change mat
- Change table
- Toiletries
- Baby wipes
- Barrier cream
- Sorbelene cream
- Cotton wool
- Cotton buds
- Baby wash
- Nail clippers
- Hair brush
- Nappies
- Bath towel
- Face cloth
- Baby bath
- Bath seat

## EXTRAS:

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## OUT AND ABOUT

- Pram or stroller
- Rain cover
- Baby car seat or capsule
- Sun shade for car windows
- Sling or pouch
- Travel cot
- Nappy bag

## FEEDING

- Breast pads
- Breat pump
- Feeding pillow
- Steriliser
- Bottles
- Teats
- Formula

## THINGS TO REMEMBER:

- All mattresses must be fit and snugly in the cot. There should be no gaps
- All bassinet and cots must comply with Australia safety standards. Ensure the product you are buying fits this
- Ensure that your child's capsule and car seat is aligned with Australian safety standards.