

Head Masters Coach
April, 2019

Connecting athletes with excellence in the sport of rowing, the Pocock Legacy and stewarding the culture and people of the Renton Rowing Center are the basis of what we do.

Professional

- Ensure the safety and security of participants and guests at the Renton Rowing Center.
- Abide by policies laid out in the RRC Safety Manual, Coaching Manual, Employee Guide and Member Handbook.
- Attend team practices and regattas as specified in Appendix A.
- Attend mandatory scheduled staff meetings.
- Support and promote all RRC/GPRF policies, procedures and activities.
- Communicate with your team, fellow staff and supervisor on a regular basis about items relating to safety, athlete development, facility and equipment use and other pertinent topics.
- Support activities, events and initiatives of the Renton Rowing Center, including Evening on the Docks and team-specific RRC-sponsored events.
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Instructional

- Provide high quality teaching in the technical, physiological, and mental aspects of athletic performance in the sport of rowing.
- Provide constructive feedback to rowers during practice.
- Motivate rowers in a positive environment.
- Maintain discipline with regard to RRC policies as well as team-centric standards.

Environmental

- Create a positive learning experience and environment for rowers and coxswains.
- Cultivate and contribute to a positive, welcoming boathouse culture and community.
- Promote teamwork.
- Build trust with athletes in order to further their development in the sport.
- Advance program growth and ensure athlete retention.

Head Coaching Responsibilities

- Maintain and run an organized, technically structured, and physiologically sound training program for assigned team and crews.
- Develop and lead a positive team culture based on the values of the GPRF.
- Lead administrative tasks, such as roster management, waiver compliance and attendance tracking.
- Lead the scheduling of resources, including coaching, for effective practice and competition for the specified program.
- Deploy assistant coaches, interns and outside experts in order to maximize athlete development.
- Collaborate with the Director of Rowing Operations to ensure pathways of participation and development for athletes are effective.
- Leads program staff in recruiting and retaining participants to achieve GPRF participation goals.
- Develop, lead and evaluate the team's pursuit of appropriate competitive goals.
- Set competition schedule in alignment with team goals.
- Collaborate with Regatta Coordinator to schedule logistics for competition.
- Build effective structures of athlete leadership to aid communication pathways between the coach and the athletes.