



Sugar peas and Asparagus Salad

Ingredients

For the dressing:

1 shallot, minced
1 tablespoon prepared horseradish
2 tablespoons dairy free mayonaise
2 tablespoons extra virgin olive oil
juice of ½ lemon

For the salad:

1 bunch asparagus, blanched and cut into coins
2 cups sugar peas, sliced in half lengthwise
½ bulb fennel, thinly sliced on a mandoline
1 cup pea shoots
flaky sea salt
fresh-cracked black pepper

Method

To make the dressing, combine all the ingredients in a small bowl and whisk well. Toss all the salad ingredients in a large bowl with the dressing and add flaky sea salt and freshly cracked black pepper to taste.

Be sure to use plain prepared horseradish, not horseradish sauce.

Fresh, crunchy vegetables are crucial to this salad, but the creamy horseradish dressing is the star.