

SMALL BITES & SHARE PLATES

TURMERIC HUMMUS AND NAAN 🌿

homemade turmeric hummus served with vegetables and fresh baked naan bread 10

STUFFED AVOCADO 🌿🥑

grilled hass avocado with quinoa, romesco sauce, tajin almonds, chia seeds and cilantro herbs on a bed of squash 10

SAUCY NACHOS

cheddar and monterey jack cheese, black beans, sliced jalapeños, pico de gallo, sour cream, feta, cilantro herbs and your choice of red or green sauce 11
ADD CHICKEN, PORK, SOYRIZO OR HOMEMADE GUACAMOLE FOR 3

SWEET POTATO POLENTA FRIES 🌿

served with vegan chipotle aioli to dip and garnished with cilantro herbs 9

CAULIFLOWER BUFFALO WINGS 🌿

gluten free fried cauliflower and veggies tossed in buffalo sauce, topped with cilantro herbs and green onions with vegan ranch 12

SALADS / BOWLS

WATERMELON & MINT SALAD 🥑

fresh watermelon, jicama, avocado, feta and mint on top of greens and topped with a coconut milk drizzle and tajin almonds with honey basil dressing on the side 11

SMOKED SALMON NICOISE

honey smoked salmon, roasted red peppers, onions, cucumbers, kalamata olives, roasted red potatoes and a hard boiled egg on top of greens with a side of corn dill vinaigrette 14

CRANBERRY & GOAT CHEESE SALAD 🥑

sliced apples, toasted walnuts, cranberries & goat cheese on greens with a side of walnut raspberry vinaigrette 12

QUINOA CHICKEN CAESAR

parmesan, quinoa, kale, roasted red peppers, cucumbers, chicken breast, shredded romaine, homemade croutons with a side of caesar dressing 13

STRAWBERRY & SPINACH WITH CHICKEN 🥑

strawberries, sliced almonds, feta and chicken breast on a bed of spinach with balsamic honey vinaigrette 13

EVERYTHING ZEN BOWL 🌿

arugula, quinoa, edamame, toasted pumpkin seeds, shaved beets, shaved carrots and avocado with a side of tahini dressing 11

CERES BOWL

orzo pasta mixed with greek dressing and topped with cherry tomatoes, pickled red onions, bell peppers, cucumbers, kalamata olives, feta cheese, mint, red pepper hummus, tzatziki and toasted naan bread 12

KALE & BLACK BEAN BOWL 🌿 ✨

cilantro rice topped with black beans, sautéed mushrooms, baby kale, feta cheese, roasted cherry tomatoes, avocado, green chili sauce, pickled red onions and vegan chipotle aioli 12

THE
DEN

SOUPS ... CUPS 4 ... BOWLS 6

ADOBE STEW 🌿 fresh garden veggies, black beans and housemade achiote broth with cheddar cheese

VEGGIE CHIPOTLE CHILI 🌿 beans, onions, tomatoes and corn with cheddar cheese and housemade cornbread

SOUP OF THE DAY ask your server for the day's selection

*Happy
Hour*
EVERYDAY 3-6 PM

COMBINATIONS 11
choice of 1/2 sandwich with soup or salad:

- 1/2 tuna melt
- 1/2 waldorf chicken
- 1/2 loaded B.L.T
- 1/2 roasted turkey w/ bacon

- 1/2 greek salad
- 1/2 caesar
- 1/2 spring mix
- adobe stew
- veggie chili
- soup of the day



VEGAN / VEGAN OPTIONAL



NEW MENU ITEM



CONTAINS NUTS

SANDWICHES SERVED WITH CHIPS OR BALSAMIC DRESSED SALAD (SUB DEN FRIES, SWEET POTATO SALAD, FRUIT OR SOUP - 2)

CHICKEN & PESTO SANDWICH

grilled chicken breast, pesto aioli, havarti cheese, arugula tossed with lemon and olive oil, sliced tomatoes and pickled red onions on a brioche bun 12

CHIPOTLE TURKEY WRAP ✱

roasted turkey breast, havarti cheese, baby kale, tomatoes, avocado, red onion and chipotle aioli in a whole wheat wrap 12

TUNA MELT

albacore tuna mixed with green onions, celery, apples and mayo served grilled with melted cheddar and tomato 12

PULLED PORK & PICKLED ONION

slow roasted pulled pork with melted havarti cheese, pickled red onion and horseradish aioli on a brioche bun..... 12

CHICKEN WALDORF CROISSANT 🥞

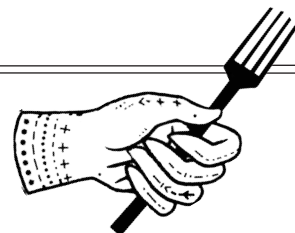
chicken salad with crisp green apples, grapes, walnuts, celery and mayo on top of mixed greens on a freshly baked croissant 12

LOADED B.L.T 🍁

mayo, avocado, bacon or tempeh bacon, fried egg, mixed greens and tomato 11

ROASTED TURKEY SANDWICH

roasted turkey breast, bacon, tomatoes, provolone cheese, mixed greens and onions 11



THE DEN



ENTREES

SOBA NOODLE BOWL 🍁

sautéed vegetables, soy sauced soba noodles, pickled onions, kimchi and cilantro herbs with choice of chicken breast, slow roasted pork, bacon or tempeh and topped with a fried egg, sesame seeds and green onions 14

SAUCY VEGAN CHICKEN BURRITO 🍁

vegan chipotle chicken, turmeric rice, black beans, spinach, chipotle aioli and roasted red pepper with a choice of red or green enchilada sauce and topped cilantro herbs and pico de gallo 12

CHICKEN STUFFED NAAN ✱

fresh baked naan stuffed with marinated chicken, cherry tomatoes, turmeric hummus, pickled red onions, arugula, cilantro herbs and tzatziki served with a greek salad 13

ELOTE MAC & CHEESE 🍁🥞

choice of vegan or cheddar macaroni and cheese topped with elote corn, parmesan, cilantro herbs and green onions 12

THE DEN BURGER 🍁 ✱

a beyond burger patty with havarti cheese, romaine, red onions, tomatoes and mayo on a brioche bun and served with den fries or mixed greens 13

TURKEY BURGER

a tender turkey patty with provolone cheese, arugula, tomato, onion and mayo on a brioche bun and served with den fries or mixed greens 13

SAUCY PORK BURRITO

slow roasted pulled pork, cheddar cheese, black beans, turmeric rice and roasted red peppers in a wheat tortilla with a choice of red or green enchilada sauce and topped with cilantro herbs and feta 12