

### We have detected that you are intolerant to the following Food Items

<b>Alcohol</b>		
A colourless volatile flammable liquid which is produced by the natural fermentation of sugars and is the intoxicating constituent of wine, beer, spirits, and other drinks, and is also used as an industrial solvent and as fuel.	●	88%
<b>Apple Juice</b>		
Juice made by squeezing the fruit.	●	87%
<b>Asparagus</b>		
The young shoots of an Eurasian plant. Eaten as a vegetable.	●	88%
<b>B-Lactoglobulin</b>		
A major protein found in cow's milk and sheep's milk	●	90%
<b>Beer</b>		
An alcoholic drink made from yeast-fermented malt flavoured with hops	●	87%
<b>Beets (beetroot)</b>		
A dark red, rounded vegetable	●	85%
<b>Bilberries</b>		
Very small, almost black berries.	●	99%
<b>Broad bean</b>		
Large, flat edible green bean. Eaten without the pod.	●	92%
<b>Brussel Sprouts</b>		
Small, compact bud of the cabbage family. Eaten as a vegetable.	●	97%
<b>Capsicum (red)</b>		
Red pepper - often used in cooking.	●	95%
<b>Champagne</b>		
A sparkling wine made with grapes from the Champagne region of France.	●	99%
<b>Crayfish</b>		
Freshwater crustacean resembling a small lobster.	●	94%
<b>E 1422 Acetylated di-starch adipate (modified starch)</b>		
Thickening agent in many products	●	93%
<b>E 203 Calciumcorbat, sorbic acid</b>		
It can be found in candied peel, cheese, cider, concentrated fruit juice, dessert sauces, dried apricots, fillings and toppings, fermented milks, frozen pizzas, fruit salads, gelatin capsules, margarine, processed cheese spreads.	●	92%
<b>E 320 Butylated hydroxyanisole (BHA)</b>		
Anti-oxidant in fats and fatty products to prevent rancidity.	●	100%
<b>E 574 Gluconic acid</b>		
Fruit juices, jelly-powder	●	94%
<b>Egg yolk</b>		
The yellow part of an egg.	●	97%
<b>Evaporated milk</b>		
Milk that has been dehydrated	●	99%
<b>Peanuts</b>		
Very commonly eaten nut. Eaten raw, also used in cooking.	●	93%
<b>Jasmine Tea</b>		
A tea thought to help boost the immune system	●	96%
<b>Maize flour</b>		
Maize flour is the entire corn kernel milled into flour	●	89%
<b>Millet</b>		
Cereal mostly used to make flour.	●	87%

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<b>Molasses</b> Molasses, or black treacle, is a viscous by-product of refining sugarcane or sugar beets into sugar.	●	85%		
<b>Mustard</b> Hot tasting yellow paste. Eaten and used in cooking.	●	89%		
<b>Olives (green)</b> Small, edible fruit. Used for oils and in cooking.	●	98%		
<b>Orange juice</b> Juice made by squeezing the fruit	●	97%		
<b>Oranges</b> A citrus fruit. Round with orange skin and edible flesh.	●	99%		
<b>Ovaltine</b> A brand of milk flavouring product made with malt extract.	●	89%		
<b>Poppy Seed</b> Small seed from the poppy flower. Often used in cooking and baking.	●	87%		
<b>Prunes (raw)</b> A prune is a dried plum.	●	88%		
<b>Raspberries</b> An edible soft fruit related to the blackberry, consisting of a cluster of reddish-pink drupelets.	●	95%		
<b>Salt</b> A mineral commonly used for flavour	●	90%		
<b>Shellfish</b> Some crustaceans commonly eaten are shrimp, lobsters, crayfish, and crabs.	●	100%		
<b>Sour Cream</b> Made by fermenting cream. A naturally thick dairy product	●	88%		
<b>Spinach</b> Edible, dark green vegetable. Often used in cooking.	●	88%		
<b>Tequila</b> An alcoholic drink made from the blue agave plant.	●	97%		
<b>Trout (sea)</b> A type of trout fish	●	91%		
<b>Turkey, hen</b> Flesh from the bird.	●	90%		
<b>Turmeric</b> Aromatic powder used in cooking.	●	97%		
<b>Wheat, whole grain</b> Cereal grain.	●	92%		
<b>Winkles</b> Small edible sea snail.	●	93%		

**We have detected that you are intolerant to the following Non Food Items**

<b>Colonial bent grass (<i>Agrostis tenuis</i>)</b> Grass that grows in moistlands and grasslands.	●	87%
<b>Dahlia (<i>Dahlia hybrida</i>)</b> Dahlia is a genus of bushy, tuberous, herbaceous perennial plants native to Mexico.	●	88%
<b>Dandelion (<i>Taraxum duplidens</i>)</b> A weed of the daisy flower. Known for its big, yellow flower.	●	99%
<b>Juniper bush</b> The plant which produces the juniper berry. Distinctive fragrance unlike most bushes.	●	95%
<b>Red fescue (<i>Festuca rubra</i>)</b> Common, tall grass - red in colour	●	85%
<b>Ribwort (<i>Plantago lanceolata</i>)</b> Common weed also known as Lamb's tongue.	●	89%
<b>Rubber</b> A tough elastic polymeric substance made from the latex of a tropical plant or synthetically.	●	100%
<b>Spelt</b> A type of wheat, also known as dinkel wheat.	●	99%
<b>Sweet vernal grass (<i>Anthoxanthum odoratum</i>)</b> Sweet scented grass. Grown in meadows as hay grass.	●	98%
<b>Thistle</b> Common name of a group of flowering plants characterised by leaves with sharp prickles on the margins - usually purple in colour.	●	94%
<b>Velvet</b> A woven fabric known for it's distinctive soft feel.	●	97%