Aetna complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ENGLISH: ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call the number on the back of your ID card or **1-800-385-4104** (TTY: **711**).

SPANISH: ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al número que aparece en el reverso de su tarjeta de identificación o al **1-800-385-4104** (TTY: **711**).

CHINESE: 注意:如果您使用繁體中文,您可以免費 獲得語言援助服務。請致電您的 ID 卡背面的電話號 碼或 1-800-385-4104 (TTY: 711)。 FISH – Family Information, Support, and Help

Here for you

Aetna Better Health® of West Virginia



aetnabetterhealth.com/westvirginia

©2018 Aetna Inc. WV-18-08-04

Aetna Better Health of West Virginia has a new behavioral health program to help our kids

FISH – Family Information, Support, and Help

What is the FISH Program?

This program was developed to provide education regarding common mental health issues that affect children and adolescents. We offer support on how to manage these issues and provide resources to help you.

Who does FISH target?

Anyone that cares for a child/adolescent parents, grandparents, caregivers, foster parents, teachers, social workers.

During our program the topics we'll be discussing include:

- Common behavioral health disorders affecting children/ adolescents
- Risk factors common with suicide
- The current childhood experience including social media, phone usage, and bullying
- Adverse Childhood Experiences (ACEs) and their effects
- Resources and programs for assistance

For more information, please contact one of our medical management supervisors at **304-348-2902**, or the behavioral health clinical liaison at **304-348-2028**, or you may call **1-888-348-2922** and ask to speak with someone from the Health Services leadership team. You can also visit our website at **aetnabetterhealth.com/westvirginia**