Last updated: 2/1/2018

Ayurvedic Yoga Massage Sessions with Max Raphael Consent & Liability Waiver Form

Please read each statement then sign and date below.

I (Client) have discussed with Max Raphael (Practitioner) the nature and purpose of Ayurvedic Yoga Massage.

It is my choice to receive Ayurvedic Yoga Massage (AYM) sessions. I understand that the these bodywork sessions are a form of <u>relaxation massage</u> and <u>not</u> a form of massage therapy/medical massage.

I understand that AYM sessions are performed for the purposes of stress reduction, general relaxation; and for general improvement of circulation/respiration or balance of energy flow. I understand that results vary depending on the individual and the extent of his/her condition. It is my responsibility to notify the Practitioner immediately if I feel my well-being is being compromised in any way during the session.

I understand and acknowledge the following: Max Raphael is a certified practitioner of AYM and <u>not</u> a state-licensed massage therapist. AYM Practitioners do not diagnose illnesses, disease, or any physical or mental disorders, nor do they prescribe medical treatment or pharmaceuticals. AYM sessions are <u>not</u> substitutes for medical examinations or diagnoses; it is recommended that I see my primary health care provider for exams and diagnoses of ailments I may have. Any and all information offered by the Practitioner is for educational purposes only and is not to be taken as medical advice.

I have stated all of my known medical conditions on the Intake Form. I have consulted a medical doctor or licensed medical health care practitioner regarding any checked or described conditions.

I acknowledge that it is solely my responsibility, in the case of all future follow-up sessions, to notify the bodywork Practitioner of any changes to my physical/mental health/conditions and that the Practitioner shall not be liable should I fail to do so.

I understand that all massage/ bodywork offered is strictly non-sexual. I also understand that any illicit or sexually suggestive remarks or advances made by me will result in immediate termination of the session, and I will be liable for payment of the scheduled appointment.

By signing this release, I hereby waive and release Max Raphael, Ayurvedic Yoga Massage Practitioner, from any and all liability, past, present, and future relating to massage & bodywork.

I have read the above and have had the opportunity to ask questions about the

content.

Client Name:		
Client Signature:	 Date:	

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Ayurvedic Yoga Massage Sessions with Max Raphael Intake Form

Please fill out completely and sign below.

Name:	Date of Birth	:
Address:		_
Email:	Pho	one:
Emergency Contact Name/Ph	one:	_/
Please check off any of the fo or in the past:	llowing conditions or sympto	oms, which apply to you now
Cancer	Blood Clots	Broken Bones
Surgery	Varicose VeinsMuscle Strain/SprainLow Back Pain	Headaches
Low/High Blood Pressure		Allergies:
Hypo/Hyperglycemia		Skin Infections/Diseases
Diabetes	Arthritis	Respiratory Conditions
Heart Attack/Stroke	Osteoporosis	Depression/Anxiety (Currently) Pregnant
Please explain any of the about illness, surgeries, or traumation		n ptoms (any serious/chronic
Client Signature:		Date: