

# CBHS

Independent Practice Association

## CBHS IPA Newsletter

November 25th, 2019

*General Edition*



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**CBHS IPA has joined LINKEDIN! You can find and follow us at:**

<https://www.linkedin.com/company/coordinated-behavioral-health-services-ipa-llc/>

**CBHS will launch its redesigned website this week!**

**Be sure to check it out at [CBHSINC.Org](http://CBHSINC.Org).**

We are hoping to make this a monthly newsletter coming out around the middle of each month.

That is an aspiration. Please don't hold us to an exact date.

## **In the News:**



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*By Richard Tuten, Esq., CEO of CBHS IPA.*

## **Cuomo Vetoes Medicaid Coverage Bills**

### **Crain's New York Business**

Gov. Andrew Cuomo vetoed two bills this week that would have expanded Medicaid coverage to allow licensed clinical social workers and licensed mental health practitioners to directly bill Medicaid for their services.

The bills both were approved by the Legislature in June and aimed to improve access to mental health treatment. Sen. Diane Savino, a Staten Island Democrat who sponsored both bills in the Senate, noted in the memo supporting [one of the bills](#) that social workers are the largest group of mental health practitioners in the country.

"They are often the first to diagnose and treat people with mental disorders and various emotional and behavioral disturbances," the bill memo said.

The mental health practitioner [bill](#) has been introduced each of the past three years, passing the Senate twice, without becoming law.

The vetoes were previously reported by Spectrum News in Albany.

A spokesman for Savino could not immediately comment on the vetoes.

Cuomo's vetoes come as the governor is evaluating his options to address Medicaid spending that is expected to exceed the state's cap by \$3 billion to \$4 billion. The state anticipates around a \$1.5 billion deficit if it pushes one cycle of payments to providers into fiscal 2021, which begins in April.

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## **Amazon Acquires Startup Health Navigator to Build on its Amazon Care Program:**

By [Heather Landi](#)

Tech giant Amazon has snapped up medical technology startup Health Navigator in an effort to boost healthcare offerings for its employees.

It's the company's second acquisition in the healthcare space following its 2018 acquisition of online pharmacy Pillpack for \$753 million.

Health Navigator will become part of [Amazon Care](#), a new virtual health service benefit for employees and their families in the Seattle region.

**Read the full article [here](#)!**

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## **State Medicaid Programs Enhance SUD Benefits, Lower Cost-Sharing:**

By [Kelsey Waddill](#)

Strategies included developing better prescribing protocols and requiring prior authorizations grounded in step therapy, a method which has been [known](#) to improve results.

States sought to strengthen not only substance abuse prevention procedures, but also substance abuse care options, such as medication-assisted treatments (MAT).

Read the full article [here!](#)

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## **HHS SAMHSA Urged to Align 42 CFR Part 2 With HIPAA Privacy Rule:**

By [Jessica Davis](#)

The [Partnership](#) to Amend 42 CFR Part 2, chaired by the the Association for Behavioral Health and Wellness, is calling on the Substance Abuse and Mental Health Services to align the rule with HIPAA to ensure proper patient data access and protect patient privacy.

The comments come in response to SAMHSA's notice of proposed rulemaking (NPRM) around the confidentiality of substance use disorder patient records. The Department of Health and Human Services SAMHSA [released](#) its proposed rule in August in a continuing effort to fuel care coordination across the sector.

Read the full article [here!](#)

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## **Humana's Broussard: Payers need to support providers in transition to value-based care**

By [Robert King](#)

Humana aims to support advanced payment models with technology to allow providers to access information traditionally in the electronic medical record and claims systems to help manage that risk at their level, Broussard said.

He added the organization offers staff and other resources to help organizations figure out the data if they need help.

"We don't want to do what was done in the nineties which was we give them a contract and say go do it," he said.

Read the full article [here!](#)

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# **Chief Clinical Officer (CCO) Report:**

## **CCO October Report**





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*By Mark Sasvary, CCO of CBHS IPA.*

CBHS has a lot to be thankful for this year: We have a highly dedicated team, visionary leadership, mission-driven Board and Committee members, strong relationships with our partners, and the new opportunities we find every day! But we are most thankful for all of the wonderful progress we have made together.

We continue to expand our CBHS Care Connections program through our "warm" referral line and continue to work closely with Montefiore to ensure their clients are getting connected to our services. CBHS also looks forward to expanding our referral capacities in order to connect individuals to our wide array of services and to help our member agencies connect their own clients to the services through our network. With the help of Competitive Solutions, we are building new technological systems to better connect and track clients to services. Additionally, CBHS has approached other stakeholders in the region as we seek to expand our referral services to create a more coordinated system of care within the Hudson Valley.

Our HCBS Oversight Committee continues to provide guidance and insight in order to achieve the outcomes required as part of the HCBS Infrastructure Grant. That said, our participating agencies will soon receive HCBS funding distributed from from CBHS and these funds will be used to support staff and provide essential training.

Regarding our ongoing projects, Garage has gone live, which is a data analytic platform we will use to manage our value-based contract with MVP which is in partnership with Hudson River HealthCare. We are also working hard to build the foundation for Arcadia which is the data analytic platform we are building in partnership with CBC as part of our joint venture called IMSNY.

The CBHS Quality Oversight Committee (QOC), Steering Team, and Subcommittees continue to make great progress. The CBHS Board approved the workflows developed by the QOC and subcommittees and

we have finalized our Standards of Care. We have begun to meet with our highest performing agencies as part of the Performance Enhancement Program, and we have officially established our Children and Youth subcommittee.

A great big "thank you!" to all our member agencies and affiliates. We would not be here without you and we are truly thankful for the opportunity to support the great work your agencies do every day!

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## CBHS IT News:



We are very excited to announce the official launch of Innovative Management Solutions NY (IMSNY), the joint venture of Coordinated Behavioral Care (CBC) and Coordinated Behavioral Health Services (CBHS). Last week IMSNY signed a 3-year contract with Arcadia, to develop and host the **Data Analytic Business Intelligence Platform (DABI)**. IMSNY will lead implementation efforts with CBC and CBHS to enable easy access to data analytics and population health across the large provider network. Placing DABI under IMSNY provides us a centralized tool to implement a standardized approach to analyzing unstructured and disparate Behavioral and Social Determinants of Health data. IMSNY's DABI will unify data across disparate systems as well as provide the opportunity to create revenue streams by leveraging our DABI platform to offer independent access to other IPAs and/or BHCCs.

CBC and CBHS, both owners of IMSNY, will prioritize implementation to onboard and connect our network agencies first; implementation will be rolled out in phases based on data sources. A governance structure, consisting of an **Implementation Workgroup** and a **Data Governance Committee** that will be formed under IMSNY to leverage existing IPA committees' expertise and continue to support DABI implementation efforts. Follow up recruitment information will be sent out to network providers later this month.

To survive in a value-based environment IPAs will need the analytic capabilities to calculate customized and defined measures, develop risk stratification and predictive modeling capabilities, and develop proprietary datasets to inform current and future business strategies. IPAs like CBC and CBHS, who received funding through the New York State's BHCC, need to develop and operate IT systems that support these goals and move into sustainable, value-based payment models.

In another exciting update, we are pleased to announce that **Elise Kohl-Grant** will be shifting roles from her previous position as Director, IT Projects at CBC, to become the new Chief Information Officer (CIO) of IMSNY. As CIO, Elise Kohl-Grant will provide leadership in the implementation of DABI while working with representatives from both IPAs. She will be taking on a leadership role of establishing strategic

partnerships that align with ongoing sustainability efforts. Working in all sectors—private, public, government and nonprofit—she has led organizational transformations through the strategic adoption and management of IT infrastructure and programmatic funding models for Behavioral Health organizations across the State.

We are excited to align forces and look forward to continued collaboration across our all network providers. Be on the lookout for more information on DABI implementation and roll-out in the weeks to come.

You can read more [here!](#)

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## CONGRATULATIONS TO:

***Amy Anderson-Winchell, President of Access: Supports For Living  
on receiving the Frank W. Masterson 2019 Distinguished Service Award.***



ACCESS couldn't be more proud of our President, [Amy Anderson-Winchell](#), LCSW. On November 7, 2019, Amy was presented with the 2019 Distinguished Service Award at the Frank W. Masterson Banquet. She is phenomenal leader who is dedicated to the communities we serve and has spent her career working to help people live the healthiest and fullest lives possible.

***Nadia Allen, Executive Director of  
Mental Health Association in Orange County, for receiving the  
Beth Jenkins Staff Leadership Award!***



And congratulations to Ms. Nadia Allen, Executive Director of the Mental Health Association in Orange County, for receiving the Beth Jenkins Staff Leadership Award from the Mental Health Association in New York State. Ms. Allen is an equally amazing leader and innovator who has worked tirelessly, opening pathways to mental health help to the community.

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## ODDS & ENDS:



### COMPLIANCE PROGRAM SELF-ASSESSMENT FORM:

Are you "compliance ready?" The New York State Department of Health has launched a readiness assessment form for you and your agency to use! It will help you understand where you are at, where you need to go, and how (to get ready) to get there!

To access the Compliance Program Self-Assessment form, please click [here!](#)

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**ATTENTION!!! CBHS Pet(s) of the Month:**





Free stock photo via animalsbirds.com.

## **WE NEED MORE PETS, PLEASE!**

We are looking for more 4 legged (or gilled or feather or scaly) family members for the CBHS Family Pet of the Month! Please tell us their name, their breed, their age and their hobbies! Send all pictures and bios to [newsletter@cbhsinc.org](mailto:newsletter@cbhsinc.org).

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### **CBHS BHCC PET of the Month**

Ms. Missy Miller is a ten year old rescue Tuxedo cat who lives with Susan and Stephen Miller. She enjoys television and sleeping. She is most proud of the fact she had her portrait painted. She is very affectionate and loves playing with her cat toys.

Ms. Missy is our Pet of the Month for November!!!

