



Prayer List

BIRMINGHAM

-Don Bravaldo

COLUMBUS

-Rona Phillips

HOME

-Isobel Prater

-Bill Pugh

-Bob Webeler

-Emil Wright

A WORD FROM OUR SENIOR PASTORS

“This is the joyful feast of the people of God! People will come from north and south and from east and west to sit at table in the kingdom of God.”

On October 6, we will gather for worship and celebrate Holy Communion with churches all across the world. World Communion Sunday is a favorite Sunday of many because it a powerful reminder that even though we may have our different appearances and different cultures we are able to celebrate that we are all one in Christ.

In our worship service we will celebrate communion by intinction and each individual will have a time where they can come forward to the table to join brothers and sisters in Christ around the world in this joyful feast. While each individual might come down to the table so they may be fed and renewed by God’s grace and love, as Christians we celebrate and remember through Holy Communion that God’s love unites us all in every time and place. God’s love through Christ is the tie that binds our hearts to all God’s children.

As we gather for World Communion Sunday and leave the table being fed we hope the words from the hymn *I Come with Joy* repeat in your heart and minds. “Together met, together bound by all that God has done, we’ll go with joy, to give the world the love that makes us one, the love that makes us one.”

Grace and Peace,
Nick and Kathy

Weekly Calendar

FAITH COMMUNITY NURSE NEWS

Sunday, September 29

- 8:30 AM -Communion (Chapel)
- 9:30 AM -Blood Drive (Baird)
- 9:45 AM -Sunday School
- 11:00 AM -Worship (Sanctuary)
- 5:00 PM -Chancel Bell Choir
- 5:00 PM -Youth Dinner & Fellowship
- 6:45 PM -UKirk Dinner & Bible Study

Tuesday, October 1

- 12:00 PM -PCM Board Meeting (Library)

Wednesday, October 2

- 9:30 AM -PW Council (Library)
- 11:30 AM -Women's Bible Study (Library)

Thursday, October 3

- 5:15 PM -Congregational Dinner
- 7:00 PM -Choir Rehearsal

Sunday, October 6

- 8:30 AM -Communion (Chapel)
- 9:45 AM -Sunday School
- 11:00 AM -Worship (Sanctuary)
- 12:15 PM -Elder Training
- 5:00 PM -Chancel Bell Choir
- 5:00 PM -Youth Dinner & Fellowship
- 6:45 PM -UKirk Dinner & Bible Study

Monday, October 7

- 12:00 PM -Property Committee (Library)

Tuesday, October 8

- 9:30 AM -PW Circle #1 (Holly Mitchell)
- 9:30 AM -PW Circle #2 (Carol Griffin)
- 2:30 PM -PW Circle #3 (Library)
- 7:00 PM -PW Circle #4 (Ellen Sherling)

Wednesday, October 9

- 8:00 AM -Men's Bible Study (Library)
- 11:30 AM -Women's Bible Study (Library)
- 2:30 PM -Welcoming Committee (Library)

Thursday, October 10

- 7:00 PM -Choir Rehearsal

Saturday, October 12

- 8:00 AM -Work Day

The Fall semester of both the University and local school districts are in full swing now. That brings an excitement to the town as people adjust to their new schedules. One of the items on everyone's list is lunch. Where do I get my lunch? How far do I drive? Is parking available? Do I prefer eating where I work or should I carry a lunch bag with me from home? Is there a cafeteria at my workplace? Do I like the selections that are offered? Do I have an allergy that requires I use special preparation or avoid certain food ingredients? Do I prefer the calm and quiet of eating alone or do I enjoy socializing with others at lunch? All of these questions occur to someone you know or that you have considered.

Beyond just the logistics of getting your lunch are also considerations about healthy foods, prices, portion sizes, food preferences, etc. If you prepare your own lunch and bring it with you, you have control over portion size and dietary requirements. If you have a lunch area at work, it can be useful for social contacts at work. If you have a private office, you can eat in quiet surroundings if you are usually in a noisy area or just prefer to be away from others for a little while. If you bring your lunch, perhaps there is a refrigerator to keep food cold. Or some people use the blue freezer blocks in an insulated bag.

If you eat at a cafeteria, consider how the selection fits into your total daily diet. Are the size of portions too much or just right for you? Is there a variety of food groups such as dairy items, carbohydrates, fruit/vegetables, protein sources such as meats, fish, eggs, peanut butter, etc.? Are the foods appealing to you?

My intent is to encourage you to examine your lunches in terms of overall diet as well as other factors such as cost, convenience, flexibility, etc. Lunch is a nice way to break up your day and restore your energy. It does require you to think about what fits best for your schedule and budget.

Your Faith Community Nurses,
Jan Widell & Erin Brown

Twenty-sixth Sunday in Ordinary Time -

September 29, 2019

- 8:30 a.m. - Communion (Chapel)
- 11:00 a.m. - Worship (Sanctuary)
- Worship Leader: Rev. Kathy Reed

World Communion Sunday

October 6, 2019

- 8:30 a.m. - Communion (Chapel)
- 11:00 a.m. - Worship (Sanctuary)
- Worship Leader: Rev. Kathy Reed

CE NEWS

-Sunday, Sept. 29: Children and Youth activities begin with dinner at 5:00 p.m. in Baird Hall and then activities for children and youth from 5:30-6:30 p.m.

-Sunday, Oct. 6: Children and Youth activities begin with dinner at 5:00 p.m. in Baird Hall and then activities for children and youth from 5:30-6:30 p.m.

Mark Your Calendars! Our Jr and Sr High Youth are heading to Living River! October 12 and 13 we will join youth from around the presbytery for a retreat that will include worship, music, fellowship, recreation, and lots of fun! To register, email Chris Sarkowski at csarkowski@fpcauburn.org. The cost is \$60 per person. More details to come!

If you have any questions, please feel free to give me a call!
Chris Sarkowski

PW'S LAYETTE PROJECT FALL 2019

Volunteers needed to help sort through and fill boxes with baby items from birth to two years old on Tues., Oct. 1, at 10 a.m. We will meet at the Kids Clothing Connection, in The Village Event Center, just down from Angels Antiques, 804 Columbus Pkwy in Opelika. The clothing will go to those in need in Lee County. Please contact Harriette Huggins 332-0427 or Denise Salo (313)304-3248 to arrange carpools.

BRAVEHEARTS MOVIE DAYS

Come join the folks at Bravehearts Friday afternoons at 1 p.m. for a fun movie break that helps the young adults practice job skills. Meet at the entrance to Baird Hall which turns into a movie theatre. Scheduled dates and movies: Sept. 27, Aladdin; Oct. 25, The Secret Life of Pets 2; and November 22, The Polar Express. Free Admission! Concessions \$1 or less.

CHURCH WORK DAY

Saturday, October 12, the property committee is hosting a church work day, beginning at 8 a.m. For further information call Clyde Stanley 203-1951 or Kay Recknor 502-8990.

Birthdays

Sep. 29 Jane Reeves
Sep. 30 Bill Pugh
Oct. 1 Grace Kaye
Oct. 2 Becky Buchanan, Bob Wells, Alden Wolak
Oct. 3 Lila Wright
Oct. 5 Vonda Ball
Oct. 6 Adam Smith
Oct. 7 Boyd Childress, Donine Cooper, Pam Gam
Oct. 9 Todd Jolly

RECEPTIONISTS

September 30 - October 4

AM - Shirley Bartels, Carol Griffin, Jo Cooper, Ken Autrey, ?.

PM - Susan Stanley, Margaret Brinkley, Terry Ley, Bob Recknor.

October 7-11

AM - Larry McQueen, ?, Melanie Boecklen, Jim Disque, Larry McQueen.

PM - Doug Klinkenborg, Susan Parker, Mary Parsons, Susan Stanley, ?.

THURSDAY DINNERS

Please join us for our weekly congregational dinner in Baird Hall. We begin serving at 5:15 p.m. and continue until 6 p.m. The cost of the meals is \$5/person with a maximum of \$10/family. College students eat for only \$2. No reservations are required.

Oct. 3 - Menu: Lasagna, Green Salad, Garlic Bread, Cake Assortment.

Oct. 10 - No dinner, AU Fall Break.

READ & RESPOND SUNDAY SCHOOL CLASS

This class begins its next series on the book, "Out of Many Faiths: Religious Diversity and the American Promise." In this inspiring and thought-provoking book, Eboo Patel draws on his personal experience as a Muslim in America to examine broader questions about the importance of religious diversity in the cultural, political, and economic life of the nation. Books are available on amazon.com - please plan on joining us in room 312 starting October 6!

First Presbyterian Church
143 East Thach Avenue
Auburn, AL 36830

PRESBYTERIAN WOMEN

Circle Schedule for Tuesday, October 8

Circle #1: 9:30 AM
Carolyn Williams, Bible lesson
Where: Holly Mitchell, 1505 Montrose Road
Circle #2: 9:30 AM
Anna Brock, Bible lesson
Where: Carol Griffin, 1726 Solamere Court

Circle #3: 2:30 PM
Barbara Fletcher, Bible lesson
Where: Church Library
Circle #4: 7:00 PM
Harriette Huggins, Bible lesson
Where: Ellen Sherling, 1024 Starr Court