



EMDR Focus

Unleash Your EMDR New Zealand, July 2020

Advanced Clinical Workshop in Laurel Parnell's Attachment-Focused EMDR

With Mark Brayne, UK

EMDR Europe Accredited Consultant & Parnell Institute Trainer

Auckland (Glendowie or Remuera), Fri-Sun July 24-25/26, 2020 | 2-day Fri-Sat workshop w/optional Sunday for practice/going-deeper.

12/18 hours of EMDR NZ-approved CE/CPD credits.

**Early Bird (to Jan 31, 2020) NZ\$550 for 2 days, NZ\$700 for 3 days.
After that, NZ\$650/800. Prices include GST.**

If you've ever felt stuck as an EMDR therapist with how to work with more complex trauma, this is the workshop for you.

Created in partnership with [Dr Laurel Parnell](#) in the US, author of [Attachment-Focused EMDR](#), and open to therapists already trained in the basics of EMDR (at least Part 2 level), the workshop includes instruction, discussion, a live demonstration of AF-EMDR, AND full supervised practicums as therapist and client.

You'll learn:

- **The role of attachment** at the root of most client presentations;
- **Proactive use of bridging** to identify key EMDR targets;
- **Rich and creative approaches** to Phase 2 resourcing;
- **Imaginal interweaves** for focused & effective processing;
- The central importance of **session structure**;
- And, working with **transgenerational trauma & dreams**.

Feedback from previous Unleash your EMDR workshops:

Mark is the best trainer I have come across. He exudes expertise, is engaging, compassionate, gifted. For me, EMDR has come to life.

One of the best courses I have ever attended. Staggered at the speed of the modified protocol.

It was the most incredible weekend. It has changed and shaped my EMDR practice for ever.

Note: Workshops run 0900-1700. Each with 12 hours of CE/CPD credits. Participation qualifies for inclusion on Parnell Institute [Find-A-Therapist website](#)

For more information or to book, visit EMDRFOCUS.COM/WORKSHOPS