

REBEKAH WILKS

CURRICULUM VITAE

OVERVIEW

Persistent and intentional exposure has provided a broad framework of tangible knowledge and developed insight that has necessitated a continually evolving viewpoint from a truly global perspective. Curiosity, dedication, compassion, and tenacity, coupled with natural communicatory and motor strengths enhance a prioritized perspective in a life purposefully dedicated to others.

CHIROPRACTIC FOCUS

I'm a trauma-informed provider who respects cultural and social diversity. I practice evidence-based care with motivation towards self-empowerment and progressive lifestyle changes. Each patient is unique, and the path toward whole-health involves utilizing varied integrative approaches to most effectively embody patient-centered care.

PUBLIC SPEAKING FOCUS

I'm a vibrant personality with 5 years live television and 11 years public speaking experience. I'm passionate about educating the public with a concise, energetic, slightly humorous, and uplifting flare. I have a natural aptitude for communicating clearly while continually captivating my audience.

EDUCATION

University of Western States (UWS), *Summa Cum Laude* (2018)

- Doctor of Chiropractic

Texas Chiropractic College (TCC), *transferred to UWS* (2015-2016)

Texas Tech University Honors College (TTU), *Magna Cum Laude with Highest Honors* (2007)

- BS Cell & Molecular Biology
- BA General Studies: Business Administration, Chemistry, Communications

LICENSES / CERTIFICATIONS

- License to Practice Chiropractic Medicine in Oregon (#5973) & Washington (#CH 60922973) (Issued February 2019 and current)
- Masters Practice Counselors Chiropractic Acupuncture, 100hr (2015)
- American Heart Association: CPR + First Aid (Issued March 2017 and current)
- NBCE Physiotherapy Board Certificate (2018)
- PADI Rescue Diver SCUBA Certification (#0509015959) (Issued August 2005 and current)

PUBLICATIONS

[*Student Alliance for Integrative Medicine's Integrative Medicine Club Building Toolkit*](#)

Presented at the Academic Consortium for Integrative Medicine & Health's 2018 Congress and published in The Integrator #203 (August 26, 2018)

[*Pilot study of spinal manipulation impact on sport-specific reaction time and core proprioception amongst college students with spine pain*](#)

Topics in Integrated Health Care (June 24, 2016)

[*A Systematic Comparison of Diabetes Mellitus Type 2 and Polycystic Ovarian Syndrome*](#)

Texas Tech University Library System (December 2007)

INTERNSHIP EXPERIENCE

CHIROPRACTIC CLERK

DEPARTMENT OF VETERANS AFFAIRS, PUGET SOUND, AMERICAN LAKE DIVISION: Tacoma, WA (2018)

Complete and comprehensive histories, physical exams, treatment, and home care instruction under the attending doctors.

INTERN

THE WHITE HOUSE: Washington D.C. (2006)

Immediate assistant and liaison to the executive director of The President's Commission on White House Fellowships (Janet Eissenstat). Implemented, planned and organized luncheons for various dignitaries weekly (Condoleezza Rice, Colin Powell, et cetera).

INTERN

THE U.S. SENATE: Washington D.C. (2005)

Fabricated the personal daily press packet for the senior senator of Texas (Kay Bailey Hutchison). Served as personal assistant to the press secretary and liaison to the press office. Drafted grant proposals and press releases; edited, copied and organized video footage of Senator Hutchison (now the 22nd U.S. Permanent Representative to NATO).

ADDITIONAL REFERENCES UPON REQUEST

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CURRICULUM VITAE

EXTRACURRICULAR ACTIVITIES AND LEADERSHIP RESPONSIBILITIES

NATIONAL MANAGER

mySACA & Ask NextGen Virtual Platforms, AMERICAN CHIROPRACTIC ASSOCIATION (ACA): (2018-present)

Advertised, coordinated, set-up and launched both platforms with the SACA communications committee and NextGen communications chair. mySACA has been sustainably transferred to the SACA communications team.

NATIONAL CHAIR

FOUNDATION FOR CHIROPRACTIC PROGRESS (F4CP): (2016-2018)

Coordinated and planned national student monthly calls with guest speakers. Participated in a weekly staff conference call. Developed a new student-leadership structure that promotes longevity of student involvement and streamlines transitions between leadership groups.

NATIONAL LIAISON

AMERICAN CHIROPRACTIC ASSOCIATION'S COUNCIL ON REHABILITATION: (2016-2018)

Participated in a monthly call with the rehab council to disseminate information to the SACA student specialty council monthly call regarding opportunities for students through the council. Connected with professors regarding research opportunities for students through the council.

VICE PRESIDENT & CAMPUS REPRESENTATIVE

STUDENT ALLIANCE FOR INTEGRATIVE MEDICINE (SAIM): UNIVERSITY OF WESTERN STATES (2016-2018)

Student organization composed of 5 licensed medical professional schools. Authored and submitted a draft grant proposal to the parent organization (Oregon Collaborative for Integrative Medicine) for national growth. Represented UWS to Portland SAIM monthly while also hosting integrative-based activities and speakers at UWS. Assisted the SAIM executive in planning and implementing 3 Integrative Medicine Days, 4 integrative learning socials, 1 business development conference, 1 research poster scholarship contest and 1 student panel scholarship. Initiated:

- The first charter via a charter-writing committee and submitted to the parent organization's board.
- The [website to be housed under the parent organization's website](#).
- A campus [integrative medicine organization building toolkit](#) (see publications) to facilitate and drive national student awareness of integrative medicine (Southern California University of Health Sciences is the first national chapter).
- Recommencement of Integrative Medicine Grand Rounds to be posted live on social media.
- A t-shirt art contest for fundraising.
- Utilizing SLACK business software to organize the SAIM executive.

PRESIDENT

ASSOCIATED STUDENT BODY (ASB): UNIVERSITY OF WESTERN STATES (2017-2018)

Campus liaison to the UWS president (Dr. Joseph Brimhall) and board of trustees. Coordination of alternating weekly town hall and executive strategic planning meetings. Connected with UWS faculty/Faculty Senate, staff, and administration in organizing and disseminating information to quarter and club representatives. Nominated committee members for planning various campus activities or initiatives (e.g. finals week breakfast, socials, petitions to administration). Worked with the treasurer on overall budget and allocation of club funding.

CAMPUS REPRESENTATIVE

AMERICAN PUBLIC HEALTH ASSOCIATION (APHA): UNIVERSITY OF WESTERN STATES (2018)

Raised campus awareness of the APHA and recruited younger classmates to run for APHA national leadership positions and start a campus club revolving around a speaker series.

CLASS PRESIDENT

STUDENT GOVERNMENT ASSOCIATION (SGA): TEXAS CHIROPRACTIC COLLEGE (2015)

Coordinated class voting for proposed test dates as the calendar was made and modified by a collective effort. Addressed any class grievances with affiliated professors. Served as a class liaison to the campus Student Government Association (SGA).

CAMPUS LEGISLATIVE LIAISON

STUDENT AMERICAN CHIROPRACTIC ASSOCIATION (SACA): TEXAS CHIROPRACTIC COLLEGE (2015)

Assisted in planning student meetings with Texas officials in Washington D.C. for the American Chiropractic Association's 2016 lobby day on The Hill (National Chiropractic Leadership Conference - NCLC).

PRESIDENT

STUDENT TEXAS CHIROPRACTIC ASSOCIATION (STCA): TEXAS CHIROPRACTIC COLLEGE (2015)

Re-established the STCA on campus and increased student membership more than the other, much larger chiropractic institution in Texas. Increased student awareness of the importance of legislation by hosting various guest speakers and events. Coordinated with the vice president, secretary, and treasurer for strategic planning and longevity of this organization on campus.

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SPEAKER COORDINATOR & PRODUCTION PARTNER

AMERICAN MARKETING ASSOCIATION'S MARKETING EDGE CONFERENCE: Houston, TX (2013)

COMMITTEE MEMBER

CITY ISSUES COMMITTEE, TEXAS TECH UNIVERSITY STUDENT GOVERNMENT ASSOCIATION: Lubbock, TX (2004-2005)

Promoted student involvement in city issues and fostered a positive relationship between Texas Tech University and Lubbock City Officials.

COMMITTEE MEMBER

INTERGOVERNMENTAL COMMITTEE, TEXAS TECH UNIVERSITY STUDENT GOVERNMENT ASSOCIATION: Lubbock, TX (2004-2005)

Encouraged student participation within the local government and promoted city legislation with respect to Texas Tech University.

SECRETARY

BIOLOGY ADVISORY COMMITTEE, TEXAS TECH UNIVERSITY: Lubbock, TX (2003-2004)

Verified the validity and fairness of test questions following each test with the Biology Advisory Committee. Submitted a report and presented all arguments verbally to the professor of biology in association with the Biology Advisory Chairman.

BOARD MEMBER

FRESHMAN ADVISORY BOARD, TEXAS TECH UNIVERSITY: Lubbock, TX (2003-2004)

Worked with the Freshman Advisory Board in conjunction with the Freshman Council to represent the incoming freshman class in conjunction with the Texas Tech University Student Government Association.

CHIROPRACTIC PRESENTATIONS

THE IMPORTANCE OF SOCIAL MEDIA AND BLOGGING IN MEMBERSHIP RECRUITMENT, ENGAGEMENT, AND RETENTION

AMERICAN CHIROPRACTIC ASSOCIATION'S NATIONAL CHIROPRACTIC LEADERSHIP CONFERENCE: NEXTGEN MEETING (2019)

AWARDS & ACADEMIC RECOGNITION

SUMMA CUM LAUDE

UNIVERSITY OF WESTERN STATES (2018)

STUDENT OF THE YEAR

AMERICAN CHIROPRACTIC ASSOCIATION'S REHAB COUNCIL (2018)

FINALIST & PARTICIPANT

LEADERSHIP & EDUCATION PROGRAM FOR STUDENTS INTO INTEGRATIVE MEDICINE (LEAPS into IM):

ACADEMIC CONSORTIUM FOR INTEGRATIVE MEDICINE & HEALTH (2017)

1 of 20 medical students chosen nationally to attend an integrative medicine intensive based on interprofessional collaboration.

RESEARCH POSTER CONTESTS:

2ND PLACE: AMERICAN CHIROPRACTIC ASSOCIATION'S REHAB COUNCIL (2016)

Pilot study of spinal manipulation impact on sport-specific reaction time and core proprioception amongst college students with spine pain.

3RD PLACE: AMERICAN CHIROPRACTIC ASSOCIATION'S SPORTS COUNCIL (2016)

Pilot study of the short-term effect of sacroiliac joint manipulation on hip hypomobility and vertical jump performance

GRADUATE OF HIGHEST HONORS

TEXAS TECH UNIVERSITY HONORS COLLEGE (2007)

Fulfilled all prerequisites requested from the Texas Tech University Honors College with a final year in research dedicated to a senior thesis.

LISTS:

PRESIDENT'S HONOR LIST

TEXAS TECH UNIVERSITY

DEAN'S LIST

UNIVERSITY OF WESTERN STATES

TEXAS CHIROPRACTIC COLLEGE

TEXAS TECH UNIVERSITY

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SCHOLARSHIPS

CHP GROUP SCHOLARSHIP: CHP GROUP (2018)

Awarded to students who demonstrate an understanding of the important role that excellent, responsive, and people-centered customer service plays in the doctor-patient relationship.

COMMUNITY SERVICE & LEADERSHIP SCHOLARSHIP: UNIVERSITY OF WESTERN STATES (2018)

Awarded to students who participate in activities and projects that provide meaningful service to the campus, the field of health care and our community.

PATHWAY TO EXCELLENCE SCHOLARSHIP: TEXAS CHIROPRACTIC COLLEGE (2015)**PRESIDENT'S CONGRESSIONAL INTERNSHIP SCHOLARSHIP: TEXAS TECH UNIVERSITY (2005)**

Awarded the opportunity to live and work in Washington D.C. for the senior senator of Texas, Kay Bailey Hutchison.

OUTSTANDING ACHIEVEMENT SCHOLARSHIP: TEXAS TECH UNIVERSITY (2002 - 2006)

Recognition of ability and scholarly achievement granted for 4-years.

HONOR SOCIETIES

DOCTORATE:

OMEGA PSI HONOR SOCIETY: (2016)

UNDERGRADUATE:

NATIONAL SOCIETY OF COLLEGIATE SCHOLARS (NSCS): (2003-2007)

PHI SIGMA THETA: (2002)

Oldest & largest American freshman honor society

ALPHA LAMBDA DELTA: (2002)

National freshman academic honor society

PHI ETA SIGMA: (2002)

National freshman academic honor society

EMPLOYMENT HISTORY

MCAT INSTRUCTOR (*new hire*)

KAPLAN TEST PREP: Houston, TX (2015)

Recruited and hired to instruct the MCAT resultant of practice exam scores in the top 3 percentile. Ultimately decided to begin school.

FREELANCE TUTOR

AT-HOME-TUTORING: Houston, TX (2015)

Algebra, Biochemistry, Biology, Calculus, Organic Chemistry, General Chemistry, English, Computer Programs & Writing Composition.

EXECUTIVE ASSISTANT TO THE PRESIDENT

connect the dots, inc: Houston, TX (2012-2014)

Assist the president in managing all aspects of her personal and professional life.

EXECUTIVE ASSISTANT TO THE PRESIDENT & ASSOCIATE PRODUCER

MTI MEETINGS TO INCENTIVES, INC: Houston, TX (2012-2014)

Assist the president in managing all aspects of her personal and professional life. Assist in management of a bed and breakfast.

CULINARY ARTS CENTER HOSTESS (DIRECTOR & PRODUCER)

HOLLAND AMERICA CRUISE LINE: International (2008-2012)

Directed, hosted, managed and produced a live Food & Wine Magazine sponsored television show. Served in the assistant cruise director and social hostess capacity for event scheduling, public speaking and social engagements (Master Chef's dinner with Baked Alaska Parade speeches, Dessert Extravaganza Parade speech, captain's dinners, renewal of vows/wedding ceremonies, ice carving/flower arranging/animal towel folding demonstrations, beer/martini/wine tasting facilitator, et cetera). Assisted in evaluation of passengers for cruise activities and promotions. Served as liaison between the culinary, entertainment and revenue divisions.

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EMPLOYMENT HISTORY (ctd.)

TEXAS TECH UNIVERSITY: Lubbock, TX

- **OFFICE OF THE CFO: ASSISTANT TO THE CFO (2008)**
Assisted in any office or clerical responsibilities as required by the CFO.
- **OFFICE OF INTERGOVERNMENTAL RELATIONS: ASST. TO VICE CHANCELLOR FOR GOVERNMENTAL RELATIONS (2008)**
Assisted the vice chancellor for governmental relations in office organization and clerical activities.
- **OFFICE OF THE PRESIDENT: STUDENT ASSISTANT (2005-2007)**
Assisted in any office or clerical responsibilities as required by President Jon Whitmore.
- **DEPARTMENT OF ATHLETICS: HEAD COACH SUITE HOSTESS (BASKETBALL/FOOTBALL) (2006-2007)**
Suite hostess for the Texas Tech University Athletic Department for football games and male/female basketball games.

POLITICAL COLUMNIST

THE DAILY TOREADOR OF TEXAS TECH UNIVERSITY: Lubbock, TX (2006)

Served in weekly political battles for the Texas Tech University campus newspaper.

INTRODUCTORY BALLROOM INSTRUCTOR

STRICTLY BALLROOM: Lubbock, TX (2006-2007)

Provided introductory ballroom instruction to a wide variety of people in the community.

MANAGER

THE WALL FITNESS CLUB & RANSOM DRY CLEANERS: Ransom Canyon, TX (2005)

Assisted a friend in starting and managing two small business' until a pre-negotiated end-date.

SMALL ANIMAL TECHNICIAN

SOUTH PLAINS VETERINARY CLINIC: Slaton, TX (2001-2005)

Conducted pre-examination and daily evaluations in conjunction with administering medication. Served as assistant to the veterinarian in examinations, clinical assays, and surgeries.

COMMUNITY AND VOLUNTEER ACTIVITIES

VOLUNTEER: PORTLAND FOOD BANK; Portland, OR (2018)

Loaded boxes from the supply room for transport.

VOLUNTEER COORDINATOR/TRIAGE-POD CAPTAIN: NATIONAL ASSOCIATION OF FREE AND CHARITABLE CLINICS: (2013-2015)

Coordinated with vendors, ordered supplies, printed badges, planned and led the volunteer effort for the clinics held in New Orleans, Louisiana on July 3, 2013. Inaugural triage pod leader for the 2014 clinic held in Madison, Wisconsin.

GERIATRIC CARETAKER: MS. BILLIE JOYCE PEAK: Slaton, TEXAS (2001-2009)

Ran errands, delivered medicine and groceries, doctored her animals, helped her clean, visited and brought her food on various holidays. Visited and provided help between contractual obligations with ships until her death in 2009.

ASSISTANT: 'SCIENCE, IT'S A GIRL THING', TEXAS TECH UNIVERSITY: Lubbock, TX (2007)

Assisted and provided transportation to and from the airport for girls attending a science camp coordinated by Texas Tech University.

CHILD ADVOCATE: COVENANT CHILDREN'S HOSPITAL: Lubbock, TX (2006)

Assisted volunteer director with craft preparation and activities. Visited with children and their parents. Cleaned the play area & video library.

TEACHER: SUPER SATURDAYS, TEXAS TECH UNIVERSITY: Lubbock, TX (2006)

Worked with a Texas Tech University weekend enrichment camp for elementary-aged children within the community as a teacher.

TEACHER/MENTOR: LUBBOCK INDEPENDENT SCHOOL DISTRICT AND TEXAS TECH UNIVERSITY: Lubbock, TX (2005)

Mentored a disadvantaged pre-teen in addition to helping him with his math and science curriculum.

VOLUNTEER: THE CARILLON: Lubbock, TX (2003-2004)

Assisted in daily activities such as Bingo, cards or games. Served food at afternoon parties and visited inhabitants.

VOLUNTEER: SOUTH PLAINS FOOD BANK: Lubbock, TX (2002)

Loaded vehicles from the supply room for transport.

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COMMUNITY AND VOLUNTEER ACTIVITIES (ctd.)

VOLUNTEER: MY FATHER'S HOUSE: Lubbock, TX (2002)

Assisted with office organization and cleaning.

VOLUNTEER: RONALD MCDONALD HOUSE: Lubbock, TX (2002)

Cleaned what was deemed necessary and chatted with inhabitants.

MENTOR: SOUTH PLAINS COLLEGE: Lubbock, TX (2002)

Mentored a high school student through a program at South Plains College while taking course-work at Texas Tech University.

SHADOW / INTEGRATIVE MEDICINE EXPERIENCE

THOMAS GRACE, DC: Portland, OR (2018)

Interviewed on his approach and clinical success with non-invasive spinal decompression therapy.

MARY MATTHEWS-BROWNELL, OT, CHT: VA PUGET SOUND HEALTHCARE SYSTEM, AMERICAN LAKE: Tacoma, WA (2018)

Hand occupational therapist.

MARY GRADDON, OT: VA PUGET SOUND HEALTHCARE SYSTEM, AMERICAN LAKE: Tacoma, WA (2018)

GLENN PIGMAN, Prosthetist-Orthotist: VA PUGET SOUND HEALTHCARE SYSTEM, AMERICAN LAKE: Tacoma, WA (2018)

MOBILITY CLINIC, PT, OT, & MD: VA PUGET SOUND HEALTHCARE SYSTEM, AMERICAN LAKE: Tacoma, WA (2018)

Integrative clinic with 1 patient and 1 MD, OT, and PT to determine mobility needs. Interviewed Maureen McClain on inception and fruition.

BOSCO SUAREZ, MD: VA PUGET SOUND HEALTHCARE SYSTEM, AMERICAN LAKE: Tacoma, WA (2018)

1 lumbar nerve block, 2 lumbar nerve ablations, 1 knee injection with indications and clinical prediction models with these procedures.

SPENCER HAVENS, MD: VA PUGET SOUND HEALTHCARE SYSTEM, AMERICAN LAKE: Tacoma, WA (2018)

Physiatry. Witnessed a nerve conduction study while learning about indications and clinical prediction models with this procedure.

JON PERHAM, DC: Federal Way, WA (2018)

Rehabilitation-based medicine in the Seattle Seahawks chiropractic office.

MICHELLE MARCONI, DC: Tacoma, WA (2018)

Unique integrative clinic setting.

BRAD MCKECHNIE, DC: Houston, TX (2015)

Diversified chiropractic.

MONICA ROBERSON, MD: Houston, TX (2014)

Interview regarding the junction of allopathic and integrative medicine.

JOHN MOHNEY, DO: Houston, TX (2013 - 2014)

General exam procedures.

JULIE BOYD, DDS: Greenwood, IN (2011)

Bridge reconstructions, crown moldings, fillings, and x-rays.

HARLAN WRIGHT, DO: Lubbock, TX (2007)

General exam procedures.

FRANK SETZLER, DO: Lubbock, TX (2007 & 2014)

General exam procedures & knee injections.

KATHLEEN NICHOLS, DDS: Lubbock, TX (2006)

General exam procedures.

JAMES MOSS, III, MD: COVENANT HOSPITAL: Lubbock, TX (2004)

Cardiology.

JOB BUSCHMAN MD: Lubbock, TX (2002)

General surgery & anesthesiology. Hernia repair, gallbladder removal, and hysterectomy.

RAY FARMER, MD: Lubbock, TX (2002)

Pediatrics.

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PROFESSIONAL MEMBERSHIPS

American Chiropractic Association: (2015 - present)
American Chiropractic Association Rehab Council: (2016 - 2018)
American Public Health Association: (2018 - present)
University of Western States President's Society: (2018 - present)

CONTINUING EDUCATION

COURSE	DATE(S)	HOURS
American Chiropractic Association National Chiropractic Leadership Conference	01/16/19 - 01/19/19 02/28/18 - 03/03/18 03/15/17 - 03/18/17 02/24/16 - 02/27/16	N/A (student at registration) N/A (student) N/A (student) N/A (student)
Florida Chiropractic Association The National	08/24/18 - 08/27/18	N/A (student)
ACA Rehab Council Annual Symposium	04/06/18 - 04/08/18 10/07/17 - 10/08/17 03/04/16 - 03/06/16	N/A (student) N/A (student) N/A (student)
Student Alliance for Integrative Medicine (SAIM) Integrative Medicine Day	01/26/19 01/20/18	3.75 N/A (student)
University of Western States Homecoming Symposium	10/12/18 - 10/13/18 10/13/17 - 10/14/17 10/14/16 - 10/15/16	N/A (student) N/A (student) N/A (student)
ACA Sports Council Annual Symposium	10/07/16 - 10/08/16	N/A (student)

REFERENCES *(additional upon request)*

- Peter J. Szucs, EdD, MA**
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Title IX Coordinator
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- Amanda Armington, DC**
CHC Clinician
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