

Introduction to stigma and discrimination / Введение в стигму и дискриминацию

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What is in this session

- Brainstorm exercise: What stigma and discrimination mean to me
- Presentation – powerpoint – definitions and theoretical concepts of stigma and discrimination – especially as they relate to PLHIV
- Participants examples of Anti stigma Campaigns – identified from the examples that participants have been asked to provide – just selecting one /or two ...



Brainstorm exercise: What stigma and discrimination mean to me

Everybody to write down (on an A4) sheet an example of when they felt stigmatised or discriminated against - 5 minutes for the exercise. The headings are

- What happened to you?
- Who did it to you ?
- How did it make you feel ?
- What did you do about it (if anything)

Once finished -Participants work in pairs and share the story of what they have written with their partners

In the larger group :

- Get a few of the pairs (not all) to share their story (not all) to the larger group...
- All of the A4 sheets (with the participants permission) to be put up on a wall



Presentation

- This presentation concentrates on the PLHIV Stigma Index – other tools are available ...
- Question – who knows the PLHIV Stigma Index ?
- Any examples of other action based research tools to quantify stigma in particular populations ?



How should we measure PLHIV related stigma ?

What have other indexes done

- Health Care Providers/Facilities Index
- Household and Community level attitudes

- Missing Gap:

Asking PLHIV

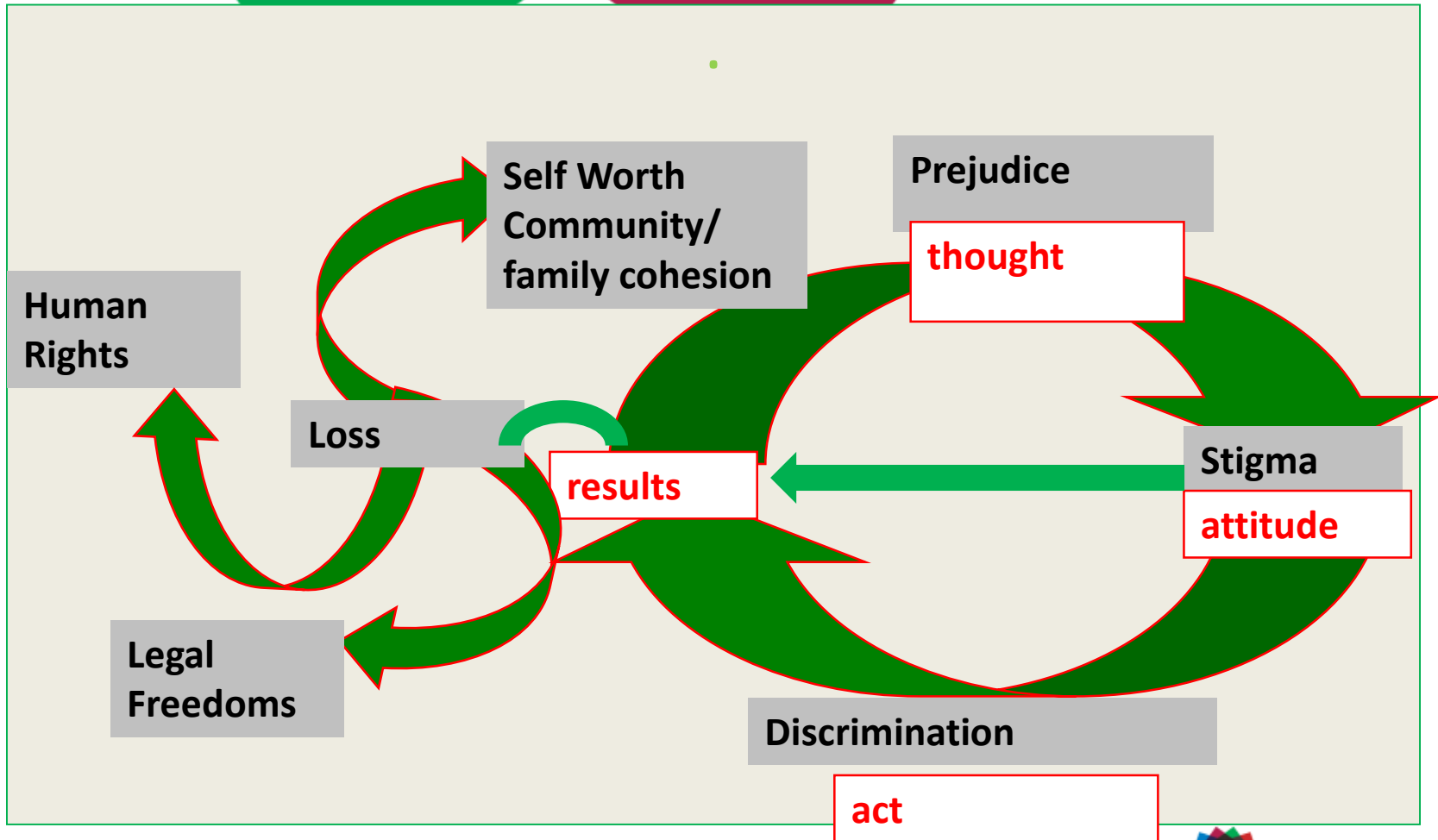
Healthcare
providers/facilities

Household and
Communities

PLHIV



Background to the INDEX



Blame and 'othering'

From several studies:

Connections between the blame that people associated with getting 'infected' with HIV and the othering, or social distancing, that they described between themselves and PLWHA in their communities.

Behaviours that led to HIV were often described as “*irresponsible*”, “*reckless*” and “*immoral*.” - both by PLHIV themselves and others

PLHIV often saw themselves as being 'lesser' members of the sub group they belonged to. The wider group they belonged to often distanced themselves from people with HIV from that group.



Understanding HIV related stigma...

- Pervasive power of stigma & discrimination
- Different forms (enacted, internal)
- Programmatic interventions create enabling environments not necessarily enabled people
- Subtly of stigma & discrimination has changed



"THE STIGMA INDEX WILL HELP US DOCUMENT OUR OWN EXPERIENCES AND STRENGTHEN OUR ADVOCACY WORK. THIS IS A WAY THAT WE CAN START TO CHANGE THE CONVERSATION – WE WILL HAVE EVIDENCE TO BACK US UP."



**THE PEOPLE
LIVING
WITH HIV
STIGMA
INDEX**

What is the PLHIV Stigma Index ?

A way to understand experiences of stigma and discrimination, and how they change over time.

The process centres on PLHIV – making the Index a tool for, and by, PLHIV.

Key points:

- A Move away from ‘boxed’ responses
- Involves communities most vulnerable to infection (MSM, IDU, Migrants, Sex workers, women and young girls) effecting change at the ‘personal’ level
- Tool for GIPA enactment - informs ADVOCACY, ACTIVISM and CREATES PARTNERSHIPS FOR CHANGE



Feedback from survey monkey exercise and session

Group discussion - and possibly taking one or two examples of campaigns that people gave in the survey monkey

And then coffee !

