

Take the Leap!

Make an Impact

Fall 2019 Packages

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"Take the Leap! is a truly thought-provoking workshop which everyone should take at least once - preferably soon! The time is always right, even if you aren't. Treat yourself to wonderful, experiential learning in a supportive, non-judgemental environment. Expertly facilitated and deftly managed by the inspirational Sonia Di Maulo. Highly recommended!" - Michael Cullen

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The Force Behind the Programs

Take the Leap! Programs are based on a book by Sonia Di Maulo and an endorsement by Ken Blanchard.

"The Apple in the Orchard: a story about finding the courage to emerge as a leader by Sonia Di Maulo is a lovely little book with a profound message: To pursue greatness, aspiring leaders sometimes must dare to leave the familiar. Opportunities for growth and learning are all around you, so take the leap, and grow!"

Ken Blanchard

Coauthor of The One Minute Manager® and Great Leaders Grow

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Truly living on purpose, with joy and fulfillment requires focused effort amidst the overstimulation.

Your every day should reflect the essence of who you are—your gifts, your talents and your most passionate interests.

Join us, take the leap and grow into your legacy! Make an impact!

Who are these programs for?

These programs are for emerging leaders, executives, entrepreneurs, and managers who:

- Wonder how to bring deep meaning to your work, study & relationships
- Are following all the rules but something is missing
- Feel like you should be on a different path
- Are not sure how to take your goals to the next level
- Wonder if you are on the right path
- Want to leave a legacy that makes the world a better place and are not sure how to start

Need a shift?
A switch?
A pivot?




Clarity
brings
confidence

Predicting the Future

Predicting change. Predicting growth.
Predicting life.

There is no crystal ball, yet...







In the past five years, I have used my Model of Growth  to map out patterns. These patterns have shown me how to live each experience fully (the good, the bad, the ugly).

And living fully grounds me to reality. Reality bring clarity and I can see when I should pivot.

Pivoting means change, and change brings emotions. And then I don't like reality so much anymore.


Reinventing yourself, your team, organization, or community is a skill and requires focus.

And when you achieve this...:

-  low times are shorter
-  high times last longer
-  opportunities present themselves
-  reinvention comes naturally
-  saying no and staying focused is easier
-  identifying the critical "pivot point" to reinvent becomes obvious

... consistently.


Benefits and Outcomes

A consistent,
predictive
approach to change
and GROWTH 

A way to reinvent yourself
with confidence no matter
what gets thrown your way.

A powerful mindset
to help you
navigate emotions
respectfully and
with confidence

An easy 3-question process
for identifying emotion and
working through the
confusion

A framework to
understand & plan
a courageous life
through growth 

To "apply foresight and
anticipation to 'design for
positive emergence' — to
transform the system
towards increased health and
an improved capacity to
respond wisely and creatively
to disruptions and change"
(Wahl, 2017)



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Programs to choose from!

Fall 2019 Programs

Take the Leap!
1-day Program

Oct 11 or Nov 8

Live hands-on workshop to learn and use a framework to understand and plan for a courageous life through growth

Take the Leap!
2-day Retreat

Nov 18-19

With the 1-day program complete, join us for an intense deep dive, Sustain the Leap retreat

Take the Leap!
Virtual
One-on-One

At Your Pace

Can't make the dates and you crave one-on-one attention for maximum results? Together we make it happen in 4 hours

Fall 2019 Programs

Take the Leap 1-day Program

Includes all meals, celebratory wine and cheese, **BONUS** two private hour follow-up conversations and full dedication to help you Take the Leap!

Take the Leap 2-day Retreat

Includes all meals, celebratory wine and cheese, spa access, 1-night accomodation, private home working space, **BONUS** two private follow-up conversations and full dedication to help you Sustain the Leap!

Take the Leap! Virtual One-on-One

4-hours booked over time and based on our mutual schedule all online!

Same exercises, same proven instructional design, private support. **BONUS**: two more conversations to help you Take the Leap!

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*We bundled these programs
so you can have the best of
all of them; to achieve
results in the least amount
of time & effort.*

Take the Leap! Make an Impact

1-day program with Sonia Di Maulo

Be a purpose-driven, ground-breaker who leaves a positive impact on the world. Use the Model of Growth to navigate life's pivots - clarity brings results.

(with easy-to-use tools, models, and an instructional approach that will help you
Take the Leap!)



Take the Leap! Make an Impact **1-day**

with Sonia Di Maulo

By the end of the 1-day interactive workshop, participants will be able to:

- Describe the importance of the Model of Growth for Emerging Leaders as a framework for planning a courageous life through growth.
- Use the predictive Model of Growth for Emerging Leaders to celebrate, craft, and share a plan to leave a living legacy.
- Plan to use the Model of Growth to inspire positive action.

IMPORTANT: Includes all meals, celebratory wine and cheese, BONUS two 1.5 hour follow-up conversations and full dedication to help you Take the Leap!

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I feel much lighter now. I have more clarity on how to map tiny day-to-day actions that lead to a fulfilling future. Sonia and her team led the class through a simple, powerful self-reflection and action plan that didn't require complicated time-consuming graphs and charts. Everything I needed was inside my head. Sonia dug it out and helped me face it, accept it and use it. - David Phu

Take the Leap! Make an Impact

2-day program with Sonia Di Maulo

Sustain the Leap! Take real action to take the rest of 2019 and 2020 with intention to be a purpose-driven, ground-breaker who leaves a positive impact on the world.

(with the help of a small group and ME to help you plan and grow)





Site of the Take the Leap! Programs, Spa & Hôtel le Finlandais, Rosemère, Qc

Take the Leap! Make an Impact **2-day**

with Sonia Di Maulo

By the end of the 2-day hands-on retreat, participants will be able to:

- Confirm and align what they need with what the world needs, through a personal needs inventory assessment.
- Take Action! Work on YOUR life's plan, work plan, business plan using the predictive Model of Growth - more time and energy to work on YOU.
- Plan to use the Model of Growth to inspire positive action.

IMPORTANT: Take the Leap 1-day program is a pre-requisite... includes all meals, celebratory wine and cheese, spa access, 1-night accomodation, private home working space, BONUS two 1.5 hour follow-up conversations and full dedication to help you Sustain the Leap!



"As the Operations Director for SCI Logistics, I first attended a coaching session with Sonia in 2015 as part of my continuous improvement and career management plan. The experience was very enriching and as a result, I became more self-aware and learned a great deal about my interactions with peers, staff and other people with whom I had worked for years. Sonia was diligent in setting our goals at the outset, gathering inputs from our managers across the province and defining the criteria for success. - Luc Fournier

Take the Leap! Virtual One-on_One

Virtual program with Sonia Di Maulo

Let's work together at your own pace privately based on your specific needs with immediate feedback and insights from my 20+ years helping leaders and emerging leaders

(with easy-to-use tools, models, and an instructional approach that will help you
Take the Leap!)



Fall 2019 Packages (and save!)

Best Value

Harvest Package

Take the Leap 1-day +
Take the Leap 2-day
Overnight Retreat +
Take the Leap Virtual
One-on-One

\$2088

(value of \$5180)

Ground-Breaking Package

Take the Leap 1-day +
Take the Leap 2-day
Overnight Retreat

\$1088

(value of \$3150)

Foundational Programs

Take the Leap 1-day

\$228

Take the Leap 2-day

\$988

Take the Leap Virtual

\$1188

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*This exceptional learning
experience, special bonuses and
dedicated support is a real-world
value of **\$5180 CAD...***

(yes we did the math!)



*Registration for these packages
ends October 24, 2019*

*** Registration for October 11, 2019
Take the Leap 1-Day ends Oct 8, 2019.*

GUARANTEES and REFUNDS

Take the Leap Programs (1-day and 2-day)

are backed by a no-questions asked refund within 48 hours of registration.

Take the Leap Virtual One-on-One

is backed by a no-questions asked cancellation at any time during our work together. If you are not satisfied by the quality of the conversations or the connection is not providing you with the impact you had envisioned, then you only pay for the conversations we've had.

My guarantee is to offer you value beyond your expectations, to be present to your needs, and support your journey to discover, create, embrace, and breathe life into your living legacies

If you need more information or have questions that need answers before registering, reach out to me at sonia@harvestperformance.ca.
I would love to hear from you.

Join us!

We can't wait to
start this journey
with you and watch
you **LEAP**.

Click! Watch the
video to learn
more...



<https://www.soniadimauro.com/join-an-event>



Register!



Invest in
YOURSELF
Reinvent!



Convert your
thoughts to words
and then to action



Follow the path
Enjoy the Journey
Take the Leap!