

# CAROLINE COOPER

## STEP SHEET - PETER MYLES BE THERE

**LINE DANCERS OF LINTHORPE – MIDDLESBROUGH/U.K. - AUG 2016**

(2mins 55 Sec) - Start On Vocals “Bed” - Count: 64 Wall: 2 Level: Improver



LINK – LIEN  
VIDEO

### **Sec 1: BACK ROCK, RECOVER, SHUFFLE FORWARD, JAZZ BOX**

1-2 Rock back L, recover R / 3&4 Step forward L, step R next to L, step forward L / 5-6 Cross R over L, step back L / 7-8 Step R to R side, close L next to R

### **Sec 2: STEP 1/4 , CROSS SHUFFLE, 1/4, 1/4 , CROSS SHUFFLE**

1-2 Step forward R, ¼ turn L / 3&4 Cross R over L, step L to L side, cross R over L / 5-6 ¼ turn R stepping back L, ¼ turn R stepping R to R side

7&8 Cross L over R, step R to R side, cross L over R

### **Sec 3: SIDE TOUCH, ¼ TURN TOUCH, CHASSE BACK ROCK, RECOVER**

1-2 Step R to R side, touch L next to R / 3-4 ¼ L stepping forward L, touch R next to L / 5&6 Step R to R side, close L next to R, step R to R side / 7-8 Rock back L, recover R

### **Sec 4: ¼ MONTERY, 4 WALKS WITH KNEE ROLLS**

1-2 Point L to L side, close L next to R / 3-4 ¼ L pointing R to R side, touch R next to L / 5-6 Walk forwards R L with knee rolls / 7-8 Walk forward R L with knee rolls

### **Sec 5: STEP 1/2 TURN TOUCH, SHUFFLE FORWARD, STEP ½ TURN TOUCH SHUFFLE FORWARD**

1-2 Step forward R, 1/2 turn L (keeping weight R) touch L across in front of R / 3&4 Step forward L, bring R next to L, step forward L

5-6 Step forward R, ½ turn L (keeping weight R) touch L across in front of R / 7&8 Step forward L, bring R next to L, step forward L

### **Sec 6: CROSS, BACK, BACK, CROSS, BACK, BACK, CROSS SHUFFLE**

1-2 Cross R over L, step back L / 3-4 Step back R, cross L over R / 5-6 Step back R, step back L / 7&8 Cross R over L, step L to L side, cross R over L

### **Sec 7: TOE STRUTT, TOE STRUTT, POINT, POINT, SAILOR ¼ TURN**

1-2 On L diagonal step of ball of L then drop heel / 3-4 On R diagonal step of ball of R then drop heel

5-6 Point L toe forward, point L toe to L side L / 7&8 Turning ¼ turn L, sweep L behind R, step R to R side, step L to L side

### **Sec 8: STEP ½ TURN, SHUFFLE FORWARD, STEP ½ TURN, ROCK, RECOVER**

1-2 Step forward R, ½ turn L / 3&4 Step forward R, step L next to R, step forward R / 5-6 Step forward L, ½ turn R / 7-8 Rock forward L, recover R

**At the end of wall 4 facing 12 oclock add the following steps**

**TAG: ROCK, RECOVER, KICK BALL CHANGE, FORWARD TOUCH, BACK TOUCH**

1-2 Rock back on L, recover weight to R / 3&4 Kick L forward, step down on L, change weight to R / 5-6 Step forward L, touch R next to L / 7-8 Step back R, touch L next to R