

# THE MOMENT OF LIFT BY MELINDA GATES



## INTRODUCTION & CHAPTER 1: THE LIFT OF A GREAT IDEA

A large area of horizontal grey lines for taking notes.

### FOOD FOR THOUGHT:

**MOXIE: FORCE OF CHARACTER, DETERMINATION OR NERVE.**

**OUR MISSION AT MOXIE IS HELPING PEOPLE TO LIVE INTENTIONALLY WITH THOUGHTFULNESS, EMPATHY, AND CARE TO MAKE THE MOST OF THEMSELVES, THEIR RELATIONSHIPS, AND THEIR COMMUNITY.**

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### DISCUSSION QUESTIONS:

**-WHAT IS ONE KEY MOMENT OR TAKEAWAY FROM THIS CHAPTER THAT YOU WOULD WANT TO SHARE WITH YOUR PERSON OR SQUAD?**

**-WHAT IS ONE THING FROM THIS CHAPTER YOU CAN PUT INTO ACTION TO HELP BUILD YOUR MOXIE?**

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## CHAPTER 2: EMPOWERING MOTHERS – MATERNAL & NEWBORN HEALTH

Lined area for notes.

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## CHAPTER 3: EVERY GOOD THING – FAMILY PLANNING

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## CHAPTER 4: LIFTING THEIR EYES – GIRLS IN SCHOOL

Lined area for notes and reflections.

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## CHAPTER 5: THE SILENT INEQUALITY – UNPAID WORK

Lined area for notes.

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## CHAPTER 6: WHEN A GIRL HAS NO VOICE – CHILD MARRIAGE

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# THE MOMENT OF LIFT BY MELINDA GATES

## CHAPTER 7: SEEING GENDER BIAS – WOMEN IN AGRICULTURE

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**CHAPTER 9: LET YOUR HEART BREAK – THE LIFT OF COMING TOGETHER**

Lined writing area for notes.

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**DISCUSSION QUESTIONS:**

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**-WHAT IS ONE THING FROM THIS CHAPTER YOU CAN PUT INTO ACTION TO HELP BUILD YOUR MOXIE?**

NOTES/RECAP

MOXIE: FORCE OF CHARACTER, DETERMINATION OR NERVE.

OUR MISSION AT MOXIE IS HELPING PEOPLE TO LIVE INTENTIONALLY WITH THOUGHTFULNESS, EMPATHY, AND CARE TO MAKE THE MOST OF THEMSELVES, THEIR RELATIONSHIPS, AND THEIR COMMUNITY.

EACH CHAPTER FOCUSES ON A DIFFERENT ISSUE OF GENDER EQUALITY THAT ALL CONNECT TO SHOW THERE ARE NO ISOLATED PROBLEMS. DO YOU FEEL LIKE ONE ISSUE OR ANOTHER WAS A "ROOT" CAUSE THAT LEAD TO THE OTHERS? WHICH ISSUE IS MOST RELEVANT TO YOUR LIFE?

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