

## Check list

### To help you prepare for your newborn session

### ▶ Clothing

Your baby's naked skin is by far the most gorgeous thing he or she can wear. Newborn clothing rarely looks good in portraits. Bring any blankets or wraps for the baby to wear. For parents with the baby, we recommend wearing a simple long sleeve solid white, black or grey top. We also suggest that your nails are trimmed and neat when holding the baby.

### ► Accessories and Props

I encourage accessories and even taking a look at Pinterest for amazing ideas to personalize your own accessories. Yet, please be selective and makes sure they aren't too big for your small newborn.

### ▶ Personal Momentos

Those special blankets and/or handmade gifts that you receive from friends and family members are welcome during the session. Classic stuffed animal toys are always great items to bring.

### Feedings

A newborn session will run 1-2 hours and that includes atleast one or two long breaks for feedings. Please bring whatever you need to be prepared for feedings, whether its extra bottles, pumped breast milk or formula, plus extra burp clothes.

# More tips...

#### 1. Have fun and relax

Easier said than done, but please don't stress over this appointment. The best pictures come from relaxed parents, so just make it to your appointment and allow us to do the rest!

### 2. Rest

We know this is a time when lack of sleep is at it's highest, but do your best to rest before your appointment and make sure you feed your little munchkin as well. We recommend feeding baby right before your appointment, or come in a few minutes early and feed baby in our home studio.

### Family

Although the session is focused on the baby, we will definitely want to include parents and siblings. We can discuss this before the session to ensure we meet your needs.

### 4. We're here for you!

If you have any questions, any at all, please give us a call at 678.459.5195 or email contact@lovelee-photography.com.