

Life Community Church – Collin County

*Outpouring*

OF THE HOLY SPIRIT

ISAIAH 44:3

For I will pour water on the thirsty land,  
and streams on the dry ground;  
I will pour out my Spirit on your offspring,  
and my blessing on your descendants.

ISAIAH 44:3

# FOCUS

The focus of this 10 Day Fast is to seek first the Kingdom of God and His Righteousness (Matthew 6:33). During this time of consecration, go deeper in developing the essential habits of a believer as you spend intimate time in the presence of God.

We encourage you to write down your expectations and prayer petitions using the Word of God.

Spend time in personal and corporate prayer, praise and worship, reading the word of God and meditation for your personal petitions.

## WEEKLY PRAYER SCHEDULE

SUNDAYS  
(10/20 and 10/27)  
@ 9:00am at LCC

MONDAYS  
(10/21 AND 10/28) @  
6:30am via Zoom

<https://zoom.us/j/347922073>

Dial: +1 669 900 6833

Meeting ID: 347922073

WEDNESDAYS (10/23  
AND 10/30) @ 6:30am  
via Zoom

<https://zoom.us/j/347922073>

Dial: +1 669 900 6833

Meeting ID: 347922073

Please submit any prayer requests to [pray4melcc@gmail.com](mailto:pray4melcc@gmail.com)

## FASTING WEEK BY WEEK

### The Daniel Fast

Eat no meat, no sweets and no bread. Drink water and juice. Eat fruits and vegetables.

### Partial Fast

A partial fast is from 6:00 am to 3:00 pm

### Total Fast

A total fast are fluids only (water and fresh pressed juices)

If you are doing a total fast, please notify Pastor Sheila

If you have any medical conditions, please consult your doctor but plan to participate by fasting from something

## DAILY CONSECRATION HABITS

### MORNING:

- Anoint yourself and your family (including your animals) with olive oil.
- Pray as the Holy Spirit leads you.
- Praise and worship God for at least 10 to 15 minutes.
- Read the Daily Bible Challenge in the app

### NOON:

- Meditate on God's Word and the message from Sunday

### NIGHT:

- Praise and worship God for at least 10 to 15 minutes
- Spend time in the presence of God.

Refrain from secular TV and music and limit social networks online and in person