

Burgers, Melts, and Sandwiches

All of our sandwiches and burgers include your choice of the following: french fries, spuds, creamy cole slaw, black beans and rice, a cup of soup or a small house salad. Sweet Potato Fries add \$1.00

Available any time of the day.

The Burger \$10.25
Our 6 ounce, lean hamburger served with lettuce, tomato and onion, on a roll.
Add cheese..... \$1.15
Add sautéed mushrooms..... \$1.35
Add sautéed onions..... \$1.35

Black Bean Burger \$10.25
A grilled black bean patty served on a roll with lettuce, tomato and onion. Add cheese \$1.15

Burger Melt\$11.50
An 8 ounce burger with Swiss cheese, sautéed onions and mushrooms, served on grilled marble rye bread.

Southwest Burger..... \$11.25
Topped with red onions, pepper/ jack cheese, fresh avocado and choice of side.

California Burger \$11.25
An 8 ounce burger topped with guacamole, provolone, sprouts and choice of side.

Chicken Breast Sandwich ... Fried or Grilled \$11.25
A chicken breast, grilled or fried, served on a roll with lettuce, tomato and onion.
Add cheese..... \$1.15

Chicken Breast Melt\$11.50
A grilled chicken breast, Swiss cheese, sautéed onions and mushrooms, served on grilled marble rye bread.

Cordon Bleu Sandwich \$10.50
Fried chicken breast topped with sautéed mushrooms and onions with blue cheese and choice of side.

Chicken Salad Melt..... \$11.00
House-smoked chicken salad, grilled tomatoes and provolone cheese, served on grilled marble rye bread.

Tuna Salad Melt..... \$11.00
Albacore tuna salad, Swiss cheese, grilled tomatoes and banana peppers, served on grilled marble rye bread.

Fried Fish Sandwich\$12.50
A Catfish fillet lightly breaded and deep fried. Served with lettuce, tomato, and onion on a roll with a side of tartar sauce.
Add cheese..... \$1.15

Smoked Turkey Reuben \$11.00
Our house-smoked turkey breast topped with melted Swiss and creamy coleslaw, served on grilled marble rye bread.

The Edgewood..... \$11.00
Thinly sliced steak OR house-smoked chicken sautéed with onions and topped with provolone cheese, lettuce and tomato, served on a roll.

Smoked Chicken Salad \$10.50
OR Albacore Tuna Salad Sandwich
House-smoked chicken salad or albacore tuna salad served on whole wheat bread with provolone cheese, lettuce, tomato.

Over the Top Grilled Cheese\$10.50
Provolone, cheddar/jack, American, bacon, sautéed onions and choice of side.

Smoked Turkey Club.....\$10.99
House-smoked turkey, bacon, Swiss cheese, lettuce, tomato, and honey mustard, served on whole wheat bread.

Veggie Melt Sandwich\$10.25
Grilled red onions, spinach, mushrooms, tomatoes, banana peppers and Swiss on a grilled marble rye and a choice of side.

From the Smokehouse

One Jumbo Smoked Wing\$ 4.00
Three Jumbo Smoke Wings.....\$ 9.00
Five Jumbo Smoked Wings.....\$ 14.00

Soup, Salads, Tacos and Quesadillas

Carlos Tacos \$9.25
Two flour tortillas with chicken sausage, green pepper, onions, rice, beans, cheddar jack, serranos and side salad.

Salad Tacos \$8.50
Two flour tortillas filled with fresh mushrooms, banana peppers, guacamole, cheddar/jack cheese, pico de gallo and sunflower sprouts. Served with side of salsa.

Fried Fish Tacos \$11.50
Two flour tortillas stuffed with crispy fried Catfish, cheddar/jack cheese, guacamole, pico de gallo,and sunflower sprouts. Served with side of salsa.

Smoked Chicken or Beef Tacos \$9.50
Two flour tortillas stuffed with smoked chicken or shredded beef, sautéed onions, cheddar/jack cheese,guacamole, pico de gallo and sunflower sprouts. Served with side of salsa.

Cheese Quesadillas \$8.50
A spinach tortilla filled with melted cheddar/jack cheese and pico de gallo. Served with side of sour cream, guacamole and salsa.
Add sautéed spinach.....\$2.25 Add smoked chicken.....\$2.89
Add shredded beef.....\$2.89 Add fresh veggies.....\$2.89

NEW BBQ Tacos \$9.50
Two tortillas filled with BBQ chicken, onions, cheddar, pico and guacamole.
NEW Avocado Tacos \$10.00
Fried avocado, roasted tomatoes, chicken sausage, goat cheese. DELICIOUS

House Salad \$7.89
Assorted greens, cheddar/jack cheese, mushrooms, pico de gallo and croutons.
Small house salad \$5.00

Spinach Salad \$9.00
Fresh spinach, mushrooms, hard boiled eggs, pico de gallo, croutons and sunflower sprouts.
Add bacon \$2.50
Add smoked chicken \$2.50

Fried or Grilled Chicken Salad \$11.00
Assorted greens,, cheddar/jack cheese, mushrooms, pico de gallo, fried or grilled chicken breast, croutons and sunflower sprouts.

Chop and Toss \$10.50
Smoked turkey breast, mozzarella and parmesan cheese, fresh herbs, croutons, pico de gallo and assorted greens, tossed in balsamic vinaigrette. Topped with sunflower sprouts.

HOUSE RULES

18% on parties of 5 or more.
We seat incomplete parties at our convenience.
During peak hours booths are reserved for 2 or more.
To Go orders are to be eaten off the premises.
Please check your To Go order before you leave.
Substitutions are discouraged but we will accommodate for an appropriate upcharge.

*Consuming raw or undercooked MEATS, POULTRY, seafood, shellfish, or EGGS may increase your risk of foodborne illness, especially if you have certain medical conditions.

Breakfast Served All Day

Eastpoint



- 100% pure New England Maple Syrup available•
- All our Turkey and Chicken are smoked in-house•
- Housemade Jams • Housemade Multi-grain Biscuits •
- Stone Ground Grits •
- 100% Organic Arabica Nicaraguan Coffee •
-

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*All BURGER DISHES

Blue Plates

Build your own Blue Plate from the selection listed below

Chicken Fingers	 \$9.00	Baked Potato with Sour Cream	 \$5.00
Fried or Grilled Chicken Breast	 \$9.00	Sautéed Spinach and Mushrooms	 \$4.25
Fried Catfish	 \$9.00	Sautéed Mixed Veggies	 \$4.15
Cole Slaw	 \$2.55	Small House Salad	 \$5.00
Black Beans and Rice	 \$2.39	Sliced Tomatoes	 \$3.00
Tuna Salad	 \$5.25	French Fries	 \$4.50
House-smoked Chicken Salad	 \$5.25	Sweet Potato Fries	 \$4.75

Build Your Own Breakfast Plate

Select any of the following items to build your favorite breakfast.

One Egg.....\$ 3.00
Add cheese.....\$.99
Two Eggs.....\$5.50
Add cheese.....\$1.00
Three Eggs.....\$6.00
Add cheese.....\$1.00

Side of Grits.....\$2.55
Add cheese.....\$.99
Large order of Grits.....\$4.25
Add cheese.....\$1.15

Spuds.....\$4.25
Fresh potatoes grilled with onions,
green peppers and our special
seasonings.
Add cheese.....\$.99
Side of Meat.....\$4.95
three strips of applewood smoked bacon
three strips of turkey bacon
two country sausage patties
one chicken sausage link
two slices of ham
two veggie sausage patties
turkey breast

**Side of 2 ounces of cold smoked
salmon (Lox).....\$6.25**

**A serving of pure New England
Maple Syrup.....\$3.25**

Pancakes

Our special recipe pancakes OR our
buckwheat pancakes served with
pancake syrup.

One Pancake.....\$3.75

Add pecans to pancakes.....\$1.00

Two Pancakes.....\$5.99

Add pecans to pancakes.....\$1.10

Three Pancakes.....\$6.99

Add pecans to pancakes.....\$1.20

Add bananas for 1 cake.....\$2.00
Add bananas for 2-3 cakes.....\$3.00

French Toast

Thick-sliced challah bread french
toast served with pancake syrup.

One Slice.....\$4.50

Two Slices.....\$6.25

Belgian Waffle.....\$6.25
served with pancake syrup
add pecans.....\$1.25

Buckwheat Waffle.....\$6.25
served with pancake syrup
add pecans.....\$1.25

**Add one serving of pure New
England maple syrup with any of
the above\$1.00**

Our Most Popular

Low Country Heap.....\$15.75

A skillet full of our seasoned spuds
topped with cheddar/jack cheese,
spicy shrimp, and chicken sausage,
sautéed with garlic, onions, and
green peppers, with 2 eggs any style
and a biscuit.

Ultimate Seaside Breakfast \$17.99

A fried catfish filet, 1/2 portion of
our Sassy scramble, a small shrimp
and grits, and a biscuit.

Sedona Omelette.....\$11.50

Chicken sausage, red onions,
tomatoes, pepper jack cheese, topped
with avocado, and choice of bread.

Hippy Omelette.....\$10.00

Red and Orange Peppers, Spinach,
Mushrooms, Broccoli, and Goat
Cheese topped with Sprouts and
served with choice of bread.
Make it a “Dirty Hippy”
for \$2.89 (add Veggie Sausage).

Wings & Waffles and Eggs.\$15.75

Pancake Special\$12.75

2 pancakes, 2 eggs any style, side
of meat, and a side of grits.

Shrimp and Grit.....\$15.25

Shrimp sautéed with herbs and
garlic, served over cheddar and
parmesan stone ground grits,
sautéed tomatoes, onions and
green peppers.

Kiss My Grits.....\$10.25

Stone ground grits topped with 2 eggs,
scrambled, cheddar and monterey
jack cheese chicken sausage and
sautéed onions.

Almost Good For You.....\$10.25

Stone ground grits topped with
melted mozzarella, sautéed garlic
spinach, mushrooms, veggie sausage,
pico and sprinkled goat cheese.

Breakfast Tacos\$10.25

2 Tacos with cheddar eggs, bacon
side of spuds, pico de gallo.

Thumbs-Up Breakfast Originals

Egg whites available at no extra charge

Cream Cheese Special \$9.50

Three eggs scrambled with cream
cheese and fresh herbs. Served with a
grilled bagel. (Bagels: plain, sesame
everything, cinnamon/raisin, or
multi-grain.)

The Skillet Heap \$10.00

A skillet full of our seasoned spuds
topped with cheddar/jack cheese and
two eggs any style. Served with toast
or multi-grain biscuit.

For \$2.89 each, you can add to the
heap your choice of:

grilled veggies, chopped apple wood
smoked bacon, chopped country
sausage, chopped veggie sausage,
diced smoked chicken, chopped
smoked chicken sausage, chopped
smoked turkey breast, diced ham.

Banana Nut French Toast

One.....\$7.00

Two\$10.00

French Toast, topped with bananas, pecans
whipped cream, and powdered sugar.

Steak and Eggs.....\$16.50

8oz. strip steak served with two eggs
any style, spuds and toast or a
multi-grain biscuit.

Pork Chops and Eggs..... \$13.25

2 Pork Chops Grilled or Fried with
two eggs any style, grits, choice of bread.

Fried Catfish and Grits.....\$13.25

A Catfish fillet deep fried and
served with two eggs any style, grits,
and toast or biscuit.
sub spuds for grits.....\$1.50

Chicken and Waffle.....\$13.25

Four fried chicken breast strips, two
eggs any style and a Belgian waffle.
Served with pancake syrup.

Sassy Scramble..... \$12.25

Three eggs scrambled with onions,
fresh herbs, smoked salmon and
cream cheese. Served with toast or
multi-grain biscuit.

Most Requested Omelettes & Scrambles

Served with toast or a multi-grain biscuit.

Add grits for \$2.50 or spuds for\$4.00

Farmers Omelette \$10.50
Chopped country sausage, seasoned spuds and cheddar/jack cheese.

Kav's Omelette \$10.50
Chopped veggie sausage, seasoned spuds and cheddar jack cheese.
Topped with pico de gallo and fresh herbs..

Yukon Omelette..... \$12.50
Smoked salmon, fresh spinach and cream cheese.

Spanish Eggs Scramble \$10.25

Three eggs, chicken sausage, green peppers, onions, pico de gallo,
pepper jack cheese topped with Serrano peppers and choice of bread.

Beefy Cheesy Scramble \$10.50

Three eggs, Philly steak, cheddar and Swiss cheese, mushrooms and
onions with choice of bread.

Monterey Scramble \$10.50

Three eggs, chicken sausage, onions, banana peppers, goat cheese and
choice of bread.

Build Your Own Omelette

A three egg omelette filled with your choice of one cheese and served with a
biscuit or toast.....\$7.00

add any of the following to the omelette:

**extra cheese is
\$2.00 each**

cheddar/jack
American
Swiss
provolone
mozzarella
feta
goat cheese
cream cheese
parmesan

**veggies in omelette
\$2.00 each**

onions
spinach
mushrooms
zucchini
tomatoes
banana peppers
green peppers
yellow squash
black olives

**meats in omelette
\$3.00 each**

turkey bacon
country sausage
applewood smoked bacon
veggie sausage
smoked chicken
chicken sausage
turkey breast
ham
broccoli

Add grits for \$2.50 or spuds for \$4.00

Lighter Fare

Greek Scramble.....\$10.00

Three eggs scrambled with onions,
black olives, spinach, tomatoes, and
feta cheese. Served with toast or
Multi-grain biscuit.

Grilled Veggie Bagel \$6.75

A grilled bagel filled with cream
cheese, fresh mushrooms, onions,
tomato, sunflower sprouts and
banana peppers.

Tofu and Veggies\$9.50

Tamari-flavored tofu grilled with
mixed veggies and served on a bed of
fresh raw spinach. Served with toast
or multi-grain biscuit.

Heartsmart Omelette\$12.25

Egg whites with mozzarella, black
olives, spinach, tomato, side of fruit
and choice of bread.

Our Own Cold Cereal\$6.00

Combination of grains, flakes, driedfruit, and nuts.

A cup of cereal.....\$4.00

Biscuit Sandwiches

Biscuit can be replaced with toast or bagel

Egg biscuit.....\$3.99

Egg and cheese biscuit.....\$4.25

Breakfast meat biscuit.....\$5.00

Breakfast meat, egg, and cheese

biscuit.....\$6.00

(breakfast meats are either bacon,
turkey bacon, country sausage,
chicken sausage, veggie sausage or
ham)

Substitute a bagel for.....\$3.30 extra

Breads

Assorted Bagels.....\$3.15

either plain, everything, sesame,
cinnamon/raisin, or multi-grain.
Add cream cheese.....\$2.00

Toast.....\$2.35

whole wheat, white or rye.

Multi-grain Biscuit.....\$2.50

Beverages

Free refills for the following...\$2.50

Our own special blend of Coffee
Regular or Decaf

Coca-Cola

Diet Coke

Sprite

Dr. Pepper

Hi-C

Minute Maid Lemonade

Sweet Tea

Unsweet Tea

Uptown (Sweet Tea & Lemonade)

Orange Juice with pulp or Ruby Red
Grapefruit Juice

small.....\$3.25 each
large.....\$4.59 each

Hot Tea..... \$3.55 each

Hot Chocolate..... \$4.55 each
Swiss Miss hot chocolate with
whipped cream and a drizzle of
chocolate syrup.

Lou's Coffee.....\$4.85 each
Swiss Miss hot chocolate mixed with
Coffee, topped with whipped cream
and a drizzle of chocolate syrup.

Whole or Lowfat

Milk.....\$3.25 each

Chocolate Milk.....\$3.45 each

Apple Juice, Orange Juice

small.....\$3.25 each
large.....\$4.59 each

*Consuming raw or undercooked MEATS, POULTRY, seafood, shellfish, or EGGS may increase your risk of
foodborne illness, especially if you have certain medical conditions.