

YOUR SELF-LEADERSHIP JOURNEY

Reflect on the ways you grew during times of Volatility, Uncertainty, Complexity, and Ambiguity (VUCA).

What skills did you develop? What strengths emerged?

How would you describe the environment? Which element of VUCA was present?

Of the skills you listed above, are there any you're not utilizing in your current role at work?

If yes, what's interfering?

What could you do to bring your full potential to work (i.e. utilize all your strengths and skills)?