**“Look and Listen” Sound Installation and Children in Care Exhibition**

**Have you experienced or are you currently experiencing living in care?**

**Would you like your voice to be included in this unique exhibition?**

In 2019 Hampshire Child and Adolescent Mental Health Service will be running a campaign focussing on support for young people living in all forms of care. This campaign is called “Hear Me” and will be made up of a number of different projects. An important part of these projects will be to hear and learn from those people who have had an experience of living in care and who feel able to share it for the exhibition.

**Look & Listen Project Aims;**

* To inspire all young people that from any start in life including living in care, what can be achieved, and the absolute potential for success, fulfilling dreams and goals and being happy.
* The opportunity and platform for people to be given a voice and share the views of young people gathered through this campaign.
* To reflect the history of looking after children in care and outlining the situation as it is today.

**The Exhibition**

The exhibition will be in 3 parts, the venue and date as yet TBC

1. **Sound installation** the recordings of adults/young people who have experienced some form of care talking about their experience. This would be edited carefully and sensitively, and would focus on the theme, “who has been a significant person in their life/has made a positive impact or difference”. This audio exhibition can then be heard by those visiting the exhibition. There would be the opportunity for people to leave their own personal reflections about a significant person in their lives on cards that will form part of the exhibition.
2. **The history of children in care**, an exhibition and timeline of how children have been looked after. This will include a focus on where we are at today and the future for those looked after.
3. **The voice of the young people** A visual representation that includes the outcomes of the children in care focus groups and other work that has involved hearing from young people across Hampshire in 2019.

This project is open to anyone of any age to take part. If you are under 18 you will need to get signed consent from a parent/guardian. For more information, ask questions or to take part please email Helen Dove at [spnt.hantscamhsinnovation@nhs.net](mailto:spnt.hantscamhsinnovation@nhs.net) or check our website [www.hampshirecamhs.nhs.uk](http://www.hampshirecamhs.nhs.uk)

Title the email Look and Listen project and let us have your first name and contact details, and we will be in touch. Thank you.

**TITLE…**

Copy…

This project is open to anyone of any age to take part. If you are under 18 you will need to get signed consent from a parent/guardian. For more information, ask questions or to take part please email Helen Dove at hdove@nhs.net

Title the email Look and Listen project and let us have your first name and contact details, and we will be in touch. Thank you.