



Season:	2
Episode:	2
Length:	37:11
Guest:	Tony Jacobsen
Episode Summary:	We're chatting with Mr. Tony Jacobsen, who was born with a rare bone disorder, and has had nearly 70 bone breaks. In spite of this, he keeps a tremendously positive and uplifting mindset; leading a lifestyle of being fit, author of a new book, and hosts his own podcast!
Questions (please note – these are not all the questions asked in the interview..)	<ul style="list-style-type: none"> - We know that one of the sources of strength comes from those dark times of despair, misery, and even depression. Take us through your dark time, and the defining moment when you realized there is hope? - What have you learned, or discovered about yourself as a result of what you've endured thus far? - As you move forward and thrive, what is your "secret ingredient" for continued growth? Is it a particular quote, or a mindset?
Guest Media (i.e. Publications, Ted Talks, etc...)	Tony's book, " Disable your Disability "
Where/How to connect with Guest:	"TonyTalks" Podcast: https://bit.ly/2y4kdMs