

# UNI SURVIVAL KIT

## BATHROOM

- BUY TOILET PAPER (WHO GIVES A CRAP)
- FIND MY LOCAL REFILL STORE & CHECK IT OUT - LOOK FOR HAND SOAP, SHAMPOO, CONDITIONER, SHOWER GEL
- BUY ECO FRIENDLY CLEANING PRODUCTS
- BUY A SAFETY RAZOR OR SUBSCRIBE TO FRICTION FREE SHAVING
- BUY A BAMBOO TOOTHBRUSH

## KITCHEN

- BUY SHOPPING BAGS (BAGS FOR LIFE / TOTE BAGS)
- BUY PRODUCE BAGS AND CONTAINERS
- CHECK IF WE HAVE A FOOD BIN
- SUBSCRIBE TO SMOL
- DOWNLOAD OLIO APP

## UNI LIFE

- BUY A REUSABLE BOTTLE
- BUY A KEEP CUP
- BUY A BAMBOO STRAW AND CUTLERY



# MEAL PLANNER

MONDAY

BREAKFAST:

LUNCH:

DINNER:

TUESDAY

BREAKFAST:

LUNCH:

DINNER:

WEDNESDAY

BREAKFAST:

LUNCH:

DINNER:

THURSDAY

BREAKFAST:

LUNCH:

DINNER:

FRIDAY

BREAKFAST:

LUNCH:

DINNER:

WEEKEND

BREAKFAST:

LUNCH:

DINNER:

BREAKFAST:

LUNCH:

DINNER:



# SHOPPING LIST

FOOD

OTHER

