

‘Yesterday’  
suffers  
from an  
identity  
crisis

**‘YESTERDAY’**  
Our current era of intellectual property-based pop culture, when it feels like every movie that hits theaters must be part of a franchise, board game, breakfast cereal or some other form of brand recognition, has rendered making an intimate, low-stakes film almost impossible. Sweet, simple love stories have been forced out of the multiplex like homeless people in a newly hip neighborhood. That thought hit me relatively early in “Yesterday,” the new romantic comedy from director Danny Boyle and writer Richard Curtis. The premise is admittedly a brilliant one: Jack Malik (Himesh Patel) is a struggling musician in a small English town who’s beginning to realize that stardom is out of his reach. He’s moderately talented, but he doesn’t have anything to say in his art. It’s bland, mediocre noise. Of course, that doesn’t matter to Ellie (Lily James), Jack’s best friend and self-appointed manager who is clearly in love with him. However, Jack’s career takes a dramatic shift after he’s hit by a bus during a mysterious global blackout (yeah, I know ... just go with it). When he wakes up, the musician with no point-of-view learns that somehow the Beatles have been erased from existence. That means their immense catalog is up for grabs, so Jack decides to partake in what he considers to be some victimless plagiarism. Armed with arguably the greatest songs ever written, he becomes the most famous pop star on the planet. But Jack’s sudden fame separates him from Ellie, so he’s eventually forced to choose between his new life and the one he left behind. “What if you were the only person who remembered the Beatles?” is an idea ripe with creative possibilities. Unfortunately, “Yesterday” only scratches the surface of what this might entail. It’s much more comfortable as a heartwarming story about a man coming to terms with his artistic limitations and figuring out what comes next. From that perspective, the Beatles stuff only gets in the way. Every time the plot returns to Jack performing another classic, I can just hear a studio exec complaining, “Sure, the couple’s adorable. But what’s the hook? Where’s the trailer moment that’s gonna sell tickets?” To me, that adorable couple is the hook. When the overly ambitious plot calms down and simply focuses on Patel and James being charming — and their fantastic chemistry — it’s a far more enjoyable movie. That’s not to say “Yesterday” is bad; it’s just conflicted. There’s plenty to appreciate, aside from the amazing music, of course. That includes a breakthrough performance from cinematic newcomer Patel, as well as James using sorcery and sheer force of will to transform a thankless role into the film’s emotional center. The supporting cast is also outstanding, packed with scene-stealers like Kate McKinnon as Jack’s blunt, icy handler; Joel Fry as his dopey roadie; and Ed Sheeran, proving he’s a good sport by playing a smarmy, egotistical version of himself.

REVIEW

BUY FRESH  
PRODUCE  
*locally*



Marjorie Stansel/Special  
A number of road-side stands sell local produce. For example, in the Winston area, Chris Wal-drop has two stands — one on Post Road and another on Pool Road. Prices are great, and the produce was picked that same day. On a recent trip, tomatoes, peppers, squash and cucumbers were available.

Live Healthy Douglas looks to restart farmer’s market

BY DENINE ROGERS  
UGA DOUGLAS COUNTY MASTER GARDENER

June is the month to start shopping for local foods from local farms in the west Georgia area. Live Healthy Douglas, a subcommittee of Douglas County Board of Health, is currently looking into reestablishing a local farmer’s market in Douglas County. The goal of the committee is to promote and support the local producers while providing fresh food to the local residence. The committee is focused on those that have a limited access to fresh food and are considering the location, time, and day very carefully. Although the success of the market will depend on support from citizens and the local farmer. The local farmers’ market will have a variety of fresh organic produces and foods such as sweet potatoes, tomatoes, green beans, lettuce, sausage, baked goods and so much more. It is so important to buy from your local farms and small businesses. The quality and variety of the local products at the farmer’s markets far exceed what one finds in a conventional grocery store. There is no other place that supports ONLY local farmers and local farm products, all in one place. We all benefit by shopping at the farmer’s markets. When we do shop at farmers markets, we are putting money directly back into the local



Little Fox Farm/Special  
A farmer’s market was held at The Farmer’s Table and Sweet Shop recently. One of their vendors was a local farm, Little Fox Farm, located on Highway 166. Not only do they offer fresh produce, but they also offer cut flowers for sale.

economy, and the produce is fresher. There is a lowercarbon emission from farm to table, and you can meet the grower of the foods you purchase. You would be able to learn about how your food is produced, the soil quality and receiving food preparation ideas. Although our farm-focused markets

SEE PRODUCE/PAGE B4

CAST presents ‘B-I-N-G-O Spells Murder’



CAST/Special  
“B-I-N-G-O Spells Murder” will open on Saturday, July 13 at the Olive Tree in Villa Rica.

Dinner theater  
production  
opens July 13  
SUBMITTED

CAST (Community Alliance for Stage and Theater) is continuing their 2019 season with murder and mayhem at the Our Lady of Almost Causes fundraiser BINGO game. The bank is about to close on the church buildings and orphanage and Father O’Sullivan is desperate. Can hosting a BINGO game help raise enough money to get them out of this mess? Pandemonium ensues when murder occurs, and the money disappears. Join us and help solve the crime in this funny, interactive dinner theater production. “B-I-N-G-O Spells Murder” will feature CAST regulars Cyndi Crawford, Tara

Bridges, Corissa Gaulin, Carolyn Clark, Bryant Deal and returning for his second full-length show Michael Warrick. CAST is also excited to have newcomer John Beck. Linda Shaw, a veteran CAST performer, will be making her directing debut with this show and Carolyn Clark, CAST president, will be assisting. “B-I-N-G-O Spells Murder” will open on Saturday, July 13 at the Olive Tree in Villa Rica. Other Villa Rica show dates include Sunday, July 14; Saturday, July 20 and Sunday, July 21. On Saturday, July 27, the show moves to the Hiram Olive Tree location. All Saturday shows begin at 7 p.m.with doors opening at 6:30 p.m. and the Sunday shows at the Olive Tree start at 4 p.m. with doors opening at 3:30 p.m. The final show will be at the South Cobb



# Children of Zen

## UWG alumna touts benefits of yoga in early childhood development

SUBMITTED

The average American spends at least 12 years in school learning “the three Rs” — reading, (w)riting and (a)rithmetic.

But University of West Georgia alumna Andrea Laubstein wonders how much they learn about themselves?

“You spend all these years studying the world outside and everything going on around you,” Laubstein observed, “but was there any subject that asked you to turn inwards to learn about yourself — your own emotions, your own mind — and the way you are and who you are?”

Laubstein, a native of New Milford, Connecticut, and 2018 graduate of the UWG College of Social Sciences’ Master of Arts in Psychology program, has been practicing yoga since she was 12 and teaching it since she was 19.

Even as a child, Laubstein always felt a passion for working with children through various mediums. After intensive yoga study, she discovered its benefits not only affected adults but children as well.

“There are so many techniques and practices for not just stretching the body but also for reestablishing the mind,” she said. “We become better prepared for handling the ups and downs of life and individually evolve into a more balanced person.”

Laubstein said there are several yoga techniques that are helpful for children in the classroom. If students have spent hours at desks, simple poses such as back bending or stretching their arms over their heads could combat the stiffness that plagues the body after sitting for too long. Breathing exercises, such as inhaling for four counts and exhaling for four counts, along with guided visualizations led by the teacher can help clear and relax the mind.

“Sometimes there is so much tension in the body — for example, the shoulders and throat — and they’re holding it all day long,” she described. “When they let that go, there’s so much space in the body and the energy can move more freely. Circulation can increase to the brain allowing more clarity.”

The philosophy of yoga can also present itself in the classroom, she explained. Most importantly, what it means to be nonviolent, compassionate and content.

“It creates a whole different energy that is really important for children to experience,” Laubstein continued. “School is



UWG/Special

**Andrea Laubstein, a native of New Milford, Connecticut, and 2018 graduate of the UWG College of Social Sciences’ Master of Arts in Psychology program, has been practicing yoga since she was 12 and teaching it since she was 19.**

not this competitive stressful place where the aim is all about achieving really high grades or passing exams. The atmosphere in the classroom becomes one in which they are there to develop and understand themselves and to understand what their interests and strengths are.”

Currently in India developing her understanding of yoga and alternative education, Laubstein recently spent time at Shibumi, a J. Krishnamurti school in Bangor, India, that emphasizes self-inquiry, awareness, and personal and holistic development of the child.

Having already trained teachers in Italy and India, Laubstein will travel to Singapore in June before bringing her teachings to Carrollton — her first in the U.S. — in July.

She was first introduced to Carrollton after graduating from Bucknell University in Pennsylvania while looking for a master’s program that matched her personal and professional goals.

“There was no program that fit my interests like UWG’s psychology department did,” Laubstein said in reference to UWG’s humanistic approach to psychology. “They’re looking for a holistic development for being in the world. Bringing yoga to children is about developing the whole person from the very beginning.”

The greatest gift UWG and her master’s degree gave her, however, went beyond content and information.

“Faculty really give you a lot of space to explore your curiosities and interests, and they support you in researching them,” Laubstein concluded. “It gave me an enhanced development of myself and understanding of who I am and what I have to offer the world.”

# Who is a Southern writer?

For many years I have been on the mailing lists of top New York publishing houses to receive books that deal with Southern life or its people.

Each sealed envelope offers a moment of excitement before I open it. In those first seconds when I read the return label that has the name of the publishing house and the location of New York City, I anticipate that I am about to discover a new, wonderful work of Southern literature or nonfiction, a tale that I will fall into and savor to sweet satisfaction

Too often, though, I am sorely disappointed. Sometimes the book is written by someone who lives in the South but wasn’t born here to Southern-bred people. To write it authentically, I hold to the belief that you should have inherited it like blue eyes or dark hair. A true Southern writer should rise up from unforgiving dirt that, sometime in the last hundred or two hundred years, threatened to starve your people, or you were raised in the unique gentility of a town immersed in Southern culture and character.

Like Yazoo City from which cometh the beloved Willie Morris and a town that was home for many years to Grand Ole Opry star and legendary storyteller, Jerry Clower. With reverence, I have driven by Mr. Morris’ childhood home as well as the nice, modern brick ranch home of Mr. Clower. I’ve visited the grave of Willie Morris, too. Nearby in the same cemetery is the burial site of the Witch of Yazoo, a character made infamous by Morris’ retelling of a legend.

Only in the South could the character born of a writer’s imagination be given a grave, a monument, and a chain to keep her in (she is said to have once burned down Yazoo). This is how genuine a story written by a true Southerner feels.

Here’s another bothersome nag about the somewhat Southern books that come these days: They’re overly dark and despairing. Flannery O’Connor of Milledgeville, Georgia, was known for the Southern Gothic tales she expertly spun. It takes wit, expertise, and a

deep understanding of Southern characters and way of life to write as did Miss O’Connor and Eudora

Welty. Despite the deep, darkly tinted stories they intricately wove — A Good Man Is Hard To Find and The Petrified Man — they presented them with an air of humor. That isn’t easy to do.

A couple of years ago, an Atlanta-based magazine featured a story on “Southern” writers. Only two of the seven had grown up anywhere within Southern borders. The other five had moved there, all in adulthood. It’s hard to learn our brand of storytelling past the age of 12. With respect to their talents and craft, these people aren’t Southern writers. They are, instead, people who write about the South.

Take Terry Kay of rural Georgia, for instance. One of his earlier books, To Dance With the White Dog, is still considered one of the most outstanding Hallmark Hall of Fame CBS presentations. It starred the husband-wife team of Jessica Tandy and Hume Cronyn and won an Emmy. Terry, a true Southern gentleman, is one of the South’s modern literary authors. Only someone who lived it as a small child could have written so effectively and movingly of the moment that electricity first sparked in a country community: The Year The Lights Came On.

Ferrol Sams was a stereotypical small town doctor in Fayette County, south of Atlanta, carrying a black satchel and making house calls when he first put pen to paper and delivered memorable, powerful characters while North Carolina’s Clyde Edgerton crafts authentic dialogue and humor in works such as Walking Across Egypt (one of my favorites).

“Memory believes before knowing remembers,” opined Mississippi’s William Faulkner.

Yes and therein lies the secret: Memory of childhood, of place, of characters and dialogue create true Southern writers. Much more than knowing does.

Ronda Rich is the best-selling author of Let Me Tell You Something. Visit [www.rondarich.com](http://www.rondarich.com) and sign up for her free weekly newsletter.

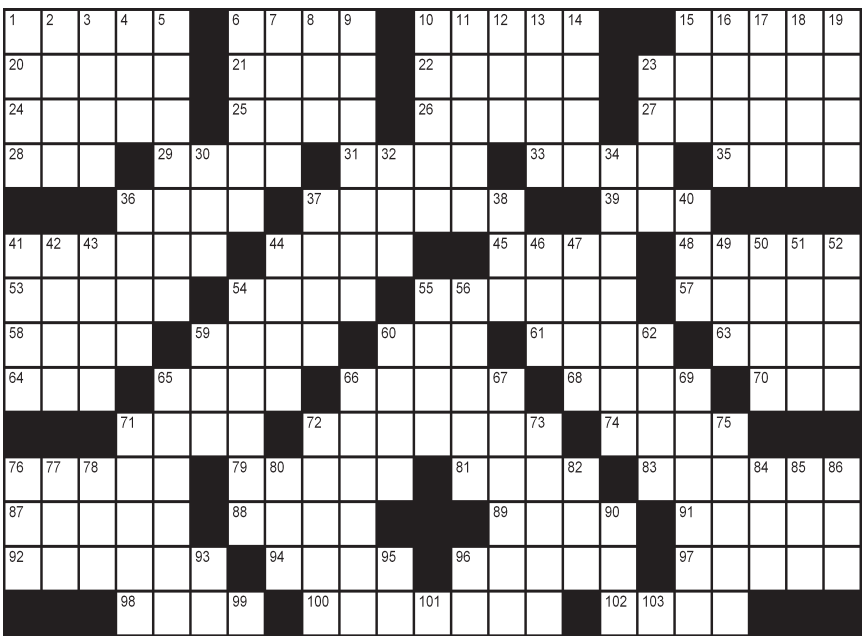


RONDA RICH

## SUNDAY PUZZLER

### ACROSS

- 1 Hoosegow
- 6 Loud sound
- 10 Jack in a nursery rhyme
- 15 Seedlike body
- 20 Refuge
- 21 Bind
- 22 Pester in fun
- 23 Thwarted
- 24 Muse of poetry
- 25 Repeat
- 26 Moving around
- 27 Give consent
- 28 Aficionado
- 29 Feeble
- 31 “— of Eden”
- 33 The U.S. (Abbr.)
- 35 Old Greek contest
- 36 God of thunder
- 37 TV reporter
- 39 Kitten’s cry
- 41 Customer
- 44 Cheese variety
- 45 Bone (Prefix)
- 48 Plant pest
- 53 Pointer shape
- 54 Wheedle
- 55 Bitterness
- 57 Napped leather
- 58 Scan
- 59 Sepulcher
- 60 Lend an —
- 61 Type style (Abbr.)
- 63 Cultivate
- 64 11th letter
- 65 Anesthetized
- 66 Be suitable for
- 68 Margarine
- 70 Isle of —
- 71 Regular solid
- 72 Mitty and Matthau
- 74 Challenge
- 76 Until now
- 79 The nonclergy
- 81 Roosts
- 83 Kind of fight
- 87 Not hidden
- 88 Asian tent
- 89 Couple
- 91 Steer
- 92 Written or spoken language
- 94 Hold
- 96 Slab
- 97 Did sums
- 98 Using speech
- 100 Wrote a preliminary version
- 102 Rage
- 104 Simian
- 107 God of love
- 109 Short-tailed weasel
- 110 Monkey
- 111 Cul-de —
- 114 Touched
- 116 Body of liquid
- 118 Male swan
- 119 Road division
- 120 Gangster’s girl
- 121 Fanatical
- 123 Chess game piece
- 125 Ulna, e.g.
- 126 Terre —
- 127 Giraffe relative
- 128 Pointed arch
- 129 Hit
- 130 Mild
- 131 Wildebeest
- 133 Fastened a certain way
- 136 Objective
- 137 Strikebreaker
- 141 The Beehive State
- 144 Profit
- 145 Opening
- 146 Clairvoyance (Abbr.)

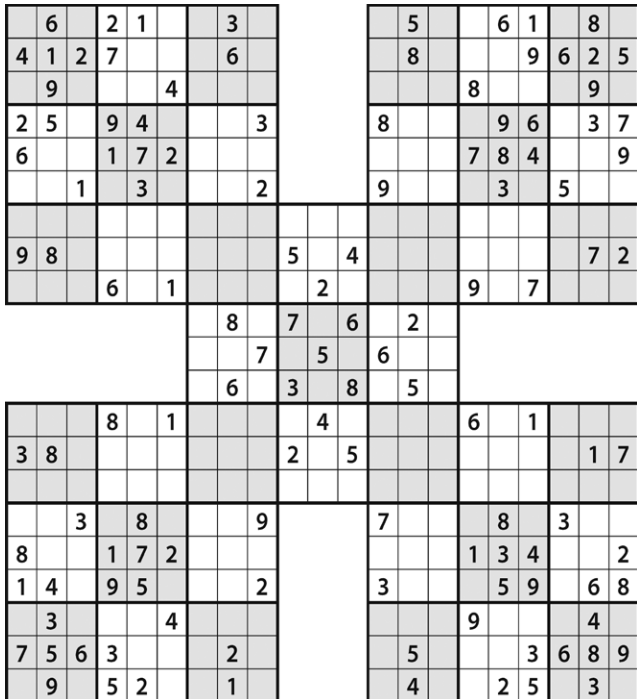


- 149 Rang
  - 151 Kind of panel
  - 153 Lunchtime destination
  - 155 A Marx
  - 157 Motor
  - 158 List of candidates
  - 159 Mild oath
  - 160 Howe the inventor
  - 161 Wherewithal
  - 162 Used a keyboard
  - 163 City on the Tiber
  - 164 Pearly stuff
- DOWN**
- 1 Kitchen VIP
  - 2 Pasternak character
  - 3 Tsar’s name
  - 4 Seine
  - 5 Expertise (Hyph.)
  - 6 Loud and —
  - 7 Be without
  - 8 Powdery residue
  - 9 Legendary bird
  - 10 Hoard
  - 11 Sauce of basil and garlic
  - 12 Rodent
  - 13 — Minor
  - 14 Period
  - 15 Cousin to an org.
  - 16 Type size
  - 17 Common Russian name
  - 18 Change the decor
  - 19 Paradise
  - 23 Get along
  - 30 Long, long time
  - 32 Expert
  - 34 — City of Oz
  - 36 Walked (on)
  - 37 Bedouin

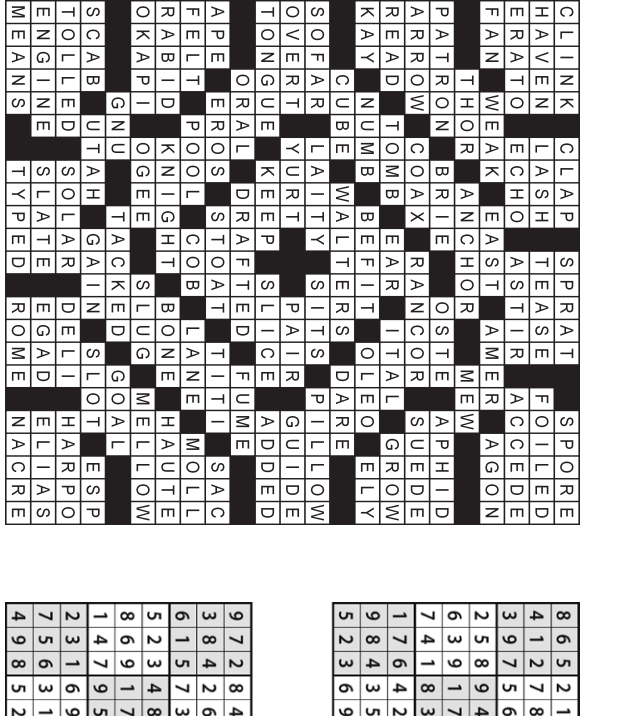
- 38 Howard or Perlman
- 40 Existed
- 41 Verdant place
- 42 Length times width
- 43 Salver
- 44 Fail utterly
- 46 — -fi
- 47 Dorothy’s dog
- 49 Small dog
- 50 To this place
- 51 Graven image
- 52 Moist
- 54 Attractive
- 55 Floating platform
- 56 A star sign
- 59 Old boat
- 60 Wriggling
- 62 Spring
- 65 Help to develop
- 66 Beats
- 67 One of three
- 69 Paper-folding art
- 71 Freight
- 72 Really tense
- 73 Serious
- 75 Get away from
- 76 Drunkard
- 77 Ab —
- 78 Swamp
- 80 Black-and-white bird
- 82 — passim
- 84 Cover
- 85 Pindaric
- 86 Get hitched
- 90 Make more precise
- 93 Lawman Wyatt —
- 95 Mend
- 96 Attempt
- 99 Sentinel

- 101 Length measure
- 103 Western Indian
- 104 Frizzy hairdo
- 105 Summit
- 106 Place of exile
- 108 Ditty
- 111 Sharp taste
- 111 Person
- 112 Palo —
- 113 Ball of yarn
- 115 Gratitude
- 117 Tall tale
- 119 Raucous
- 120 Place for shoppers
- 122 Excavate
- 124 Understand
- 125 Kitchen appliance
- 126 Irreligious one
- 129 Schuss
- 130 Farm sound
- 132 Unclothed
- 134 Playing marble
- 135 Was concerned
- 136 Go effortlessly
- 137 Stalk
- 138 Strobile
- 139 Marine plant
- 140 Buckwheat pancake
- 142 Helper (Abbr.)
- 143 Sanctified
- 145 Criticize
- 146 — the Red
- 147 Box
- 148 Affectation
- 150 Print measures
- 152 Once around a track
- 154 — ideal
- 156 Wing

## SUDOKU: High Fives



## PUZZLE SOLUTIONS





# Agape Community Event Center opens in Douglasville

SUBMITTED

Agape Community Event Center, LLC owners, Catherine and Carl Jenkins, staff, and Chamber representatives celebrated their grand opening by holding a DC Chamber Ribbon Cutting on May 23. Agape Community Center is a Christian owned and operated business existing to provide a place for citizens of Douglasville to host events such as weddings, family gatherings, youth educational programs, corporate meetings and more. They are located at 8127 Dallas Highway in Douglasville.

Agape Community Event Center offers various professional services such as event planning, decorating, and catering. They also offer innovative technology with capabilities for power point presentations, including wifi and surround sound for non-stop play of music. Their goal is to provide excellent customer service at an affordable price in an elegant atmosphere. They strive for customers to enjoy creating happy, lasting memories with their family and friends at their facility.

Chamber President and CEO, Sara Ray, congratulated Catherine and Carl, “We are thrilled to celebrate your new event space! Thank you for choosing to locate your business in Douglasville and we look forward to supporting and promoting Agape Community Event Center for many years to come.”

For more information about Agape Community Event Center, LLC, contact their office at 404-831-9471.



DC Chamber/Special

Agape Community Event Center, LLC owners Catherine and Carl Jenkins, staff and Chamber representatives celebrated their grand opening by holding a DC Chamber ribbon-cutting on May 23. Agape Community Center is a Christian owned and operated business existing to provide a place for citizens of Douglasville to host events such as weddings, family gatherings, youth educational programs, corporate meetings and more. It's at 8127 Dallas Highway in Douglasville.

## Big winners in annual Douglas County Chamber Raffle

SUBMITTED

The Douglas County Chamber is pleased to announce the winner of the 2019 Douglas County Chamber Raffle. A total of 350 tickets were sold by the Chamber Board of Directors. The raffle drawing was held at the Douglas UnitE3 Business After Hours sponsored by Pioneer Land Group at The Centre at Arbor Connection on May 30.

The evening was full of anticipation and excitement as each ticket was drawn. The winner of the first ticket drawn for the \$100 prize was Howard Ray. The \$500 prizes

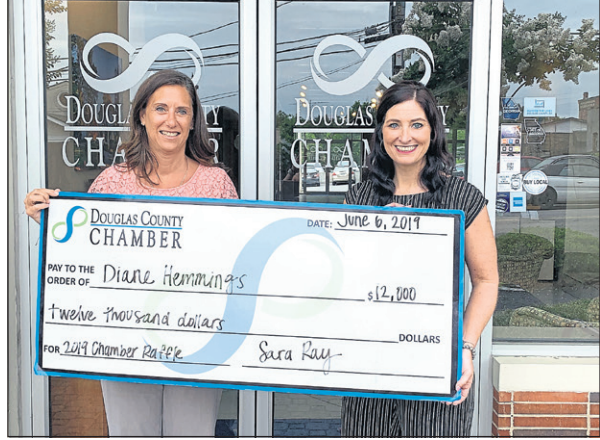
for every 50th ticket drawn were awarded to Heather Shirley, Sharlene Bradberry, Sue Caldera, Hugh Mitchell, and Scott Evans. For the first time in Chamber raffle history, the final two tickets belonged to one person. The grand prize winner of \$12,000 was awarded to Diane Hemmings.

Chamber President and CEO, Sara Ray, commented, “The Chamber is grateful for the amazing Board of Directors we have and for the hard work they put forth to help make this year’s raffle a success. I would personally like to extend my gratitude to all of the individuals who

purchased a ticket – we would not be the Chamber we are today without your support.”

The Chamber Raffle supports multiple community initiatives and programs for members such as training seminars, the Buy Local Program, and more. The mission of the Douglas County Chamber is to support, promote and attract business for the advancement of our community. The Chamber currently serves over 600 member businesses.

For more information, please contact the Chamber at 770-942-5022 or visit the website at [www.douglascountygeorgia.com](http://www.douglascountygeorgia.com).



DC Chamber/Special

Diane Hemmings won the \$12,000 grand prize at the 2019 Douglas County Chamber Raffle. Hemmings, left, is pictured with Chamber President and CEO Sara Ray.

## SEWELL

FROM PAGE B1

In short, “Yesterday” is fun, but ultimately disappointing because it’s trying to be two separate movies at the same time. As incredible as the central premise is, it ends up destabilizing a much more intimate and poignant story, preventing the narrative from answering the most compelling questions it poses.

(Rated PG-13 for suggestive content and language.)  
**Grade:** B-

### BLU-RAY REVIEW: ‘CINDERELLA’ (SIGNATURE COLLECTION)

“Cinderella,” one of Disney’s most iconic films, will be 70 next year, so the studio is celebrating by adding it to the Walt Disney Signature Collection. It hit shelves earlier in the week with a couple of new extras, but this release is mostly just a repackaging of the previous Blu-ray. Still, if you don’t already have a previous version, the latest is a worthy purchase for the historical significance alone.

Even those who’ve somehow never seen “Cinderella” probably

know this version of the story, whether they realize it or not. The earlier interpretations of the fairy tale were much darker, plus Disney’s team of writers invented many of the elements that many people assume have been a part of the narrative all along.

Interestingly, while the hand-drawn animation is gorgeous — as is this Blu-ray transfer — and a welcome look back at a time before CGI, this film helps prove how much viewers’ expectations and attention spans have evolved since the mid-20th century. Although the running time is a seemingly brief 75 minutes, the leisurely pacing and bare-bones story combine to make for glacial viewing experience.

When I sat down to watch “Cinderella” with my 8-year-old daughter, she lost interest quickly. (Full disclosure: so did I. Send your angry messages to the email address below.) Part of that could be that the classic moments we remember (the Fairy Godmother, the Royal Ball, the famous songs, etc.) don’t really arrive until the halfway point. Until then, it’s all buildup and wheel-spinning; it’s a much more episodic narrative than I remember from childhood. Still, the film is unquestionably a classic due to its place in cinema history, as well as its massive influence on society since 1950.

As Diane Disney Miller (Walt’s daughter) points out in one of the bonus

features, Walt Disney Productions’ finances were significantly diminished following World War II. If “Cinderella” wasn’t a massive hit, there’s a real chance the company doesn’t become the cultural behemoth we know today.

You can draw a straight line from the film’s cash flow to the studio’s economic and

creative renaissance over the next decade, which includes the development of those beloved theme parks. There’s a reason “Cinderella” has such a prime piece of real estate in the middle of Disney World — she helped pay for it.

**Special features:** Trivia featurette; “In Walt’s Words” enhanced version


of the film; intro from Diane Disney Miller; four behind-the-scenes featurettes; “The Art of Cinderella” section; and song clips.

(Rated G.)  
**Grade:** B-  
**Email:** [joshsewell81@gmail.com](mailto:joshsewell81@gmail.com)

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## Happy Independence Day

Wishing you and your family a safe and festive July 4th holiday.





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## MISS YOUR HOBBY LOBBY ADVERTISEMENT AND COUPON?

You probably noticed that your local Hobby Lobby advertisement and 40% off coupon was missing from this weeks edition of the Douglas County Sentinel. Hobby Lobby has decided to pull their ad to see if you are still interested in receiving their weekly ad and coupon.

## HURRY, CALL TODAY!

If you look forward to receiving this valuable sales advertisement every week, go to Hobby Lobby online, [hobbylobby.com/customer-service/contact-us](http://hobbylobby.com/customer-service/contact-us), and email your request to keep this ad in the newspaper and call the corporate office, 1-800-888-0321 and call the local Douglasville store @ 770-577-9119 before you lose it forever.

Call every week until  
you see it back in  
Douglas County Sentinel!  
**CALL TODAY!**



# Couple's future is clouded by question of having kids

Dear Abby: I'm a 19-year-old girl who's been with my boyfriend for two years. We are a wonderful match and love each other very much. There's just one flaw in our relationship that I hold lots of guilt over. From the beginning, we have both known he would like to



JEANNE PHILLIPS  
DEAR ABBY

have kids, and I have always known that I do not. I don't want biological children, and I have no desire to adopt. I'm not maternal.

My boyfriend and I had a deep conversation about it a while back when we realized there could actually be a future between us. He said he is willing

to put aside his desire for kids so he can have a future with me. I feel guilty that I'm not the ideal woman for him. Should I break it off so he can find someone who wants children, or should I trust in his statement that his life really will be fulfilled with only me and no children? — Guilty in California

**Dear Guilty: Not wanting children is**

**nothing to feel guilty about. Many women feel as you do about the lifetime responsibilities of becoming a mother. I do think you would be wise to have several more "deep" conversations with your boyfriend to make sure he fully understands how serious you are on this subject and what marriage to you will mean. In addition,**

**premarital counseling could be helpful to ensure you both are on the same page about other issues that might crop up.**

Dear Abby is written by Abigail Van Buren, also known as Jeanne Phillips, and was founded by her mother, Pauline Phillips. Contact Dear Abby at [www.DearAbby.com](http://www.DearAbby.com) or P.O. Box 69440, Los Angeles, CA 90069.

## PRODUCE

FROM PAGE B1

do also offer many specialty items and unique products, they might fall into the category of splurges or special treats. But there are a vast majority of the fruits, vegetables, herbs, and berries that are comparable or cheaper at the farmer's

markets, especially with organics products.

A number of roadside stands also sell local produce. For example, in the Winston area, Chris Wal-drop has two stands—one on Post Road and another on Pool Road. Prices are great, and the produce is that which was picked that same day. On a recent trip, tomatoes, peppers, squash and cucumbers

were available.

Another recent Farmer's Market was held at The Farmer's Table and Sweet Shop. One of their vendors was a local farm, Little Fox Farm, located on Highway 166. Not only do they offer fresh produce, but they also offer cut flowers for sale.

Participation by growers at farmers' markets depends on

several factors, including a market's popularity, location, and management. Customer participation depends primarily on a market's site since most customers tend to shop at markets close to where they live. Market success can depend on how attuned the farmer market managers are to customers' demands and farmers' interests,

and on how well they can satisfy these needs. Ultimately, markets that attract and retain vendors and shoppers are those that meet the needs of both. Have you visited your local farmers market today? Try to go this week and feel proud that you have helped your local community.

Denine Rogers is a UGA Douglas Coun-

ty Master Gardener Extension Volunteer. Additional information/publications on gardening can be found at the University of Georgia's Extension website, <http://extension.uga.edu/>. In addition, the local UGA Douglas County Extension office is available to assist. [uge2097@uga.edu](mailto:uge2097@uga.edu) or 770-920-7224.

## CAST

FROM PAGE B1

Diner in Austell on Sunday, July 28. Note that this Sunday show will begin at 7 p.m. and the doors will open at 6:30 p.m.

All tickets are \$36 plus sales tax and include dinner, non-alcoholic drinks, dessert, gratuities and the show. The bar will be available for adult beverages. Tickets can be purchased on line at [www.castplays.com](http://www.castplays.com), by calling the CAST box office at 770-646-8031 or at the respective restaurants.

CAST is a local theater group looking to contribute to the community by providing entertainment as well as a means for talented people to express themselves. CAST is an affiliate of the Cultural



CAST/Special

"B-I-N-G-O Spells Murder" will feature CAST regulars Cyndi Crawford, Tara Bridges, Corissa Gaulin, Carolyn Clark, Bryant Deal and, returning for his second full-length show, Michael Warrick.

Arts Center of Douglasville/Douglas County and is a 501(c)3 corporation, donating a portion of proceeds from each show

to a local charity. More information may be found at [www.castplays.com](http://www.castplays.com) and on Facebook and Instagram @castplays.

JOIN US FOR OUR SATURDAY'S IN JULY  
**FUNDRAISER!**

BARBECUE PLATES FOR  
**\$5**  
DONATION!

**JULY 6TH, 20TH, & 27TH**  
**10AM-3PM**

All Proceeds will be used to help needy families in our Community pay for their loved one's burial plots.  
**PLEASE HELP!**

**Paparazzi Jewelry JUST \$5! Philadelphia Water Ice!**

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11261 Veterans Memorial Hwy, Douglasville, GA 30134 • 770-942-5451

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FAMILY CONCERT VENUE

1031 ALABAMA AVENUE, BREMEN, GA 770.537.6455 [WWW.MILLTOWNMUSICHALL.COM](http://WWW.MILLTOWNMUSICHALL.COM)

**WHERE THE STARS SHINE BRIGHT ON A GEORGIA NIGHT**

**The Collingsworth Family**

**Saturday, June 29th, 2019**  
**Time: 7:30 pm**  
**Cost: \$30/\$25**

**Neal McCoy**

**Friday, July 19th, 2019**  
**Time: 7:30 pm**  
**Cost: \$43/\$38**

FOR MORE INFORMATION, PLEASE CONTACT OUR BOX OFFICE AT **770.537.MILL (6455).**

THANK YOU TO OUR GREAT SPONSORS!

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**central**  
BAPTIST CHURCH

**Freedom Celebration**

June 30th, 2019 One Service - 9:30a

5811 Central Church Road Douglasville, GA 30135

**VBS**

Register online:  
[www.cbcdouglasville.com](http://www.cbcdouglasville.com)

**KICK OFF SUNDAY WITH FAMILY NIGHT**  
**JULY 14TH @ 4PM**

**MONDAY - THURSDAY**  
**JULY 15TH - 18TH**  
**9AM - NOON**

**IN THE WILD**  
AMAZING ENCOUNTERS WITH JESUS JOHN 20:31