

TIMETABLE



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
MORNING CLASSES						
	6:15 - 7:00 ATHLETIC	6:15 - 7:00 LIMITLESS	6:15 - 7:00 SHRED	6:15 - 7:00 LIMITLESS	6:15 - 7:00 R.I.P.E.D	
	7:00 - 7:45 ATHLETIC	7:00 - 7:45 LIMITLESS	7:00 - 7:45 SHRED	7:00 - 7:45 LIMITLESS	7:00 - 7:45 FIGHT KLUB	
						8:00 - 8:45 LIMITLESS
LUNCH CLASSES						8:45 - 9:30 FIGHT KLUB
	12:00 - 12:30 ATHLETIC	12:00 - 12:30 LIMITLESS	12:00 - 12:30 SHRED	12:00 - 12:30 R.I.P.E.D.		
	12:30 - 01:00 ATHLETIC	12:30 - 01:00 LIMITLESS	12:30 - 01:00 SHRED	12:30 - 01:00 R.I.P.E.D.		
EVENING CLASSES						
	5:45 - 6:30 SHRED	5:45 - 6:30 FIGHT KLUB	5:45 - 6:30 LIMITLESS	5:45 - 6:30 R.I.P.E.D		
	6:30 - 7:15 SHRED	6:30 - 7:15 ATHLETIC	6:30 - 7:15 LIMITLESS	6:30 - 7:15 pm FIGHT KLUB		
	7:30 - 8:30 VINYASA YOGA	7:30 - 8:30 HATHA YOGA	7:30 - 8:30 VINYASA YOGA			

HIIT YOGA
BOXING & MORE