



EUROPEAN SPORT PLATFORM

4-5 OCTOBER 2019, ROME, ITALY

Conference themes

Volunteers, the everyday heroes of sport

Session #1: Volunteers – coaches, board members, officials, referees – do the majority of work in sport carrying an immense value for sport, but also for society. To raise the importance of sport, we need to understand and communicate the true impact of the voluntary-based sports movement. How can we measure the economic value of volunteering?

Session #2: Sport relies on its volunteers, but volunteering also creates value for the volunteers. However, in the past years, engaging volunteers, especially for longer periods, has become harder. What are the underlying trends and how can sports clubs attract, train and retain volunteers?

SCORE for diversity in governance

Session #3: Equal representation is one of the key principles of good governance. It's not just about values – it's about making sports better by getting input from underrepresented groups, such as women and minorities, at all levels and in all tasks. In 2014, a group of experts laid down proposals for strategic actions for gender equality in sport. The Erasmus+ funded SCORE project in 2015–2016 aimed at increasing the number of female coaches. What steps forward have been taken since then?

Healthy body - healthy mind?

Session #4: Mental health issues are some of the most common problems in today's society, burdening individuals, families, communities and health care budgets. The preventive and healing impact of sport and physical activity for mental health has received a careful, yet optimistic recognition by scientists. Sports clubs and coaches need tools in order to recognize and encounter people struggling with a mental illness and to support sports participants' mental and social wellbeing along with their physical health. What do we know about sport's potential to nurture good mental health?

In cooperation with:



Preliminary programme

Friday 4/10

Morning: arrivals

12.30–14.00 Lunch

14.00–16.00 Session #1: Volunteers, the everyday heroes of sport

16.30–18.00 Session #2: Volunteers, the everyday heroes of sport

18.00–19.30 Info and networking session on Erasmus+

20.00 Dinner

Saturday 5/10

9.00–10.30 Session #3: SCORE for diversity in governance

11.00–13.00 Session #4: Healthy body – healthy mind?

13.00–14.30 Lunch

Afternoon: departures / ENGSO internal meetings