



11 Days of Facial Plastic Surgery

6th Singapore Advanced Rhinoplasty Fresh Frozen Cadaveric Dissection Course

26 – 29 August, 2019

Auditorium / Surgical Skills Laboratory
Khoo Teck Puat Hospital, Singapore

www.SingaporeENTCourses.com.sg

Under the auspices of:



Pan Asia Academy of
Facial Plastic and
Reconstructive Surgery

Welcome Message

Dear Friends & Colleagues,

It gives me great pleasure to invite you to our 6th annual event '11 Days of Facial Plastic Surgery'. This year's edition will be held in conjunction with the ASEAN ORL-HNS Congress 2019.

The first course planned during this event is the '6th Singapore Advanced Rhinoplasty Fresh Frozen Cadaveric Dissection Course', from 26-29 August 2019. Over the last five years this very successful and well-received course has matured into a premium learning event for enthusiastic rhinoplasty surgeons keen to hone and advance their surgical skills. The course this year has been enhanced further by incorporating the feedback from both the participants and faculty from previous courses. We have incorporated a complete section on management of ethnic noses with special emphasis on intricacies of Asian rhinoplasty.

The course comprises of two days of lectures and panel discussions covering the entire range of surgical challenges encountered during rhinoplasty. Participants will learn useful tips on managing them safely, predictably and effectively. Structured panel discussions by our expert faculty will help delegates to consolidate their understanding of some of the common problems encountered during analysis, planning and execution of rhinoplasty. The delegates will learn techniques to restore both the form and function of the nose.

The next two days will be devoted to surgical dissection on highest quality fresh frozen cadaveric specimens to provide extensive hands-on training in a wide range of surgical techniques used in rhinoplasty. The surgical skills laboratory segment of the course will be limited to 13 Dissectors and 13 Assistants to allow for intimate supervision by experienced faculty. A unique feature of our course is **1:1 Dissector to Cadaveric specimen ratio**. State of the art surgical instruments will be made available to the delegates.

We are privileged to have internationally renowned Facial Plastic Surgeons Prof Peter A Adamson as the Teacher of Honour for the course. Other invited Teachers of Honour and International faculty will be announced in the next few weeks. The participants will benefit from the wealth of experience offered by our outstanding international and national faculty.

Singapore is a lively city with many historical and modern architectural landmarks. It is a paradise for foodies and offers an abundance of experiences that will help you to have a memorable and enjoyable visit. Travel to Singapore is easy as it is well connected to major airports in the world.

We look forward to seeing you at '11 Days of Facial Plastic Surgery 2019'.



Course Chairman

Dr Sandeep Uppal PhD, FRCS (ORL-HNS)

Adj. Asst. Prof in Otolaryngology,
National University of Singapore
Senior Consultant Otolaryngologist
Trained in Facial Plastic Surgery,
Khoo Teck Puat Hospital

Programme at a Glance

Day 1 & 2 Lectures & Panel Discussions

- » Contemporary Concept of Facial and Nasal Aesthetics
- » Surgical Anatomy of the Nose
- » Rhinoplasty: Preoperative Assessment
- » Perioperative Care of Rhinoplasty Patients
- » The Chin in Rhinoplasty
- » Cartilage Grafting in Rhinoplasty
- » Alloplastic Nasal Implants: When and Why?
- » Primary Rhinoplasty: Technical Pearls
- » Osteotomy: Principles, Techniques, Avoiding Complications
- » Nasal Hump Reduction
- » Management of Saddle Nose
- » Management of Crooked Nose
- » Middle Vault in Rhinoplasty
- » Management of Broad Nose
- » Tripod Principle for Nasal Tip Surgery
- » Suturing Techniques for Tip Modification
- » The Over Projected Tip: Analysis and Management
- » The Under Projected Tip: Analysis and Management
- » Customizing Rhinoplasty According to Skin Thickness
- » The Ptotic Tip
- » Over Rotated Tip
- » The Boxy Tip
- » Saddle Nose
- » Tension Nose
- » Managing Altered Alar Columellar Relationship
- » Alar Base Refinement
- » Short Nose: A Surgical Challenge
- » The Oriental Nose: Special Considerations
- » Rhinoplasty in Indian Patients
- » Rhinoplasty in Middle Eastern Patients
- » Complexities of Revision Rhinoplasty
- » Dorsal And Caudal Septal Deviation
- » Panel Discussion: Challenges in Tip Refinement
- » Panel Discussion: Secondary Rhinoplasty: Challenges and Pitfalls

Day 3 & 4 Fresh Frozen Cadaveric Dissection

- » Conchal and Rib Cartilage Harvest
- » Delivery Approach
- » Endonasal Approach to the Nasal Dorsum
- » Silicone Nasal Implant
- » Silicone Chin Implant
- » External Approach: Raising the Skin and Soft Tissue Envelope
- » Dorsal Approach to Septum and Septal Cartilage Harvest
- » Component Hump Resection and Septal Cartilage Harvest
- » Spreader Flaps and Spreader/Extended Spreader Grafts
- » Septal Extension Graft and Columellar Strut
- » Suture Techniques for Tip Refinement
- » Cartilage Grafts to the Nasal Tip
- » Lateral Crural Strut, Butterfly, Baton, Articulated Rim and Rim Grafts
- » Lateral Crural Flip Over Graft
- » Dorsal Augmentation with Rib Graft/Diced Cartilage Fascia Graft
- » Medial Oblique, Intermediate, Lateral and Transverse Osteotomies
- » Silicone Chin Implant
- » Dorsal Augmentation with Diced Cartilage

Teachers of Honour



Prof Peter A. Adamson
University of Toronto
Canada



Prof Yong-Ju Jang
Asan Medical Center,
University of Ulsan
College of Medicine
South Korea



Prof Hesham Saleh
Charing Cross Hospital
United Kingdom



Prof Ozcan Cakmak
FACEISTANBUL
Turkey



Prof Ji-Yun Choi
School of Medicine,
Chosun University
South Korea



Prof Gordon Soo
The ENTific® Centre
Hong Kong



Dr Eduardo Yap
Belo Medical Group
Philippines



Dr Cesar Villafuerte
Veterans Memorial
Medical Center
Philippines



Prof Ria Trimartani
Dr. Cipto Mangunkusumo
Hospital, University
of Indonesia
Indonesia



**Dr Cholahdis
Sinrachatanant**
Teerapon Clinic
Thailand



**Prof Joseph Amado
Jay Galvez**
Galvez Clinic
Philippines



Prof Chih-wen Twu
Taichung Veterans
General Hospital
Taiwan



Prof Steve Kao
Tri-Service General
Hospital, National
Defense Medical Center
Taiwan

To register,
visit www.SingaporeENTCourses.com.sg
Deadline for Early Registration: 31 May 2019

Registration Fees

Workshop Categories	Time Frame	Early Registration	Normal Registration
		On or before 31 May 2019	After 31 May 2019
Hands-on Dissector	Limited to 13 slots only!	SGD 3,825	SGD 4,325
Hands-on Assistant	Limited to 13 slots only!	SGD 2,250	SGD 2,750
Observer with Lab Access (non-assisting)	Limited to 13 slots only!	SGD 1,600	SGD 1,900
Observer without Lab Access (Will be able to attend Lectures and see Cadaveric Dissection through live feed)			
• Doctor		SGD 900	SGD 1,100
• Nurse		SGD 400	SGD 500

- » Due to limited places available, registration will only be confirmed upon receipt of full payment, on a first-come, first-served basis.
- » Members of EAFPS and PAAFPMS will receive an exclusive discount of 15% off the registration fee. Proof of membership is required. EAFPS and PAAFPMS members will not be entitled to further discount for attending more than one course.
- » Participants attending 2 courses in one category will receive a 5% discount of the registration fee.
- » Registration fee is inclusive of GST.
- » Workshop observers without lab access will be able to attend lectures and observe the cadaveric dissection through video link.
- » Nurses are required to provide a copy of their Professional Nursing Certificate.

Contact Details

Mailing Address:

6th Singapore Advanced Rhinoplasty
Fresh Frozen Cadaveric Dissection Course Secretariat
c/o Barak Conference Consultants Pte Ltd,
10 Anson Rd #27-15 International Plaza, Singapore 079903

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Fax: (65) 6563 1602

Email: SingaporeENTCourses@barakpco.com

11 Days of Facial Plastic Surgery

5th Singapore Facial Rejuvenation Surgery Fresh Frozen Cadaveric Dissection Course

30 August – 1 September, 2019

Auditorium / Surgical Skills Laboratory
Khoo Teck Puat Hospital, Singapore

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Dear Friends & Colleagues,

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The second course during this event will be the '5th Singapore Facial Rejuvenation Surgery Fresh Frozen Cadaveric Dissection Course'. The course comprises of one day of lectures and 2 days of dissection on high quality fresh frozen cadaveric specimens. The course will provide extensive hands-on training in a wide range of surgical techniques used to rejuvenate the aging face and enhance facial beauty. Practical tips by our expert faculty will help delegates to enhance their skills in pre-operative assessment, planning, surgical techniques and post-operative care of the aesthetic patients. The laboratory portion of the course will be limited to 26 Dissectors to allow for close supervision by our experienced faculty. Participants in the previous courses have greatly appreciated the ample time available for dissection. All surgical instruments and implants will be made available to the delegates.

We are privileged to have internationally renowned Facial Plastic Surgeons Prof Peter A Adamson as the Teacher of Honour for the course. Other invited Teachers of Honour and International faculty will be announced in the next few weeks. The participants will also benefit from the wealth of experience offered by our outstanding regional and national multidisciplinary faculty belonging to the field of Otolaryngology, Ophthalmology and Maxillofacial Surgery.

Singapore is a vibrant city with many historical and contemporary architectural landmarks. Singapore is a popular tourist destination that offers richness and variety of experiences that will help you to have a memorable stay in this garden city. Travel to Singapore is easy as it is well connected to major airports in the world.

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Adj. Asst. Prof in Otolaryngology,
National University of Singapore
Senior Consultant Otolaryngologist
Trained in Facial Plastic Surgery,
Khoo Teck Puat Hospital

Programme at a Glance

Day 1 Lectures

- » Contemporary Concepts of Facial Beauty
- » Surgical Anatomy: Forehead and Brow
- » Surgical Anatomy: Eye and Periorbital Area
- » Anatomy of Midface, SMAS, Lower Face and Neck
- » From Youth to Old Age: What Changes with Facial Aging?
- » Anatomical Considerations in Face Lifting
- » Rhytidectomy: Lifting the Lower Face and Neck
- » Volume Restoration in Facial Rejuvenation
- » Botox in Facial Rejuvenation
- » Open Techniques for Brow Lift
- » Endoscopic Brow Lift
- » Midface Lifting
- » MACS Lift
- » SMAS Plication, Imbrication
- » Deep Plane Face Lift
- » Facelift: Surgical Tips, Limitations and Complications
- » Management of the Aging and Heavy Neck
- » Upper Lid Blepharoplasty
- » Asian Blepharoplasty
- » Lower Lid Blepharoplasty
- » Complications of Blepharoplasty and Their Prevention
- » Epicanthoplasty
- » Ptosis Surgery
- » Aesthetic Pinnaplasty



Day 2 & 3 Fresh Frozen Cadaveric Dissection

- » Suture Double Eyelid Creation
- » Short Scar Double Eyelid Creation
- » Upper Eyelid Blepharoplasty
- » Fat Preservation Transconjunctival Lower Blepharoplasty
- » Fat Excision Subciliary Approach Lower Blepharoplasty
- » Endoscopic Brow and Midface Lift (If instruments are available)
- » Temporal Lift, Direct Brow Lift
- » Trichophytic Brow Lift
- » MACS Lift
- » SMAS Plication, Imbrication, Deep Plane Facelift
- » Platysmaplasty
- » Pinnaplasty
- » Genioplasty
- » Malar Augmentation with Silicone Implant

Teachers of Honour



Prof Peter A. Adamson
University of Toronto
Canada



Prof Hesham Saleh
Charing Cross Hospital
United Kingdom



Prof Ozcan Cakmak
FACEISTANBUL
Turkey



Prof Ji-Yun Choi
School of Medicine,
Chosun University
South Korea



Prof Jae-Woo Jang
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Prof Gordon Soo
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Dr Cesar Villafuerte
Veterans Memorial
Medical Center
Philippines



Prof Ria Trimartani
Dr. Cipto Mangunkusumo
Hospital, University
of Indonesia
Indonesia



**Prof Joseph Amado
Jay Galvez**
Galvez Clinic
Philippines



Prof Chih-wen Twu
Taichung Veterans
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Prof Steve Kao
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Taiwan



Dr Anjana Haridas
Spire Healthcare
United Kingdom

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Contact Details

Mailing Address:

5th Singapore Facial Rejuvenation Surgery
Fresh Frozen Cadaveric Dissection Course Secretariat
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