



SHARK BITE

PRE SEASON
NEWSLETTER 2018



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WELCOME BACK

Congratulations to our A Grade on taking out the Division 2 2017 Premiership!

Athelstone: 6.9.45 Henley: 9.9.63

	Q1	Q2	Q3	Q4
Athelstone	3.3-21	4.5-29	6.7-43	6.9-45
Henley	1.2-8	5.5-35	6.7-43	9.9-63

Goal Kickers: J. Hyland 2, D. Longman, J. Stewart, T. Broadbent, M. Gautesen, J. Johncock, D. Redden, J. Enright

Best Players: M. Gautesen, J. Enright, J. Johncock, M. Goldner, D. Longman, J. Hyland



Congratulations to our C Grade on taking out the Schweppes C2 Division Premiership!

Old Ignatians: 3.5.23 Henley: 9.8.62

	Q1	Q2	Q3	Q4
Henley	1.3-9	3.6-24	6.7-43	9.8-62
Old Ignatians	0.2-2	1.3-9	2.4-16	3.5-23

Goal Kickers: L. Wilksch 2, J. Chapman 2, M. Pierson 2, D. Wilksch, B. Graham, B. Galletti

Best Players: C. Haddock, J. Butler, B. Graham, G. Ashton, T. Reichstein.



OUR COACHES FOR 2018

A GRADE - Jarrad 'Pretzel' Parker (0418 847 640) Assisted by **Ryan Sampson** and **Iszac Thompson**.

B GRADE - Sam Heeps (0433 299 407) Assisted by **George Charalabidis**.

C GRADE - Chris Brown (0402 335 196) Assisted by **Tristan Kouwenhoven**.

UNDER 18 BOYS - Kyle 'Slip' Nicol (0437 666 896).

NEW UNDER 18 GIRLS - Karl Dobner (0411 488 148).

SHARKS C7 - Currently seeking a coach and an appointment will hopefully be made shortly.

A MESSAGE FROM THE CHAIRMAN

The 2018 season is nearly upon us. Rod Hill and George Charalabidis have been working hard recruiting since last year, players and coaches have been at it since early November and everyone is keen to get started. Our new Football Director Chris Brown has been fantastic in his commitment to the club. Chris has overseen the renovation of the change rooms, establishment of the new gym (funded entirely by senior players, coaches and volunteer workers), running the football department and many other things beyond the scope of his job description.

We will be having a season launch during the day on Saturday April 7th at the club, which will be a great opportunity for members and supporters to meet some of the new players, chat to some of our loyal regular players and welcome back some old favourites (look for more details on facebook or team app in the coming weeks). Our playing group look in great shape and we are excited about the season ahead under A grade coach Jarrad Parker and assistants Ryan Sampson and Iszac Thompson. Sam Heeps has been appointed as the new B grade coach and it is a pleasure to welcome Sam to the Sharks. Sam is the son of a Henley gun, Paul Heeps. Paul was a member of the 1973 and 1983 premierships teams and won a Hone medal which is the Brownlow of the amateur league. I expect we will see Paul out supporting his son after returning from Queensland this year. Brownny will coach the C grade again, we will have a new C7 coach, the over 35's are raring to go again, Slippery Nicol is coaching the Under 18 boys and Karl Dobner is coaching the new Under 18 girls team. We are excited about the prospect of building to a senior women's team next year to create a pathway for our junior girls.

The Junior program has been extremely successful for a long time and Henley is benefiting throughout the senior ranks. We obviously want players to reach their maximum potential and we celebrate our juniors reaching AFL and SANFL ranks, but we are privileged to have many players progress through junior ranks direct into seniors and we also welcome players returning to Henley at any time. We currently have 281 boys registered to play in 14 boys teams, 133 girls registered to play in 6 girls teams, Auskick will run again (85 last year) and we will have 3 under 7 minis teams (36 players last year). There will be around 550 juniors involved in the junior programs at The Sharks this year. Thank you to John Muir, the Football Director of the juniors, the junior committee, coaches and volunteers who are working really hard to develop such a large group of players and manage day to day running of the juniors. I urge parents to get involved with the club, by volunteering, supporting, making friends and enjoying your time at the Henley Football Club. I have had the pleasure of meeting good people and making many great friendships through my time at Henley as a player and parent.

I am pleased to announce that we have had tremendous support from local business and supporters who sponsor the club. In 2018 we have already had commitment from The Lockleys Hotel in their 4th year as a major sponsor. Western Sports Ortho & GP Practice are on board again in 2018 as well as Clipsal by Schneider Electric, Paul Eadon Home Loans, Ous Property, Gas Works Findon, Geddes Kitchens, Total Tools Thebarton, Captain Chicken, Cheeky Greek, Jordan Plumbing and many others still to be confirmed. I can announce that CMI Toyota West Terrace have increased their level of sponsorship this year and will be a significant contributor to the club (A Great White Shark Sponsor). Nelson Teamwear who are our new supplier of merchandise and jumpers have also come on board as a Great White Shark sponsor, donating 2 sets of jumpers and backing up with some advertising dollars. Sportspower at Glenelg are another new sponsor this year. If you are looking for boots or any sporting equipment, please support SPORTSPOWER at Glenelg and mention that you are from The Henley Sharks. Thank you to David Haskard who has been responsible for bringing the new sponsors to the club. I have been saying for years that sponsorship should be a ten person team. We have now increased our sponsorship team to 3, but still looking for more support. Thank you to the members who have been providing contacts for new sponsors and ideas for sponsorship.

The Henley Heroes are in their 5th year and have been magnificent supporters of the club. The HH committee have already been meeting to discuss events for 2018. I recommend signing up as a Henley Hero (\$50 per year) and if possible a century club member. There are quite a few benefits in being a hero including discount at some of our sponsors, regular hero days and the end of season BBQ with the announcement of the HH most valuable player.

Volunteers are the lifeblood of clubs like ours. We are looking for people to be involved in sub committees (sponsorship), assist team managers, set up on match day, match day officials, scoreboard attendants, registrar, working bee participants or simply just returning your glass to the bar. I would like to acknowledge Adam Keenan who will be the BBQ coordinator this year, Peter Lawrence (bar now open on Friday nights thanks to Peter as a volunteer), Cheryl Barnett and Jake Biddle who are volunteers on the bar management committee, the social committee, football committee and Kym Hicks and his team of trainers. Your committee is - President Paul Caica, Secretary Vanessa Spaans, Treasurer Brett Dobson, Football Director Chris Brown, Player reps Damian Rowley, Corey Gray, Corey Battersby, Over 35's Brad Smyth, Social/Newsletter Mel Edson. Thank you to Rod Hill for his ongoing support with grants and football department.

Be the person who asks "What can I do for The Henley Football Club ?", not "What can the club do for me ?".

Go the Sharks!

Michael Broadbent
Chairman

PRE SEASON REPORT BY JARRAD PARKER

A Grade Senior Coach 2018

After a bit of uncertainty around the club at the end of 2017 I was excited to accept the opportunity to be senior coach of the Henley Football Club. Building from the excellent platform that Jarrad Wright and Brent Reilly had put in place, I was able to hit the ground running and set out my vision for the club.

Since I took over at the end of November, the numbers on the track have been exceptional, particularly in the last 4 weeks where we haven't had less than 50 players on the track on any given weeknight. We have in excess of 20 players at the club that weren't part of the senior group last year which has injected a lot of enthusiasm around the place. Most pleasing is the large number of younger players on the track which shows the club is in a good position for the future. I hope to be able to introduce all of the new players to you at our season launch prior to Round 1.

As well as the new players, we also have some new coaches in the B Grade and U18's. As previously announced Sam Heeps has taken on the role of B Grade coach and Kyle Nicol has put his hand up to take on the U18's role. They have both already shown they have qualities and skills that will complement the existing coaching group.

My aim with pre-season training this year has been to add some variety, to provide players with new challenges whilst still doing the inevitable running that preseason requires. A couple of the highlights of the pre-season so far have been the group run up Mt Lofty Summit. Some of the players may suggest that my timing was a bit off as at the time they were doing some renovations which caused us to run an extra 1.4km (each way) than the normal track requires. Coupled with the fact that it was about 33 degrees that night and you've got yourself a pretty solid session. These points aside we had 32 players make the journey there and along with 4 of the coaches everyone made it to the summit. By the time we made it back to the bottom we had run 10.5km and I know I certainly felt every one of them.

The other highlight was a training day we held on the 24th February. We had 48 players attend who were divided into 4 teams. The teams were given instructions and maps and had to navigate their way to locations around West Lakes where different challenges waited for them. The challenges included a swim, building and using a raft, blindfolded tasks, football skills and some mental exercises. But the highlight for all of the teams was being put through their paces at 'Base Camp'. Once the players had pushed themselves to exhaustion in the gym and with a truck push Luke, one of the trainers at Base Camp, challenged the players mentally to work together as a team to complete tasks on the obstacle course. Again, all players really put in and a lot was taken out of the day by players and coaches alike. These days can't run smoothly without the assistance of volunteers; thanks to all the coaches, Renee for being our insurance policy which we fortunately didn't need and Vanessa and Vicki for supply the boys with lunch.

On top of the two sessions during the week, Brett Ebert has been running an optional session on Saturday mornings during the preseason. The aim of this session has been different to the weekday, whereby Brett has concentrated on building leg and core strength amongst the group. I think the regulars of this session will see the added benefits during the year.

All in all, I have been really happy with the effort and commitment shown by the whole senior group. We are coming up to our trial games which everyone involved is looking forward to. There certainly is a lot of enthusiasm amongst the group and I think all augurs well for Henley to be competitive in all senior grades this year.

Cheers
Jarrad Parker
(Pretzel)

Mount Loffy



Base Camp Training Day

NEW AND RETURNING PLAYERS FOR 2018

- **Lee Staple** - Has played close to 100 games of SANFL football including a premiership with the Eagles.
- **Brett Ebert** - Needs no introduction, his experience will be invaluable
- **Jamie Grosser** - Returns to Henley after playing at Mundulla where last year he kicked 74 goals.
- **James Lean** - Comes to us from Two Wells where he has played as a goal kicking mid. He is currently training with the crows as a part of their top up list.
- **Damien Cardone** - Has played reserves footy at the Eagles for the last few years, has chosen to come to Henley despite interest from other clubs.
- **Steven Burton** - Won the league medal in the Riverland last year. He has been invited out to pre-season with Centrals but has committed to Henley as his home club.
- **Ned Heath** - A club favourite who has returned after travelling. We look forward to his leadership.
- **Josh James** - Is a Henley Junior who has been playing A grade football at PHOS. Is a welcome addition to our backline
- **Cody Hicks** - Is a Henley player who has played in the country the last few years. Is an elite kick.
- **Christian Bock** - The Big Choy returns after a year in the country, We'll be the envy of the league having he and moose in the ruck this year.
- **Nick Thunig** - The brother of Tom has returned to us after a stint at West Adelaide.
- **Dylan Fry** - Dylan returns after a year in the country, has got the potential to play some high level football
- **Scott Berry** - A former captain of the club returns to add some experience to our squad after a few years in the country
- **Trent Kelly** - TK also returns to the club to provide valuable experience and depth to our playing list.
- **Jack Mather** - Is a SHOC first 18 player who has chosen to come out to Henley, has been very impressive so far.
- **Matt Hawkins** - Returns to the club after a stint at Flinders Park. Provides another big body for us.
- **Tom Bingham** - Has already shown he is a bloke willing to work hard and earn his spot.
- **Daniel Marinoff** - Is a terrific bloke who is showing his value around the group.
- **Jordan Kitto** - Is a former SASI Hockey player who has already shown has elite fitness.
- **Ryan Fry** – Back to the suburbs after a year in the country.
- **Matthew Tansell** - Known as 'Chisel' for his resemblance to a granite statue.

TRAINING

A'S	B'S	C'S	U18 BOYS
Tuesday & Thursday @ HFC 6PM	Tuesday & Thursday @ HFC 6PM	Tuesday & Thursday @ HFC 6PM	Wednesday & TBC @ HFC 6PM

OUR 2018 SPONSORS

The Lockleys Hotel - Western Sports Ortho & GP Practice - Clipsal by Schneider Electric
 Paul Eadon Home Loans - Ous Property - Gas Works Findon - Geddes Kitchens - Total Tools
 Thebarton - Captain Chicken - Cheeky Greek - Henley Heroes - CMI Toyota West Terrace
 Nelson Teamwear - Sports Power Glenelg - Jordan Plumbing

MORE TO BE CONFIRMED



LOCKLEYS HOTEL

Present your Henley Membership card, Henley Heroes card or Henley Junior Membership card to receive 20% off your meal purchase from

1st April 2018 – 30th September 2018 on Monday – Thursday nights.

****There is a maximum of 3 membership cards per party and the discount is for the member's meal only****

Thirsty Camel Bottle Shop @ The Lockleys Hotel

When a member makes a purchase at the Thirsty Camel Drive Thru, it can be added to the Henley Sharks Thirsty Camel Card.

Please let staff know that you want your purchase to count towards the Henley Sharks account.

PLAYER REGISTRATIONS

Players NEED to register ASAP if they have not done so already!

No payment is required at this stage but ensure your details, especially your email address, are correct to ensure you receive future communications.

Go to this following link to register.

<http://www.adelaidefootball.com.au/registrations/>

PLAYER FEES/SPONSOR INFORMATION

With high costs to facilitate each player in each and every match, the club needs to be strict on player match day fees. To play senior footy at HFC in 2018, payments in full must be made each match or if arranged, paid within the following 2 weeks.

No pay no play if you have not paid your match payments.

If you are interested in sponsoring a player, please see *Michael Broadbent* for payment and benefit information.

Players, have a think about who you could ask that might be interested in sponsoring you.

If you do find a sponsor, please send their name and contact details to Corey Battersby by email – coreybattersby123@gmail.com.

LOST PROPERTY

Please email meledson23@hotmail.com if you have any missing items.

KITCHEN & BAR

The Bar is open from 5.30pm on Friday and Saturday nights
&
Meals are available at the club on Thursday, Friday and Saturday nights.

CLUB ROOM HIRE

If you are interested in hiring our clubrooms for your next function, feel free to contact Michael Broadbent on brogs77@gmail.com or 0413 002 902.

NEWSLETTER CONTRIBUTIONS

If you wish to add something to our newsletter such as photos, upcoming events, important information, please email to meledson23@hotmail.com by THURSDAY MORNINGS.

SOCIAL MEDIA

LIKE US on **Facebook** and **FOLLOW US** on **Instagram** to keep up to date with all the latest at the Club! Don't forget to hashtag your photos related to the club with **#henleysharks** to have them appear on the website and to get them out there!



Visit the Sharks Website | Facebook | Instagram | Team App

Photo Galleries
Club History
Upcoming Events
Player of The Week
Latest News
Sponsors

DATES FOR THE DIARY



HENLEY SHARKS FC REVERSE DRAW

SATURDAY 7th APRIL

@ THE CLUB

12 – 4pm

Drink Specials & BBQ Lunch

**LIMITED TICKETS
\$50 PER TICKET**

**For tickets contact Corey Gray 0447 747 345
or Chris Brown on 0402 335 196**

Saturday 7th April

Season Launch & Reverse Draw

Rd 1: Saturday 14th April

Ladies Day & iPod Shuffle Night

Rd 4: Saturday 5th May

Miss Henley

Rd 8: Saturday 2nd June

The Ball **OR** Games Night **TO BE CONFIRMED**

Rd 10: Saturday 23rd June

The Ball **OR** Games Night **TO BE CONFIRMED**

Rd 12: Saturday 14th July

Virtual Horse Racing Night

Rd 16: Saturday 11th August

Pink Ladies Day + Live Music + Cocktail Night

HENLEY SHARKS FOOTBALL CLUB

Ladies Day
2018

AT SHARK PARK

Saturday 14th April

ROUND 1 HENLEY V: MODBURY
From 1pm
Followed by 'iPod Shuffle' Night

\$25

Inc. Drinks & Finger food ~ 1-3pm
Raffle Draw & Half Time fun
'Blossom Bay' Jewellery Stall

If you would like to book a table,
please send a message with your
name & no. of people in your
group to HFC Facebook Page.

JUNIOR NEWS

The start of season 2018 is just around the corner and we have our Junior Coaches appointed for the coming season.

Headlining some of the new appointments are former SANFL Premiership Coach **Mark Mickan** who is taking charge of the **Under 11 Boys**.

In 2018 we also welcome back two Club Coaching Stalwarts - **Steve Hall (Under 12 Boys)** and **Greg Hawke (Under 14 Boys)**.

Dates to remember

Friday 6th of April - HFC Junior Welcome Night
(Merchandise available to purchase and order)

Friday 13th of April - U12 – U16.5 Boys and Girls Guernsey Presentation night

Friday 27th of April - U8 -11 Boys and Girls Guernsey Presentation night

Season starts the weekend of **Friday 27th of April**