



SHARK BITE

NEWSLETTER 2018



V



Visit us at www.henleysharks.com.au for more info or check us out on **facebook**

ROUND 16 @ SHARK PARK

HENLEY SHARKS V TEA TREE GULLY

Today is our LAST HOME GAME for the 2018 season.

GOODLUCK and **GO SHARKS!**

LADIES 'PINK' DAY TODAY – 1PM - \$25 Entry 🌸🍷

iPod Shuffle & Cocktail night to follow - \$10 a song 🎵🍸

RIP Kevin Whibley – Condolences to Janice and family. Kevin and his wife Jan & family cleaned our Club and ran our Canteen for quite a few years in the late 70s and early 80s.

RIP Neil 'GOON' Maddigan - Passed on 8/8/18. He is a Life Member at our Club and will be sadly missed.

U18s: TOMORROW @ HOME - 3.00PM V PHOS CAMDEN

DATES FOR THE DIARY

Henley Heroes MVP Count
Sunday 23rd September

Presentation Night
Friday 5th October
Festival Function Centre

Christmas Drinks
TBA

ROUND 16 HOME MATCH SPONSOR



W E S T E R N

**SPORTS ORTHO
AND GP PRACTICE**

There are **11 Doctors** that consult and **5 Orthopaedic Surgeons** that operate and consult at

Western Hospital / Western Sports Ortho and GP Practice

Consulting hours are **8am – 6.30pm** week days and

Saturday mornings **9am – 12.30.**

There is also a pharmacy on site that not only services the Hospitals needs but is open to the general public including **Saturday Mornings.**

Their one stop shop includes **Bensons Radiology and Adelaide Pathology.**

Henley Football Club understands that the **Western Hospital** is an important part of our local community and through our supporters and sponsors have raised over \$20000 for Western Hospital over a number of years.

One of hardest working volunteers and life member **Sandy Hicks** who unfortunately passed away in 2013 worked at the Hospital and was a direct conduit to establish a relationship between The Sharks and Western.

Remembering Sandy Hicks

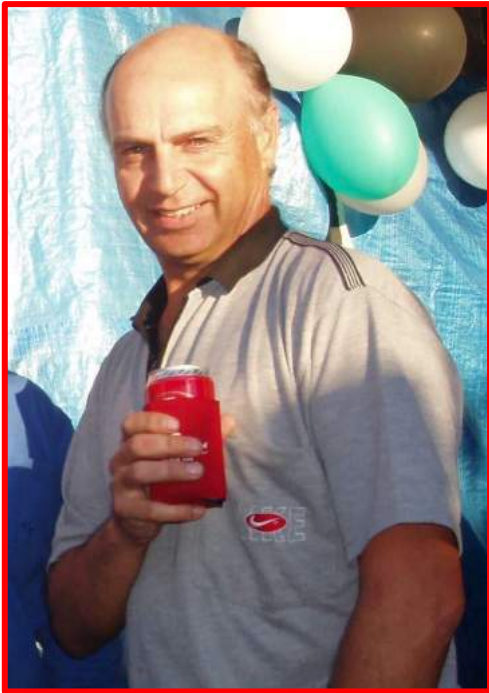
Sandy Hicks, life member of the Henley Football Club and worker at the Western Hospital for over 15 years. Sandy's name is on the *Henley Life Members* board and on an honour board in the foyer of the Western Hospital.

Sandy was the life of the party at most if not all of the Sharks social events and loved the jukebox firing on all cylinders. She was also one of the most tireless workers for the club, running the footy tips, decorating the club for functions, organiser of the Henley Ball, taking photographs for the website, making banners for major finals, getting her hands dirty at working bees, being a team manager, she was a players mother and club legends partner, amongst many other roles.

The most important thing of all is that Sandy will be remembered as a caring and wonderful friend to many people at Western Hospital and The Henley Football Club.



NEIL MADDIGAN



NEIL MADDIGAN, affectionately known as `GOON` passed away Wednesday 8th August 2018 after a lengthy stay in the RAH.

GOON served Members and friends drinks over the SHARKS Bar for many years. Neil was awarded LIFE MEMBERSHIP as a result of his dedication and service to the Club. He was a PREMIERSHIP PLAYER and FRIEND to many HENLEY people.

He came to the SHARKS from HENLEY HIGH SCHOOL being brought up living in Hobart Road Henley Beach South and attending Henley Primary School. He left school and worked at Australia Post and then worked with Past President Rod Cavenett's Removalist Business. More recently he was employed by the CLUB's MAJOR SPONSOR - THE LOCKLEYS HOTEL in the Drive through.

Goon was a LOCAL, it was often said he would not venture over Tapleys Hill Road unless going to the LOCKLEYS HOTEL!!

Neil was also a LIFE MEMBER and 3 times PREMIERSHIP player with THE GRANGE CRICKET CLUB.

GOON was also a very keen GOLFER a MEMBER for many years at the GRANGE GOLF CLUB.

He will be sadly missed by many,

Condolences to Mother ANGE, PHIL, PETER, LYNNE and extended families.

R.I.P. GOON

2018 CLUB SPONSORS

The Lockleys Hotel – Henley Heroes – Western Sports Ortho & GP Practice –
 Geddes Kitchens – CMI Toyota West Terrace – Nelson Teamwear – Paul
 Eadon Home Loans – Clipsal by Schneider Electric – Gas Works Findon –
 Symons & Clark – Henley Foodland – Ous Property – Gobles – Total Tools –
 Cole Motors Crash Repairs – Hip Pocket Workwear & Safety – Jordan
 Plumbing – DGC Joinery – Andrew Black – Paul Caica – Ramsgate Hotel –
 Epic Storage – Horsman Plumbing – Gibson Wines – Dosaqua – Fulham
 Funerals – Captain Chicken – Leading Edge – All Equipment Hire – Westside
 Bathroom Specialist – Minnow on Seaview Florist – Senturion Steel Supplies –
 Xpresso Mobile Café – Opportunity Shop Henley – Thai Orchard – Fry's Meat
 Store – Ferrari Menswear Suit Hire – Dulwich Bakery –
 Rob McKenzie Real Estate



LOCKLEYS HOTEL

Present your Henley Membership card, Henley Heroes card or Henley Junior Membership card to receive 20% off your meal purchase from

1st April 2018 – 30th September 2018 on Monday – Thursday nights.

****There is a maximum of 3 membership cards per party and the discount is for the member's meal only****

Thirsty Camel Bottle Shop @ The Lockleys Hotel

When a member makes a purchase at the Thirsty Camel Drive Thru, it can be added to the Henley Sharks Thirsty Camel Card.

Please let staff know that you want your purchase to count towards the Henley Sharks account.






PLAYER SPONSORS OF 2018







The Henley Football Club would like to thank the following individuals and businesses who have already agreed to sponsor one or more Sharks players in Season 2018. Your assistance is vital and greatly appreciated by the players. If there is anyone who would like to become involved as a player sponsor the Henley Football Club will recognise your support and promote your business with the following:

- A coloured photo of your player to display in your business
- Regular social media exposure in various forms.
- Inclusion in the SharkBite Newsletter
- An invite to the Sponsors Day

Adam CANNON <i>Mainair</i>	
Andrew MARTIN <i>South Coast Bottle And Can</i>	
Ben LODGE	<i>Teresa Davoren</i>
Brad GEDDES <i>Leading Edge Physical Therapy</i>	
Brandyn GALLETTI <i>Nova Vita Wines (Mark Kozned)</i>	
Brett DOBSON <i>The Chiropractic Works</i>	
Brett EBERT <i>Ebert Health & Fitness Members</i>	
Brodie KITTO <i>Gary J Smith Real Estate (Craig Smith)</i>	
Cain SMITH	<i>Amy Keaney</i>
Chris SCHWARZ	<i>James Salisbury</i>
Cody HICKS <i>Keyinvest Lending Services (Trevor Hicks)</i>	
Corey GRAY	<i>George Charalabidis</i>

Damian ROWLEY	<i>Paul Caica</i>
Damien CARDONE <i>Pierson Mobile Coldrooms - Andrew Pierson</i>	
Dylan FRY	<i>Teresa Davoren</i>
Harris JESSEN <i>Rob Mckenzie Real Estate</i>	
Harrison MARTIN <i>Neil Martin General Builders</i>	Neil Martin General Builder Address: 12 Clarke St, Kingston SE SA 5275 Phone: (08) 8767 2074
Harvey ETTRIDGE <i>Western Tiles - Dav Ettridge</i>	Western Tile & Mosaic Co Floor Tiles & Wall Tiles - Fulham Gardens, SA 5024 456 Grange Rd, Fulham Gardens SA 5024
Jack CALABRO <i>Calabro Transport Pty Ltd.</i>	
Jack CHAMBERS <i>Ramsgate Hotel</i>	
Jack ENRIGHT	<i>Rod Hill</i>
Jake FITZBERALD <i>Wildcat Diesel</i>	
Jackson SMITH <i>Thompson Landscaping</i>	
Jake HYLAND	<i>Lacepede Seafood</i>
James LEAN <i>JSR Plumbing And Maintenance</i>	
Jamie GROSSER	<i>Off Centre Of Knowledge</i>
Jeremy JOHNCOCK	<i>Paul Caica</i>
Joel HARVEY-FRIEL	<i>Sascha Kitto</i>
Joel METCALFE	<i>Kym Metcalfe</i>
Josh ETTRIDGE <i>Western Tiles - Dav Ettridge</i>	Western Tile & Mosaic Co Floor Tiles & Wall Tiles - Fulham Gardens, SA 5024 456 Grange Rd, Fulham Gardens SA 5024

Josh JAMES <i>James General Building</i>	
Josh Obst	<i>J Obst Electrical</i>
Josh PIERSON <i>Pierson Electrical</i>	
Kane Fry <i>Revolution Roofing Wayne Weidemann</i>	
Kevin RAISON	<i>Teresa Davoren</i>
Kyle DALIDOWICZ <i>Henley Heroes</i>	
Kyle NICOL	<i>Dave Nicol</i>
Lee STAPLE <i>Sagles Constructions</i>	
Luke GRAY <i>Bacchus Bar</i>	
Luke ILLMAN <i>Niche Kitchens (Nick Meiers)</i>	
Matt HAWKINS <i>Brian Munro Signs</i>	
Michael GAUTESON	<i>Michael Hicks</i>
Mitch GOLDNER	<i>Rod Hill</i>
Ned HEATH <i>Bacchus Bar</i>	
Peter ELFENBEIN	<i>Adam Keenan</i>
Ryan Fry <i>Janette McAskill Resource Co.</i>	
Sam DAVOREN	<i>Adam Keenan</i>

Sam FERGUSON <i>FSK Engineering Australia Pty Ltd</i>	
Scott BERRY <i>Symons And Clark Transport</i>	
Scott NEWMAN	Amy Keaney
Sean O'DWYER	Paul Hosie
Shayne HOOGMOED <i>C.H. Robinson</i>	
Thomas ELFENBEIN	Adam Keenan
Tom BINGHAM <i>Adelaide Concrete Bench Tops</i>	
Tom REICHSTEIN <i>R&W Reichstein Agencies</i>	
Tom THUNIG	Teresa Davoren
Travis LANE <i>The Cumberland Hotel, Glanville</i>	

LEADING EDGE PHYSICAL THERAPY

"I've Done My Knee" - The ACL

What is an ACL?

ACL is an acronym for the **anterior cruciate ligament** in the knee. It forms a crux ("X") with the posterior cruciate ligament (PCL) which stabilises the femur and tibia from front to back. The medial and lateral collateral ligaments (MCL & LCL, respectively) stabilise side to side motion of the knee.

Just like with other ligaments, they can sprain or tear if they are put under too much stress. A grade 1 sprain is an overstretching of a ligament, whereas a grade 2 is a partial or incomplete tear. A full tear, or a grade 3 injury, is when a ligament tears all the way through.

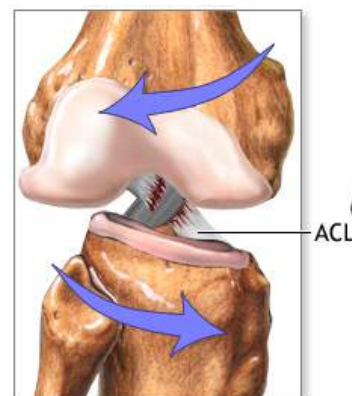


How does an ACL tear occur?

The ACL stops the tibia (shin bone) going forwards under the femur (thigh bone). When the shin begins to move too far forwards while the rest of the body stays in place, the ACL is put on stretch and can fail. When a twisting component is involved (when the femur and tibia rotate in opposite directions), the ACL will tear.

A lot of ACL injuries occur with rapid changes of direction, often without any contact from another player. A range of factors can play into the likelihood of tearing the ACL - these include gender, fatigue/weakness, previous injury, anatomical makeup of your hip, knee and foot as well as a family history.

Tears that occur as a result of an outside force hitting the knee (for example, being tackled) can often produce more severe injuries not only to the ACL, but to other structures inside the knee.



ACL injuries occur when bones of the leg twist in opposite directions under full body weight

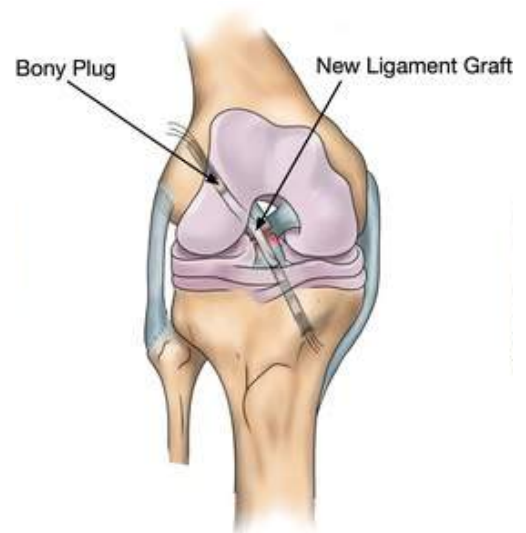
If you have injured your ACL, you will most likely notice pain, limited range of motion, instability and swelling.

What happens if I have hurt my ACL?

Depending on the grade of injury, your ACL can be managed without surgery for a grade 1-2 strain but will most likely need to be surgically repaired for a grade 3 rupture.

Surgeons will take part of a tendon from elsewhere in your body and place it within your knee to replicate the position of the old ACL. This is done via keyhole surgery and typically one of your hamstring tendons is used to fashion the new ACL.

For grade 1 to 2 injuries, management of your ACL injury will focus on strength and balance training, particularly of the glutes and quads to help stabilise the knee reduce the risk of subsequent sprains. Taping and bracing of the knee may also be of benefit to stabilise the knee during activity to further reduce the risk of re-injury.



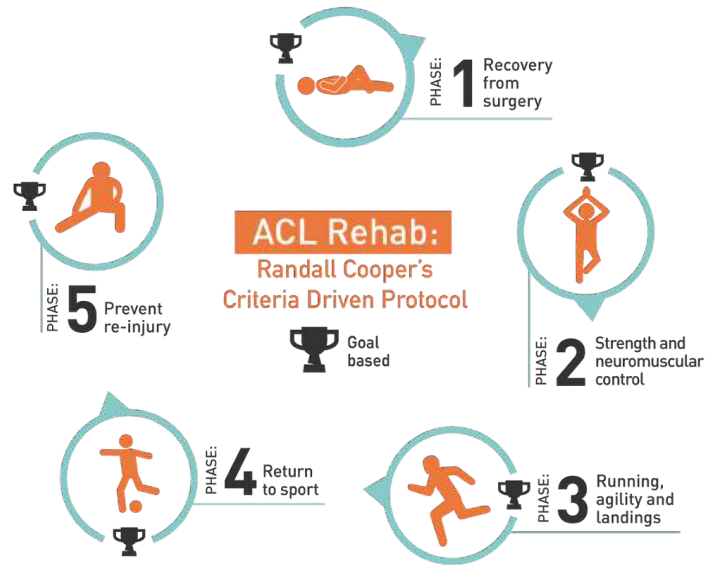
How long will my ACL rehab go for?

The short answer is that your rehabilitation will be ongoing, especially for as long as you are playing sport. Grade 1-2 injuries may take from 2-6 weeks to recover from before you are ready to play again, sometimes longer. Grade 3 injuries take considerably longer to return to the field, some taking 12 months or more.

There are a number of stages of a typical ACL rehabilitation program. Initially, the focus is on restoring full range of motion to the knee as soon as possible after your surgery. Following this, there is a lengthy period of strengthening and retraining the muscles of the leg to better control the position of the knee. Once you have adequate strength and excellent control of the knee, you will be able to return to running and jumping.

Progressively, your physiotherapist will take you through a return to running program, introducing agility drills and landing practice to be able to react to a variety of different situations which may arise on the field. It is only then - 10 to 12 months after surgery - that you may be ready to get back to playing.

If you have suffered an ACL injury, please speak to club physiotherapist Nic Brown so that you may be assessed and start your rehab as soon as possible. Leading Edge physiotherapists are at trainings every Tuesday evening and are always willing to help with any issue you have picked up either on or off the field.



TRAINING

A'S	B'S	C'S	U18 BOYS
Tuesday & Thursday @ HFC 6PM	Tuesday & Thursday @ HFC 6PM	Tuesday & Thursday @ HFC 6PM	Wednesday & Friday @ HFC 6PM

PLAYER FEES/SPONSOR INFORMATION

With high costs to facilitate each player in each and every match, the club needs to be strict on player match day fees. To play senior footy at HFC in 2018, payments in full must be made each match or if arranged, paid within the following 2 weeks.
No pay no play if you have not paid your match payments.

If you are interested in sponsoring a player, please see *Michael Broadbent* for payment and benefit information.

LOST PROPERTY

Please email newsletter@henleysharks.com.au if you have any missing items.

KITCHEN & BAR

The Bar is open from **5.30pm** on **Friday and Saturday nights**
&
Meals are available at the club on **Thursday, Friday and Saturday nights**.

CLUB ROOM HIRE

If you are interested in hiring our clubrooms for your next function, feel free to contact Michael Broadbent on brogs77@gmail.com or 0413 002 902.

NEWSLETTER CONTRIBUTIONS

If you wish to add something to our newsletter such as photos, upcoming events, important information, please email to newsletter@henleysharks.com.au by THURSDAY MORNINGS.

SOCIAL MEDIA

LIKE US on **Facebook** and **FOLLOW US** on **Instagram** to keep up to date with all the latest at the Club! Don't forget to hashtag your photos related to the club with **#henleystharks** to have them appear on the website and to get them out there!



Visit the Sharks Website | Facebook | Instagram | Team App

Photo Galleries
Club History
Upcoming Events
Player of The Week
Latest News
Sponsors



HENLEY HEROES



Dear Members,

This Saturday [11th] V's *Tea Tree Gully* @ Home.

Vale:- Henley Hero # 56 Neil "*The Goon*" Madigan passed 8/8/18.

This week :-

Henley Heroes Day :- This **Saturday 11th** August, **\$4** Red & Yellow cans @ the "Reef" bar, A grade siren to siren. **\$3** discount from the "BBQ" boys! Just show membership card.

MVP Medal will be held on Sunday **23rd** September **11:30 – 14:30**, BBQ lunch and drinks all inclusive for Members!

Attendance Draw at Half time, another bottle of "**Bourbon**" donated by "**The Lockleys Hotel**" to be won! Draw approx. 3:30.

100 Squares this week, 2 prizes, **\$50** voucher to **LOCKLEYS** or ½ Dozen Wine! **\$5**

Financial Membership currently stands at **226**

Payment - 2 options, in person – South Henley Newsagency
online – BSB **805-013** Acc.# **01315491** Ref:- Name or #

Lockleys Hotel is still offering HH members **20%** discount on meals Monday – Thursday until **27th Sept**, please support the Lockleys a major Club Sponsor.

Cheers,
Trevor Sampson



THANKYOU FOR YOUR SUPPORT!

U12s MATCH REPORT – SEMI FINAL

The U12 girls blue team travelled to Mitchell Park reserve for the [9am](#) clash on Sunday in the 1st semi final playing against the second ranked Brighton Bombers for a spot in the grand final. With the dark clouds looming and the breeze picking up throughout the morning, it was always going to be a tough assignment. After losing the toss, the Sharks were kicking into the breeze for the first quarter and Brighton made the most of it, starting strongly to kick the first two goals of the game and hold a 14 point margin at quarter time.

After the break, the Henley girls quickly sparked into action and started to increase their run and work rate all over the ground, taking full advantage of the breeze. With long and direct movement of the ball toward goal, the girls managed to kick three straight and hold a narrow margin at the main break. At the start of the third quarter, the hard run and carry efforts continued to enable two goals into the wind to open up the game. As expected, Brighton bounced back with two more goals of their own in the third to keep it down to a 3-point ball game heading into the last quarter.

With fitness on their side and a healthy determination to go on with the job, the Sharks managed another three goals in the final quarter to run out winners by 23 points and book a spot in the grand final [on Sunday 19th August](#). There were many contributors to a fine team performance, however a very special mention to Ella Godlevsky who played an exceptional game across defence and in the midfield whilst a super return to the team by Olivia Rogers who kicked three very important goals throughout the morning.



U14S GIRLS

Last weekend, U12 girls and both U14 girls teams played off in the semi final and successfully earned their spot in their GRANDFINALS. U14 girls coached by *Shane Stone* and *Troy Topp*.
GOODLUCK GIRLS!
GO SHARKS!



PLAYER PROFILE

Name: Ned Heath

Nickname/s: The Heat, Heater, 2 Meter, Heat Pack, Peter, Pwet, Pwetner, Wet Nurse Shark.

Married/single: Taken sorry girls

Partners name: Micaela

Kids? Names/ages: I hate kids after working at Taperoo High for 5 years

Height: 1.91m

Weight: 92kgs

Sponsored by: Bacchus Bar

Occupation/Employer: High School Teacher

Favourite Food: Dog Roll

Pets/Name: Ben Lodge

Hardest working team mate/s: JC

Most annoying teammate: Ben Currie

Biggest influence on career: Jordan Lawless

Achievements: Downlow Medal Footy Trip PAFC 2011

Career highlights: First person to kick a Torpedo over the Gumeracha Rocking Horse in 2002

Favourite moment in sport: Ben Curries future comeback game in 2021 and he kicks 6

Best advice given by mentor/coach: Strong mind, strong body

Do you have a hidden talent: Best slut drop at the club

Three things you would like to have on a deserted island: Sunnies, Sherrin, North Haven Bakery

Hobbies: Love Island, Surfing, Ben Curries rehab program, Brushing my hair

Three people you'd like to share a meal with: Mark Jacko Jackson, David Granger and Moose

What are you enjoying about football at the Sharks in 2018? Running water and Seeing MRI results



A GRADE MATCH REPORT

JARRAD PARKER ROUND 15 V ATHELSTONE

HENLEY: 11.8-74
ATHELSTONE: 10.11-71

After a month of disappointing results, we were well aware of the importance of this week's game against Athelstone. While it's not a long rivalry, the last two years have seen some great games of football and as it turned out, this week followed the script.

The first quarter saw us kicking into a fairly strong breeze but I thought our midfield were on top early and gave us first use. With a more potent forward line in this week the players seemed to have more confidence to kick the ball long and doing this created more opportunities for us. Down back Mitch Goldner was renewing his battles against their quality key forward Luke Rander and holding his own, Brad Geddes was giving us plenty of run and Jack Enright slotted into the half back role with ease to provide good rebound. Ben Lodge was working hard getting kicks in the back lines and forward lines and was central to our forward transitions. Our two goals for the quarter resulted in clean passages of football from the backlines and then some desperate work deep in the forward 50. We went into quarter time with a slight lead which was a good effort into the wind.

Early in the second quarter we were again on top in the midfield and were bringing our wings into the game well with Cody Hicks and Tom Elfenbein finding touch. We got off to a good start when Brett Ebert took a big mark at centre half forward then kicked the ball deep to Ned Heath in the goal square. Corey Gray and Brett Dobson were controlling the midfield while Brad Geddes continued to pick up kicks while patrolling the half back line. Athelstone's ability to run and move the ball quickly has always been their strength and on a couple occasions in this quarter this caught us out. But we were also moving the ball well ourselves and soon had goals to James Lean and another to Ned Heath. After a couple of missed shots from us, Athelstone moved the ball down the ground and got another goal late, leaving us with a 10 point lead at half time.

With the breeze as it was, a strong third quarter would set us up for a good chance to win the game. Early in the third our kicking into the forward 50 was as good as it has been, as Corey Gray got the first clearance, found James Lean who found Brett Ebert for a goal. Brett backed this up a few minutes later and it was the perfect start to the quarter. But following this Athelstone kicked two goals as a direct result of our turnovers and we seemed to go into our shells. The backs were under siege as we found it difficult to clear the ball into the strong breeze. Even though Athelstone had some shots on goal I thought our defensive pressure was okay but we allowed them some short kicks to leading players which resulted in goals. Around the ball, Athelstone were getting on top and we lost a bit of our structure around the stoppage.

We knew in the last that we had the aid of the breeze but still had to execute our plans. We got the first clearance through Travis Lane and had the first couple of forward 50 entries but couldn't capitalise. Athelstone got a forward entry and a hack kick out of a stoppage landed in the hands of their player resulting in the first goal. This got their tails up a bit and they dominated the next couple of minutes of play. But then we found Ben Lodge in space who got the ball to Brett Ebert one on one, he won the ball at ground level and found Travis Lane who after a bounce kicked the goal from 50. Again, Athelstone seem to have most of the possession in the next few minutes and after some loose checking found a player running in and kicking an easy goal. In situations like this you look to your experienced players to step up and as they say, the cream rises to the top. Brad Geddes was moved into the middle and proceeded to get the next 3 clearances, Travis Lane continued to impose himself on the game while up forward Jeremy Johncock was suddenly unstoppable. He was marking everything that came his way while often being hung on to. He kicked three last quarter goals, his last coming after a one-handed mark late, that gave us the lead. The last 2 minutes were manic and after some loose defensive work we were fortunate that Athelstone dropped a mark in their forward lines with about 10 seconds to go and we held on to a close hard-fought win.

After a tough month and particularly our effort last week, credit must go to the players for turning things around so quickly. It was great to see some smiles on the players faces and hear them sing the song with some gusto. Also a big thank you to all of the supporters who made the long journey to Athelstone, it felt like a home game with the numbers we had there and the noise you made!

Goal Kickers: B. Ebert 3, J. Johncock 3, N. Heath 2, T. Lane, H. Jessen, J. Lean
Best Players: B. Geddes, B. Ebert, B. Dobson, J. Johncock, C. Gray, B. Lodge

B GRADE MATCH REPORT

SAM HEEPS

ROUND 15 V ATHELSTONE

HENLEY: 13.10-88

ATHELSTONE: 8.7-55

Another massive game in the context of this season had us heading out to Athelstone where its always tough to get the points. In blustery conditions and an oval with more mud than grass this game was not going to be pretty football but tough, hard and uncompromising team football. This group has seen many faces throughout the year and another 7 changes from the week before meant again the ability of cohesion and players understanding of each other was a concern heading into the game. Credit to the players they as a whole played the role that was expected as individuals and more importantly this lead to the team succeeding.

Kicking with the breeze in the 1st ¼ it was crucial we didn't just blaze away and expect the wind to do all the work for us. We probably didn't make the most of the favourable conditions and more disappointing was the fact we gave up a couple of cheap goals which has been a constant battle for us all year. This is something we must improve on if we are to play finals and push deep into the major round. There were some great efforts early in the game with a couple of young players really making a mark on the game. Josh Pierson on his wing started brilliantly and only got better and better as the game wore on and Jackson Smith playing as a really mobile and high half forward was a constant target for our midfield and backline marking everything coming his way.

The second ¼ was going to be really crucial and our ability to out work and number the opposition at most contest was evident. The run generated from the backline and the composure shown at times allowed for the game to open up and the ball to move quickly from defence to attack. Brock Kennedy, Nathan Smith, Scott Newman and the evergreen Scott Berry worked fantastically well with each other rebounding across halfback whilst the 2 Martins played deeper in defence and defended well holding Raggies to only 1 goal.

After halftime and resetting our goals for the remained of the game it was important we put the game out of reach in the third term. I felt like this was one of the best quarters this side has played all season with every single player playing an important role. Nobody is a better example than Jordan Kitto playing in his first season of football his ability to put his head over the ball when required and then to run and use his left foot through traffic was first class. Nathan Pierson continued his outstanding goal kicking form and Sam Davoren and Jamie Grosser dominated around the contest and led from the outset.

¾ time we had the game well and truly in our control which was pleasing and the chance to put a team to the sword. As expected Athelstone came hard early in the quarter and managed to kick a couple of quick goals but to the boys credit they found a little and were able to answer into the breeze with 3 unanswered goals. The last quarter was more about playing some players in different positions and see what we look like with some experience boys nursing some sore bodies on the bench.

The win sees us well and truly alive with 3 games to go and this weekend against Gullies is most important a win could see us sneak into the top 3 while a loss could have us outside the final 5. No doubt this will be another big challenge and one I'm sure the boys will be up for. Our last home game of the year I would like to thank everyone for their support this year and look forward to seeing you at the final 2 games before finals which are going to massive games for our club.

Best Players: J. Pierson, J. Smith, J. Grosser, N. Pierson, K. Dalidowicz

Goal Kickers: N. Pierson 6, J. Clark 2, J. Smith, J. Harvey-Friel, K. Dalidowicz, J. Grosser, S. O'Dwyer

C GRADE MATCH REPORT

CHRIS BROWN

ROUND 15 V ATHELSTONE

HENLEY: 15.14-104

ATHELSTONE: 6.5-41

Round 15 was an important one for the Henley Football Club due to the close win/loss ratio of the A grade teams and the C's wanted to do whatever they could to help the A grade boys. The two obvious ways were to win the C grade game and kick the day off right and then stay to support the A's later in the day. The lads ticked both boxes on Saturday.

In blustery conditions the lads settled early and with Luke Wilksch kicking the first goal from a half back flank he set the tone for the rest of the game. The first quarter finished with Henley leading 5.4 to 1 goal. Things tightened slightly in the second quarter but at half time Henley were well in control at 7.10 to 1.2










Athelstone fought hard all day and were better in the second half. The Henley mids were on top although they did not have it all their own way however it was the potency of the Henley forwards that had Henley in control. The delivery to the forwards was great given the conditions and they continued to out mark and out work the Athelstone defence. With the score 13.11 to 3.2 at three quarter time the enemy was once again complacency and it once again reared its head. Athelstone outscored Henley in the last quarter to finish Henley 15.14 (104) to Athelstone 6.5 (41). While the lapse did not affect the result it was disappointing given there are only 2 games left for the C's before the major round (round 16 is a bye for the C's) and this is the time of year to be playing solid four quarter football.

Overall a solid performance for the C's and with top of the table clashes left against Adelaide Uni and Port Districts before finals it is the perfect preparation.










Goal Scorers: Dylan Fry 6, Dan Wilksch 4, Brad Carey 2, Brandyn Galletti 1, Luke Wilksch 1, Tom Howlett 1.

Best Players: Dylan Fry, Stefan Jarman, Alex Newman, Harley Egel, Luke Wilksch, Dan Wilksch










A GRADE

TEAM	W	L	D	P	PTS
 Rostrevor OC	12	3	0	15	24
 Goodwood Saints	10	4	1	15	21
 Tea Tree Gully	10	4	1	15	21
 Payneham NU	8	7	0	15	16
 Prince Alfred OC	8	7	0	15	16
 Port District	8	7	0	15	16
 A's	7	8	0	15	14
 Adelaide University	6	9	0	15	12
 Athelstone	5	10	0	15	10










B GRADE

TEAM	W	L	D	P	PTS
 Goodwood Saints	12	3	0	15	24
 Tea Tree Gully	11	4	0	15	22
 Rostrevor OC	10	4	1	15	21
 B's	10	5	0	15	20
 Adelaide University	9	6	0	15	18
 Port District	8	5	2	15	18
 Athelstone	6	9	0	15	12
 Prince Alfred OC	4	10	1	15	9
 Payneham NU	1	13	1	15	3

C GRADE

TEAM	W	L	D	P	PTS
 C's	13	1	0	14	26
 Adelaide University	10	3	0	13	20
 Port District	9	4	0	13	18
 Prince Alfred OC	8	4	1	13	17
 Goodwood Saints	7	5	1	13	15
 Rostrevor OC	6	7	0	13	12
 Athelstone	2	11	0	13	4
 Modbury	2	12	0	14	4
 Payneham NU	2	12	0	14	4

U18 BOYS

TEAM	W	L	D	P	PTS
 Flinders Park	14	1	0	15	28
 Goodwood Saints	13	2	0	15	26
 Port District	9	6	0	15	18
 Broadview	8	7	0	15	16
 Sacred Heart OC	7	8	0	15	14
 18's	6	9	0	15	12
 Tea Tree Gully	5	9	1	15	11
 Brighton Bombers	4	11	1	16	9
 PHOS Camden	1	14	0	15	2



V



ROUND 16

A GRADE

Henley	Tea Tree Gully
46 D. Cardone	31 J. Astbury
20 S. Davoren	10 T. Bielby
66 B. Dobson	8 J. Blank
12 B. Ebert	14 C. Buccini
44 T. Elfenbein	17 W. Cansdell
26 J. Enright	11 J. Flynn
30 S. Ferguson	24 M. Hallandal
7 B. Geddes	7 J. Huggard
47 M. Goldner	15 A. Maschotta
14 C. Gray	1 A. McKay
22 J. Grosser	3 Z. McKay
28 N. Heath	20 T. Melville
19 C. Hicks	5 T. Menzel
25 H. Jessen	26 B. Penney
21 J. Johncock	4 P. Persinos
38 B. Kitto	19 C. Sandercock
39 T. Lane	12 C. Schoenmakers
24 J. Lean	2 D. Schoenmakers
42 B. Lodge	33 J. Sinclair
27 C. Schwarz	9 R. Spittle
53 T. Thunig	21 C. Tiggemann



V



ROUND 16 B GRADE

Henley	Tea Tree Gully
35 S. Berry	20 L. Bollmeyer
40 J. Calabro	19 K. Brazell
1 K. Dalidowicz	10 B. Cunningham
48 C. Egel	9 M. De Lorme
61 J. Harvey-Friel	17 C. Elphick
L. Illman	2 D. Elphick
41 J. James	4 J. Gauci
52 B. Kennedy	8 A. Jelfs
54 . Kitto	1 M. Joseph
5 A. Martin	3 B. Latham
43 H. Martin	25 J. Martin
37 S. Newman	13 R. McCulloch
S. O'Dwyer	12 J. Miller
32 J. Pierson	24 T. Norbury
D. Rowley	18 K. Patterson
17 J. Smith	23 J. Robinson
6 N. Smith	7 A. Tucker
3 J. Stewart	15 D. Uglesic
2 M. Tansell	A. Watson
N. Thunig	5 D. Wilson
L. Wilksch	

2018 CAPTURED MOMENTS AT HFC





