CHATEAU SHEDS

REAL HOT SAUNAS



UNDERSTANDING LÖYLY

Why the sauna experience in our wood-fired hot rooms is so effective

What Is Löyly?

Löyly is the wave of heat and humidity created when water is ladled onto hot sauna stones. It is one of the most important parts of a true sauna experience. Rather than simply making the room hotter, löyly creates a fuller, more intense sensation of heat that surrounds the body and defines the character of a traditional wood-fired sauna.

Why Our Sauna Experience Feels Different

Most people are familiar with saunas found in spas, fitness centers, or hotels. Those commerciallystyle saunas are often considerably larger than our cedar-lined hot rooms and may feature tiled benches and walls, or in some cases cedar benches and walls. A home-based backyard wood-fired sauna is a very different experience.

Why Löyly Is So Effective In Our Hot Rooms

Compact Hot Rooms
A smaller hot room does not mean a loss of löyly. In a properly built sauna, a more compact space allows heat and steam to build quickly and be felt more clearly throughout the room.

Heavy Insulation
Our sauna builds are heavily insulated to retain heat efficiently, helping the hot room stay stable and responsive when water is poured over the stones.

Real Wood-Fired Stoves
A real working wood stove and properly heated sauna stones create the authentic burst of heat and humidity people expect from a traditional sauna.

Cedar-Lined Interior
Our cedar-lined hot rooms create a warm, traditional environment that complements the wood-fired sauna experience.

Clear And Evident Throughout The Room
Because of the size and insulation of our structures, the löyly experience in our wood-fired hot rooms is clear and evident in all areas of the hot room and at all bench height levels.

The Bottom Line

Our wood-fired sauna builds are intentionally designed for maximum löyly. The result is a strong, traditional sauna experience with clear, immediate heat and humidity when water is introduced to the sauna rocks.





Smaller hot rooms do not reduce löyly. When properly built, they help concentrate it.

TRADITIONAL SAUNA. AUTHENTIC LÖYLY.

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AUTHENTIC WOOD-FIRED SAUNA EXPERIENCE