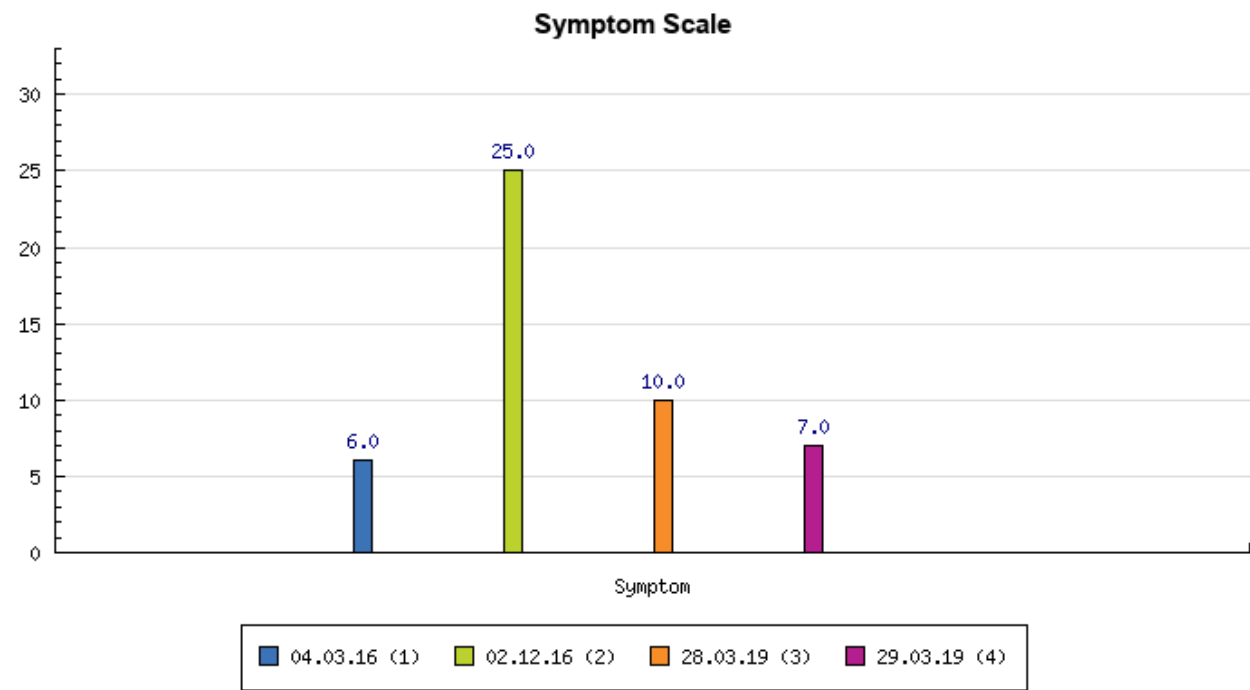


FOR TEST PURPOSES ONLY

BITE - Bulimic Investigatory Test, Edinburgh

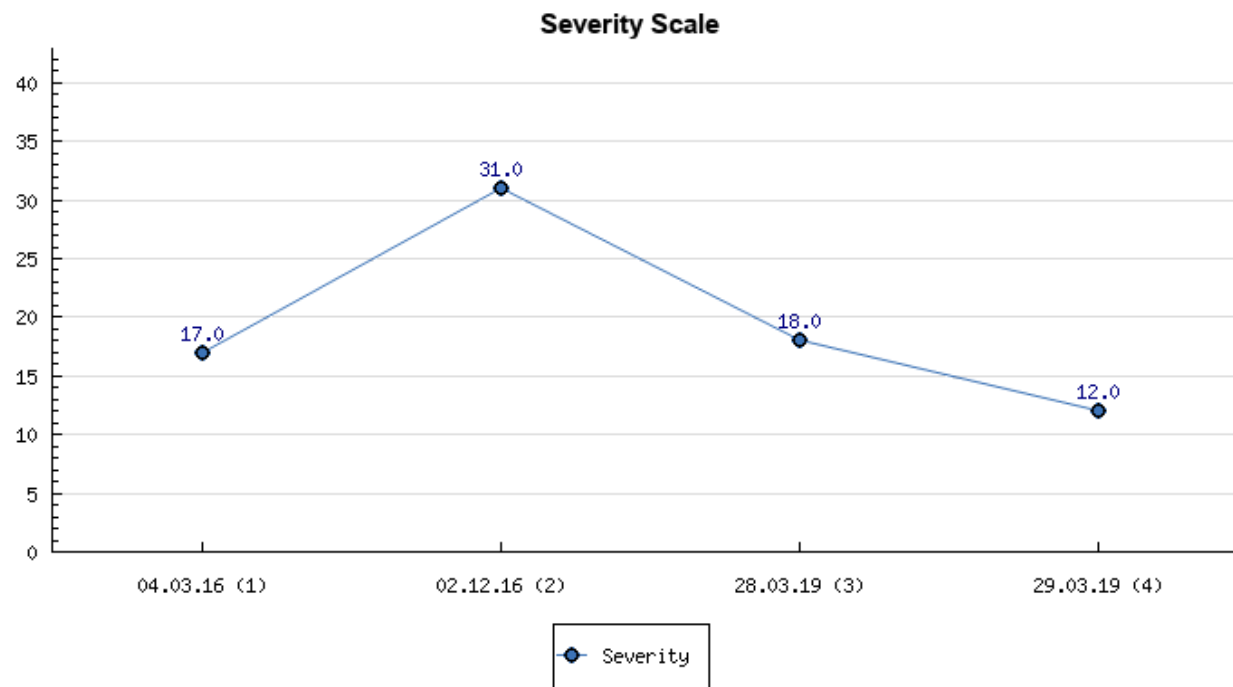


Patient information

Name **Jessica Johnson**
Patient ID Jessy
Sex Female
Date of birth 31.08.98

Assessment information

Date of delivery 29.03.19
Report generated 29.03.19 09:02
Percent answered 97%



| Nr | Date | Context | Symptom | Severity |
|----|----------|---------|---------|----------|
| 1 | 04.03.16 | | 6.00 | 17.00 |
| 2 | 02.12.16 | | 25.00 | 31.00 |
| 3 | 28.03.19 | | 10.00 | 18.00 |
| 4 | 29.03.19 | | 7.00 | 12.00 |

The 6 latest measurements are displayed, if available.

Answers

The questions are organized after the corresponding subscales.

Symptoms

| Question | Answer | Value |
|---|--------|-------|
| Do you have a regular day to day eating pattern? | Yes | 0 |
| Are you a strict dieter? | Yes | 1 |
| Do you feel a failure if you break your diet once? | Yes | 1 |
| Do you count the calories of everything you eat, even when not on a diet? | Yes | 1 |
| Do you ever fast for a whole day? | No | 0 |
| Does your pattern of eating severely disrupt your life? | No | 0 |
| Would you say that food dominated your life? | No | 0 |
| Do you ever eat and eat until you are stopped by physical discomfort? | No | 0 |
| Are there times when all you can think about is food? | Yes | 1 |
| Do you eat sensibly in front of others and make up in private? | No | 0 |
| Can you always stop eating when you want to? | Yes | 0 |
| Do you ever experience overpowering urges to eat and eat and eat? | No | 0 |
| When you are feeling anxious do you tend to eat a lot? | No | 0 |
| Does the thought of becoming fat terrify you? | Yes | 1 |
| Do you ever eat large amounts of food rapidly? (not a meal) | No | 0 |
| Are you ashamed of your eating habits? | No | 0 |
| Do you worry that you have no control over how much you eat? | No | 0 |
| Do you turn to food for comfort? | No | 0 |
| Are you able to leave food on the plate at the end of a meal? | Yes | 0 |
| Do you deceive other people about how much you eat? | No | 0 |
| Does how hungry you feel determine how much you eat? | No | 1 |
| Do you ever binge on large amounts of food? | No | 0 |
| If yes, do such binges leave you feeling miserable | No | 0 |
| If you do binge, is this only when you are alone? | No | 0 |
| Would you go to great lengths to satisfy an urge to binge? | No | 0 |
| If you overeat do you feel very guilty? | Yes | 1 |
| Do you ever eat in secret? | No | 0 |
| Are your eating habits what you would consider to be normal? | Yes | 0 |

| | | |
|---|----|----------|
| Would you consider yourself to be a compulsive eater? | No | 0 |
| Does your weight fluctuate by more than 5 lbs (2.3 kg) in a week? | No | 0 |

Severity

| Question | Answer | Value |
|---|-------------------|----------|
| If yes, how often is this? | <i>Unanswered</i> | - |
| Do you do any of the following to help you lose weight? | | |
| - Take diet pills | 2-3 times a week | 4 |
| - Take diuretics | Once a week | 3 |
| - Take laxatives | Occasionally | 2 |
| - Make yourself vomit | Occasionally | 2 |
| If you do binge, how often is this? | Hardly ever | 1 |

Additional questions

| Question | Answer |
|--|-------------------|
| Marital status: | Single |
| What is your occupation? | Unemployed |
| What is your spouse's occupation? | <i>Unanswered</i> |
| What is your height? | 162 |
| What is your weight? | 52 |
| What is the most that you have ever weighed? | 75 |
| What is the least that you have weighed at your present height? | 52 |
| What would your ideal weight be if you could choose it? | 40 |
| Do you feel yourself to be: | Overweight |
| Do you have regular periods? (if applicable) | No |
| How often, on average do you eat the following meals? | |
| - Breakfast | Never |
| - Lunch | Never |
| - Dinner | 1/7 days |
| - Between Meal Snacks | Never |
| Have you ever consulted someone in a professional capacity for advice on dieting/eating? | No |
| Have you ever been a member of a slimming club? | Yes |
| Have you ever suffered from any type of eating disorder? | No |
| Eating disorder, please give details over: | <i>Unanswered</i> |

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