

Seventy-year-old widower Ben Whittaker ([Robert De Niro](#)), a retired executive from [DEX One](#), applies to a senior citizen intern program after retirement has become too boring for him. The company in [Brooklyn](#) he applies to is About the Fit, a fast-growing e-commerce fashion startup, whose founder and CEO Jules Ostin ([Anne Hathaway](#)) had previously agreed to a community outreach program where seniors would intern at the firm. Ben impresses everyone and is one of four hired.

已註解 [U1]: widower 鰥夫

已註解 [U2]: apply to/ for N 申請 N; 找 N 的工作

已註解 [U3]: a senior citizen intern program 銀髮實習生計畫

已註解 [U4]: adv-V-ing 快速成長的

Ben is assigned to work with Jules, who is somewhat skeptical at first.

已註解 [U5]: be assigned to VR 被安排去 VR

已註解 [U6]: be skeptical about N 對 N 感到質疑

Initially frozen out by her, Ben slowly wins over co-workers with his

congeniality and gets into Jules's good graces. Ben heads to work one day extra

已註解 [U7]: congeniality 契合

已註解 [U8]: get into N's graces 得到 N 的喜愛

early to organize the work desks for the entire office. After work, Ben notices

Jules's chauffeur drinking, convinces the driver to leave and drives Jules home

已註解 [U9]: chauffeur 私家駕駛

himself, a role he retains in days to come.

已註解 [U10]: in days to come 在未來的日子中

Ben eventually reveals that he once worked in the very same building where About

The Fit is now based. He develops a romantic relationship with the in-house

已註解 [U11]: develop a relationship with N 跟 N 發展出... 關係

massage therapist, Fiona ([Rene Russo](#)), and becomes something of a father figure

to the younger workers, such as offering one intern advice for what to wear

when making a delivery to [Beyoncé](#) and [Jay-Z](#) and providing another with a place

to stay at his house after the other man is evicted by his parents. Ben is very

已註解 [U12]: be evicted by N 被 N 逐出

committed to Jules, and even breaks into the house of Jules's mother to delete

已註解 [U13]: be committed to N 對 N 很忠誠

an embarrassingly scathing email that Jules inadvertently sent her. Ben also

已註解 [U14]: scathing 足以造成損害的 scathe (vt.)

已註解 [U15]: inadvertently 不小心地

gets to know Jules' family. Her husband, Matt ([Anders Holm](#)), gave up his own career to be a [stay-at-home dad](#) to their daughter, Paige (JoJo Kushner), when About The Fit started to take off. However, their marriage is slowly breaking apart over Jules's long hours, mainly caused by her very [hands-on management](#) style.

已註解 [U16]: hands-on management 邊做邊學的管理

Meanwhile, Jules [is under pressure](#) to give up her post of CEO to someone outside of the company as her investors feel that she [is unable to cope with](#) the workload, having grown About The Fit from a startup founded in her kitchen to a 220-employee [juggernaut](#) in only eighteen months. Believing it will give her more time at home with her family, Jules [is willing to](#) consider the offer. While driving Paige home from a party, Ben discovers that Matt is [having an affair with](#) another parent at Paige's school. While on a business trip in [San Francisco](#) to interview a potential CEO candidate, Jules reveals that she knows about Matt's cheating as well, but didn't [confront Matt about it](#) because she blamed herself for not spending enough time with him.

已註解 [U17]: be under pressure to VR 承受壓力去做

已註解 [U18]: be unable to VR 無法去做

已註解 [U19]: cope with N 處理 N

已註解 [U20]: juggernaut 大神像 此比喻大公司

已註解 [U21]: be willing to VR 有意願做

已註解 [U22]: have an affair with N 跟 N 有婚外情

已註解 [U23]: confront 人 about 事 跟 人 對質 事

In an effort to buy herself the time to repair her marriage, Jules decides to hire a [prospective](#) CEO. When Jules goes to Ben's home the next day, Ben greatly encourages Jules to think about how much this will change her authority and how her creativity may [be tampered with](#) and also [reminds her of](#) her passion for her company. Matt unexpectedly drops in at the office and urges her to reconsider, saying that he is willing to make their marriage work. Jules goes

已註解 [U24]: prospective 可能的

已註解 [U25]: be tampered with N 被 N 干預

已註解 [U26]: remind 人 of 事 提醒某人某事

out looking for Ben, wanting to tell him that she has changed her mind and finds him enjoying his [Tai Chi](#) exercise group. She finally lets herself relax and joins him.

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