



Help with Feeding

Printable Gift Tags

All product links can be found on our website!

Rubbermaid Litterless Juice Box

First Straw Cup

Around 8 months of age, you can try this Rubbermaid Litterless Juice Box with water, formula, or breastmilk to help teach the concept of straw drinking. When your baby closes her lips on the straw, gently squeeze a small amount of liquid up to her lips. Offering thicker liquids, such as drinkable yogurt or smoothies, can also be helpful as they move slower and are easier to manage.

www.helpwithfeeding.com

Baby Food Feeder

Baby Food Feeder

Fill this with breastmilk ice chips for your younger baby during family mealtimes before you are ready to introduce solids OR fill it with fresh food to give your baby (6+ mos) practice chewing without having to worry about choking!

www.helpwithfeeding.com

Banana Brush

Introducing the Toothbrush

Introducing a toothbrushing routine in infancy is an easy way to support oral motor/sensory development. Offer your baby an infant toothbrush during bathtime and take turns using it to massage the gum surfaces even before teeth erupt. It also makes a great teether when they begin to come in!

www.helpwithfeeding.com

Choomie Dip'n Spoons, Zoli gum massagers, or Num Num Gootensils

Feeding Tools

Use these tools as utensils during mealtimes so baby can help with feeding. They are great for dipping and chewing! Pre-load the feeding tool and give it to your baby to bring to her mouth. Help older babies dip and self-feed with a variety of purees, spreads, and dips

www.helpwithfeeding.com

Munchkin Spoons and Take 'N Toss Toddler Utensils

Early Utensil Use

Baby should be exploring and holding utensils from the first time they eat solid foods. At 6 months, babies can hold a utensil in their hand. They can also work on bringing a filled utensil to their mouth. Offering toddler forks is a great way to offer bite-size pieces before 8-9 months when the pincer grasp emerges.

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