

ALL 4 EVENTS  
**Save \$30!**  
ONLY \$225

# SEASONAL RETREAT SERIES

## JOURNEY TO WHOLENESS

REVIVE | REJUVENATE | REFLECT | RETURN



WINDING ROOT ENERGY  
PRESENTS

### REVIVE

A HALF DAY NATURE & WELLNESS RETREAT

PAOLA, KANSAS



#### SPRING

Plant seeds to welcome new beginnings. Get outside and breathe the fresh air. Find new ways to connect to nature and become a participant in the birth of a new season.

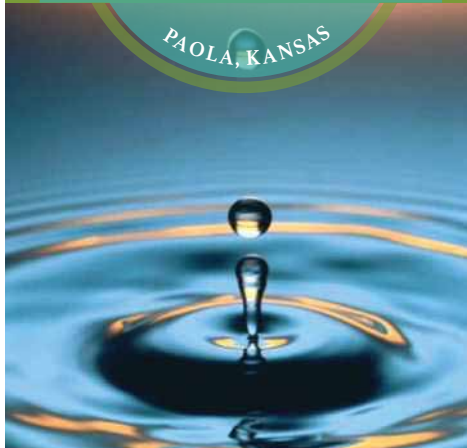
**SATURDAY MARCH 30TH, 2019**  
1PM-4PM | \$60 PER PERSON

WINDING ROOT ENERGY  
PRESENTS

### REJUVENATE

A NATURE & WELLNESS RETREAT

PAOLA, KANSAS



#### SUMMER

Energize your inner child and honor your light through a playful connection between you and the natural world around you.

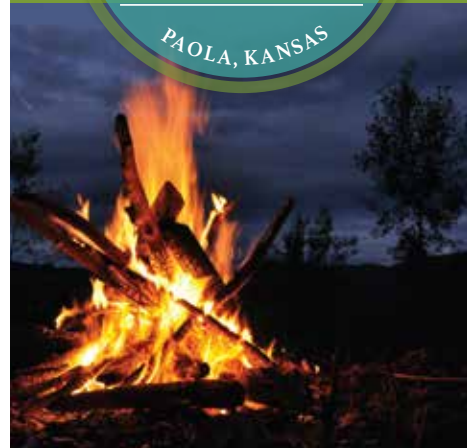
**SATURDAY JUNE 22ND, 2019**  
1PM-4PM | \$60 PER PERSON

WINDING ROOT ENERGY  
PRESENTS

### REFLECT

NATURE & WELLNESS RETREAT

PAOLA, KANSAS



#### AUTUMN

Experience the Equinox with a fire ceremony to release that which no longer serves you and make space for something new during a celebratory dinner and moonlit hike under the stars.

**SATURDAY SEPTEMBER 21ST, 2019**  
5:30PM-9PM | \$75 PER PERSON

WINDING ROOT ENERGY  
PRESENTS

### RETURN

NATURE & WELLNESS RETREAT

PAOLA, KANSAS



#### WINTER

Rest in stillness and connect to a better understanding of nature and its messages. Experience new ways to find peace and balance during the winter months.

**SATURDAY DECEMBER 7TH, 2019**  
1PM-4PM | \$60 PER PERSON

**ALL RETREATS TAKE PLACE AT ORANGE MOON APOTHECARY AND FARM, 31622 OAK GROVE RD. PAOLA, KS 66071**