Alberta Society for the Promotion of Sexual Health

ANNUAL REPORT

2017-2018
Annual General Meeting Agenda

Friday, May 4, 2018

Call to Order:

1.0 Approval of agenda

2.0 Approval of minutes from May 3, 2017 AGM

3.0 Reports

3.1 Chair/President’s report
3.2 Treasurer’s report
3.3 Education Coordinator’s Report

4.0 Report of the nominations committee

Nominations to the Board - Elected for three year term
Teresa Lambert – Edmonton, AB               Raelene Miller – Edmonton, AB
Margaret Newbury Jones – Kelowna, B.C.

Continuing
Tammy Troute Wood – Calgary, AB               Jenise Finlay – Edmonton, AB

Re-election (one year term)
Dr. Shaniff Esmail – Edmonton, AB           Edward Sandberg – Vancouver, B.C.
Heather Cobb – Calgary, AB                  Tracy Burnett – Camrose, AB

4.2 Nominations from the floor

4.3 Election of Board Members

5.0 New Business

6.0 Adjournment
Present: Heather Cobb, Melanie Anderson, Shaniff Esmail, Brenda Kerber, Tracey Burnett, Jenny Rand, Kristy Beatty, Alex Daraseng, Tammy Troute-Wood, Mary Valentich, Jenise Finlay, Kaitlyn RN Student with Calgary Sexual Health
Regrets: Vycki Atallah, Edward Sandberg

Heather Called the meeting to order 12:06pm

Items:
1.0 Approval of Agenda  Approval of agenda moved by Tammy, Seconded by Kristy
2.0 Approval of minutes from 2016 AGM May 5, 2016 Approval of minutes moved by Tammy, seconded by Jenny.
3.0 Reports
   3.1 Chair/President’s Report:  See full report in Annual Report to Membership. A special thanks to all members of ASPSH, especially the executive as this year has been a year filled with challenges and change.
      • Highlights include: May 2016 Conference, held in Calgary. It is always an opportunity for sexual health professionals to come together. Planning will commence for Conference 2018 in the next month. Online workshops continue to bring together sexual health professionals all across the country. Website redesign, thank you to Jenny and Brenda for the redesign. Our website showcases our workshops and conference. It has also streamlined payment of fees. Staff: Melanie is our only staff member and continues to work as our education coordinator. ASPSH would like to thank and recognize Larry Brockman for all that he has done over the years with our organization.
      • A look to the future includes: Conference 2018 planning will begin this month. Our largest fundraiser will be a casino held in Edmonton in September. We will need volunteers for this important event. ASPSH is discussing opportunities to partner with AB Council for HIV to promote Comprehensive Sexual Health.
   3.2 Treasurer’s Report:  Please see accompanying documents in Annual Report to Membership. If you have any questions please do not hesitate to contact Brenda.
   3.3 Education Coordinator’s Report:  See full report in Annual Report to Membership. A highlight includes when an individual makes contact with ASPSH for the first time, often to register for an online workshop, with such excitement to know that they are not alone and that they have support professionally in ASPSH!
4.0 Report of the nominations committee.
   • Heather has accepted Cece Weins’ resignation and would like to thank her for all the work and contribution she has made to the ASPSH board over the past year. Cece would like to remain involved with ASPSH as a volunteer in the future.
   • Jenise Finlay has been nominated as a board member. Her bio can be reviewed in the annual report. Approval of new member to the board moved by Heather, seconded by Shaniff. All in favour, motion passed. Welcome to the board!
Heather presented the re-election of board members currently serving a one year term, as all members were willing to let names stand for the next year. Shaniff seconded motion, all in favour. Motion passed.

There was very good interest from the public and professional community about ASPSH board of directors. Several individuals from the Edmonton area have shown interest in volunteer capacity with Conference 2018 work.

**Current Board Members:**
- Continuing
  - Tammy Troute-Wood – Calgary, AB
  - Brenda Kerber – Edmonton, AB
  - Alexandar Daraseng - Edmonton, AB
- Re-election (one year term)
  - Dr. Shaniff Esmail – Edmonton, AB
  - Heather Cobb – Calgary, AB
  - Edward Sandberg – Vancouver, BC
  - Jenny Rand – Wolfville, N.S.
  - Tracey Burnett – Camrose, AB
  - Kristi Beatty – Calgary, AB
  - Vycki Atallah – Winnipeg, Man.

**Election to First term (three years)**
- Jenise Finlay – Edmonton, AB

5.0 **New Business** No new business
6.0 **Adjournment** Meeting adjourned at 12:34pm MST
2017/18 has been a successful re-build year for ASPSH demonstrating the commitment of our wonderful Board of Directors (BOD). It has been a period of recognizing and working within financial constraints which has resulted in increased focus and problem solving to develop new funding strategies and initiatives.

Last fall a membership drive successfully grew our society and demonstrated the need for ASPSH to act as a space for people to network, learn and advocate for sexual health and wellness. A goal identified by the BOD in planning was to develop partnerships and collaboration to strengthen our sector. Last spring ASPSH began to work with Action Canada for Sexual Health and Rights and in July we co-hosted a panel in Edmonton. Over 100 people attended an evening event, Abortion Access in Canada: The Politics of Mifegymiso joining Health Minister Sarah Hoffman (AB) and local practitioners to discuss improving access to the abortion pill across Alberta.

The online workshops have once again drawn participants from across Canada as facilitators share current best practice and enable discussion and knowledge exchange on a range of sexual health and wellness topics. ASPSH recognizes the need to maintain workshop fees at an affordable level so that as many people as possible can access professional learning opportunities. Members continue to enjoy reduced rates for any of our learning opportunities. Many thanks to all our facilitators for sharing their knowledge and expertise. Thank you also to Melanie Anderson for coordinating our workshops and promoting the work of ASPSH with such enthusiasm.

As I write this report we are days away from our 13th Biennial Western Canadian Conference for Sexual Health in Edmonton. The conference committee (a.k.a. the BOD) have built an exciting program to explore diversity which will once again bring people together from across the country. We will also offer a Sexual Attitude Reassessment (SAR) training and for the first time since offering this course will not have Mary Valentich as a facilitator! Thank you for your guidance over the years Mary.

ASPSH is a non-profit organization whose success depends on the hard work of the volunteer operational board. This year we will say farewell to Brenda Kerber who has worked extremely hard to streamline the finances of our small organization. Brenda successfully led our 2017 casino fundraising in September and we are very grateful for her work as treasurer. I also want to sincerely thank each member of the board for your ideas, enthusiasm and support over the last year and look forward to new opportunities.

Heather Cobb
President
ASPSH has been offering online workshops for sexual health professionals and others interested in sexual health since November 2005. The program includes facilitators and participants from coast-to-coast-to-coast and this year we welcomed our first participant from Australia. We continue to offer a diversity of topics and facilitators and continually strive to expand our outreach to new audiences. This past year we also introduced a summer line-up of 4 online workshops that proved to be very popular and we plan to offer workshops again this summer. Over the past fiscal year we offered the following workshops:

FEBRUARY – MAY 2017
Online Workshop #155 – Recognizing and Responding to Sexual Violence in Canada – Facilitators: Annette Klevgard and Shannah Barros, Sexual Abuse Centre of Edmonton (SACE)
Online Workshop #156 – Contraception and STI Update – Facilitator: Tammy Troute-Wood, Sexual and Reproductive Health, Alberta Health Services, Calgary Region
Online Workshop #157 – Supporting Parents to Talk to Children & Teens About Sexuality – Facilitator: Heather Cobb, Sexual and Reproductive Health, Alberta Health Services, Calgary Region
Online Workshop #158 – Sexuality and Disability: The Right to Sexuality Information and Education for All – Facilitator: Heather Cobb, Sexual and Reproductive Health, Alberta Health Services, Calgary Region
Online Workshop #159 – Prayer and Private Parts: Sexuality and Christianity – Facilitator: Jillian Thompson, Calgary

SUMMER WORKSHOPS
S-1 – Teaching About Human Sexuality – Facilitator: Christine Sturgeon, Sexual and Reproductive Health, Alberta Health Services, Calgary
S-2 – Recognizing and Responding to Sexual Violence in Canada – Facilitators: Annette Klevgard and Shannah Barros, Sexual Abuse Centre of Edmonton (SACE)
S-3 – Youth and Sexuality in Alberta: Current Trends and Analysis – Facilitator: Wendi Lokanc Diluzio – Sexual and Reproductive Health, Alberta Health Services, Calgary
S-4 – Contraception and STI Update – Facilitator: Tammy Troute-Wood, Sexual and Reproductive Health Alberta Health Services, Calgary

SEPTEMBER 2017 – JANUARY 2018
Online Workshop #160 – Sex Positive Culture – Facilitator: Angel Sumka, Alberta Sex Positive Education and Community Centre, Edmonton
Online Workshop #161 – Exploring a Culturally Competent Approach to Female Genital Cutting – Facilitator: Simret Daniel, Sexuality Education Resource Centre, Winnipeg
Online Workshop #162 – Sex Positive & Kink Awareness for Professionals – Facilitator: Angel Sumka, Alberta Sex Positive Education and Community Centre, Edmonton
Online Workshop #163 – Contraception and STI Update – Facilitator: Tammy Troute Wood, Sexual and Reproductive Health Alberta Health Services, Calgary
Online Workshop #164 – Talking about Menopause – Facilitator: Heather Cobb, Sexual and Reproductive Health Alberta Health Services, Calgary
Online Workshop #165 – Effective Community Collaborations in Sexual Health and Rights – Facilitators: Brittany Neron, Sarah Kennell and Makeda Zook, Action Canada, Ottawa

Sincere thanks to the facilitators for sharing their time, knowledge and expertise with us and to the many participants, new and returning, who support our workshops; without your commitment we would not be able to offer this program. My heartfelt gratitude goes to Heather Cobb, the Executive Members (Shaniff, Brenda and Tracey), and the members of the Board of Directors for their ongoing support of our online workshops through website updates, social media support and graphic design of our calendar. THANK YOU!

Melanie Anderson, Education Coordinator
2018 - Nominations to the Board

TERESA LAMBERT is passionate about sexual and reproductive health with extensive related work experience. Teresa has a Bachelor of Arts in Music from the University of British Columbia and a Bachelor of Science in Nursing from the University of Alberta. She volunteered as a Peer Sexual Health Educator while attending UBC, worked for two years as a Comprehensive Sexual Health Educator at Calgary Sexual Health Centre, and spent five years as a Sexual Assault Crisis Counselor with Calgary Communities Against Sexual Abuse on the Calgary Sexual Assault Response Team. After completing her nursing degree in 2015, Teresa has worked in Labour, Delivery, Recovery and Post Partum; as a Clinic Nurse at the Edmonton Sexually Transmitted Infections Clinic; and currently works as a Sexually Transmitted Infections Partner Notification Nurse.

Teresa is a tireless promoter of health, equality and empowerment through education by providing and advocating for non-judgmental, compassionate, person centered sexual health care, education, counseling, health promotion, and advocacy.

DR. MARGARET NEWBURY JONES has worked with folks with intellectual and developmental disabilities for her entire career. She currently owns and operates SHADE Consulting and Counselling which provides sexual health education and counselling for folks with IDD. She has 25+ years working with this community, first as a special education teacher and in providing sexual health education since 2002. She has been involved with ASPSH facilitating the online workshop, Sexuality and Disability 101, since 2013.

RAELENE MILLER graduated from the Red Deer College/UofA collaborative BScN program in 2008. She started her career in the ED and pediatric/level 2 NICU at the Red Deer Regional Hospital before moving to Edmonton to work at the PICU at the Stollery Children’s Hospital. After working at the PICU for 1 year, her dream nursing job at the Sexual Assault Response Team had an opening. She worked with SART from 2011-2015 when she took a break for just over a year and went to the Edmonton Remand Centre and Royal Alexandra emergency department. She returned to SART initially to cover a maternity leave and ended up staying in a permanent position. She also has casual positions in seniors community health with the Integrated Supportive Living program and at the Sexually Transmitted Infection clinic. She has had a 12 year interest in women's health, especially around sexual health, and violence against women.

Raelene has also completed the sexual assault nurse examiner theory at Mount Royal University, and completed Levels 1-3 of her Occupational Health Nursing through St. Laurence College.
THANK-YOU

Thank-you to the ASPSH Board of Directors for their continued commitment to ensure professionals and others have access to sexual health information and training services through our programs. Special thanks to our exemplary leadership team: Board President, Heather Cobb and other members of the Executive, Dr. Shaniff Esmail, Tracey Burnett and Brenda Kerber, our Treasurer who worked diligently to organize our financial records. Thank you to our Board Members who have generously offered their expertise to ASPSH for website design and support, social media outreach, conference planning and strategic planning. Thank you to our staff, Melanie Anderson for her commitment to ASPSH.

Sincere gratitude is extended to our membership, both Organizations and Individuals, as well as our online workshop facilitators and participants. Thank you also to the organizations that have contributed financially and in-kind to the work of ASPSH. We appreciate your ongoing support.

азвира 2017/18 ASPSH BOARD OF DIRECTORS

Heather Cobb - President
Dr. Shaniff Esmail - Vice President
Tracy Burnett - Secretary
Brenda Kerber, - Treasurer
Edward Sandberg
Alex Daraseng *
Jenny Rand
Vycki Atallah,
Kristie Beatty *
Tammy Troute Wood
Jenise Finlay

азвира 2017/18 ASPSH STAFF/CONTRACT

Melanie Anderson- Education Coordinator

* Resigned/Retired from Board/Staff

азвира 2017/18 SUPPORTERS/PARTNERS

Alberta Gaming and Liquor Control Commission
University of Alberta Occupational Therapy
Alberta Health Services, Sexual and Reproductive Health, Calgary Region
Action Canada for Sexual Health and Rights