

SATURDAY, May 18th

11:00am-1:00pm	Conference Check-in	
11:30am-1:00pm	Optional lunch (payable separately)	
AFTERNOON PLENARY SESSION		
1:00 - 1:30pm	Why Does the Future of Healthcare Begin with Nutrition?	Matt Ruscigno, MPH RDN (Q&A 1:55-2:05pm)
1:30 - 1:55pm	The Sustainability Factor – Do Healthcare Professionals Have a Responsibility to Promote Sustainable Plant-Based Dietary Patterns that Protect the Planet?	Kathy Pollard, MS (Q&A 1:55-2:05pm)
2:20 - 3:45pm	INTEGRATING PLANT-BASED NUTRITION INTO FAMILY MEDICAL PRACTICE AND OTHER PRIMARY HEALTH CARE	
	Plant-based Family Medicine: Prescription Reversal	Robert Breakey, MD (Q&A 3:30-3:45pm)
	Plant-based Nutrition for Healthcare Professionals: Implementing Diet as a Primary Modality in the Prevention and Treatment of Chronic Disease	Julieanna Hever, MS RDN (Q&A 3:30-3:45pm)
4:00 - 4:45pm	The Impact of Historical Racial and Ethnic Bias on the Health Profiles of Minority Communities	Milton Mills, MD (Q&A 4:45-4:55pm)
4:55 - 6:15pm	Dinner	
EVENING PLENARY SESSION		
6:15 - 7:00pm	THIRD ANNUAL DENIS BURKITT MEMORIAL LECTURE SERIES: PART 1 OF 3 <i>"Women's Health And Chronic Disease Risk, And Reproductive Health"</i>	
	Can Plant-based Diets Reduce the Risk of Cardiovascular Disease, Osteoporosis, and Alzheimer's Disease and Other Dementias in Women?	Reed Mangels, PhD RDN (Q&A 7-7:10pm)
7:10 - 7:25pm	Break	
7:25 - 8:10pm	DISTINGUISHED RESEARCHERS TRIPLE LECTURE SERIES: PART 1 OF 3	
	The Need to Swap Animal Proteins for Plant Proteins, for Health and the Environment	David J. A. Jenkins, MD PhD DSc (Q&A 8:10-8:20pm)
8:25 - 9:45pm	Music and Dance	

SUNDAY, May 19th

7:00-7:50am	Fitness Activity	
7:50am	Breakfast (available for two hours in conference hall)	
7:50 am	MORNING PLENARY SESSION	
8:35-9:40am	ANNUAL PUBLIC POLICY ROUND TABLE: How to Navigate Successfully a Progressive and Evidence- Based Nutrition Message in a Challenging Food Policy Environment (with audience questions)	Chair: Amy Lanou, PhD Gloria Ann Begay, MAE Susan Levin, MS RDN CSSD
9:55-10:40am	DISTINGUISHED RESEARCHERS TRIPLE LECTURE SERIES: PART 2 OF 3	
	Resetting Your Body Clock and Boosting Your Metabolism with Plant-based Nutrition	Hana Kahleova, MD PhD (Q&A 10:40-10:50am)
10:50-11:35am	Culinary Disease: The EATiology of Cardiovascular Mortality	Kim A. Williams, MD MACC FASNC FAHA (Q&A 11:35-11:45am)
11:45am–12:05pm	Break. Lunch food service available to begin at 11:50am	
	AFTERNOON PLENARY SESSION	
12:05-2:00pm	WORKING LUNCHEON on <i>"From Addictive and Health-Undermining Eating Behaviors to Change and Recovery"</i>	
	The Biology of Food Addiction in the Modern Obesogenic Food Environment	Micaela Karlsen, PhD MSPH (Q&A 1:45-2:00pm)
	10 Commandments to Overcoming your Weight-loss Obstacles	Chef AJ (Q&A 1:45-2:00pm)
	Breaking Through a Weight-loss Plateau	Anthony Lim, MD JD (Q&A 1:45-2:00pm)
2:10-3:35pm	FOCUS LECTURE AND ROUND TABLE: When Patients and the Public Ask, "What Should I Do, How Do I Start, What Do I Eat?" (with audience questions)	Focus Lecture: Paul Chatlin (2:10-2:25pm) Chair: Sheri Orlekoski, RN BS HCSA Paul Chatlin Deitra Dennis, RN CHC Katya Galbis, LD Timaree Hagenburger, MPH RDN
3:35-4:00pm	Break. All Participants Gather for Group Photo	
4:00-5:45pm	THIRD ANNUAL DENIS BURKITT MEMORIAL LECTURE SERIES: PARTS 2 AND 3 OF 3 <i>"Women's Health And Chronic Disease Risk, And Reproductive Health"</i>	
	Mood, Food, and Risks Reviewed: Lifestyle Links to Cancer, PMS, Diabetes, Depression and Dysfunctional Uterine Bleeding	Linda Carney, MD (Q&A 5:30-5:45pm)
	A Lifestyle Perspective on Infertility and Pregnancy Outcomes	Amanda E. McKinney, MD CPE FACLM FACOG (Q&A 5:30-5:45pm)
5:45-7:45pm	Dinner	
7:45pm	Social Networking	

MONDAY, May 20th

7:00-7:50am	Fitness Activity	
7:50am	Breakfast (available for two hours in conference hall)	
8:35-9:20am	DISTINGUISHED RESEARCHERS TRIPLE LECTURE SERIES: PART 3 OF 3	
	Can What You Eat Influence our Risk and Prognosis of Cancer?	Lawrence H. Kushi, ScD (Q&A 9:20-9:30am)
9:30-9:40am	Break. Final refreshments before late lunch	
9:40-10:45am	CLINICIANS' ROUND TABLE: A Family Practice Physician, Cardiologist, Nurse and Registered Dietitian Discuss Together How They Each Have Re-dedicated Themselves to Hands-on Facilitating of Lifestyle Behavior Change (with audience questions)	Chair: Denise Dysard, RN BSN Brian Asbill, MD FACC Parul Kharod, MS RDN LDN Ana M. Negrón, MD
10:55-10:58am	Introduction	Producer: Saray Stancic, MD FACN
10:58am-12:40pm	FILM SCREENING: Code Blue – Redefining the Practice of Medicine	(Q&A 12:40-1:00pm)
1:00-3:00pm	Farewell Luncheon	
5:00pm	Event Concludes	