



SHADOWBALL®

— ACADEMY —



WORLD-CLASS

RUGBY SKILLS TRAINING

MEET THE SHADOWBALL

The ShadowBall is our cutting edge innovation in pass-and-receive technique training that's revolutionising the world of rugby skills. It's been described as the rugby equivalent of the driving range practise in golf.



(South African Registered design F2014/00554)

- ▶ ball is uniquely designed to rebound off any wall and come back to the passer
- ▶ complete up to 300 passes and catches in just 10 minutes
- ▶ hand-stitched and made to withstand 1000's of repetitions against the concrete wall

THE SHADOWBALL IS USED BY:

- ▶ Professional players, most notably the scrum-half duo of the All Blacks, TJ Pernara and Aaron Smith, as well as Jess Kriel and Chris Dry.
- ▶ Officially endorsed by The Japanese Rugby Union, The Sun Wolves, CJ Stander, BJ Botha, Gcobani Bobo and Nick Phipps.



*Scientific tests at Jeppe High School for Boys using Grade 8's concluded that the ShadowBall programme could **increase passing accuracy by as much as 266% in 4 weeks.***

THE SHADOWBALL ACADEMY

WORLD-CLASS RUGBY SKILLS TRAINING

The ShadowBall Academy is the world's leading ball skills development programme for young rugby players aged 7 to 13. Through the programme players improve their passing skills, accuracy and overall confidence to gain a match-winning edge over the competition.



WHAT'S IN THE PROGRAMME

- ▶ 9-levels from beginner to pro
- ▶ basic, positional and super ball skills tailored to each level
- ▶ skills grading 2 times per year with badge system indicating skill level
- ▶ hands-on coaching and mentorship with max 8 players to 1 coach
- ▶ up to 4 sessions per week
- ▶ sessions available Monday to Friday
- ▶ and most of all kids have fun developing their skills!

*“The programme **improved** my skills by **100% in 4 weeks**. It's a real game-changer. It helped me score my first two professional career tries and helped me set up the Currie Cup 2016 try of the season.”*

Selom Gavor, Golden Lions player and member of the High-Performance Unit.

JOIN TODAY!

Sign up to the ShadowBall Academy today and invest in your child's success.

Choose up to 4 sessions per week!

Venue: Trinityhouse Randpark Ridge

Address: 23 Knoppiesdoring Street, Randpark Ridge

SCHEDULE

TIMES	MON	TUES	WED	THUR	FRI
2-3pm	Under 7/8				
3-4pm	Under 9/10				
4-5pm	Under 11/12				
5-6pm	Under 13/14	Under 13/14	Under 13/14	Under 13/14	
6-7pm	14+	16-Pro	14+	16-Pro	

PACKAGE (Prices below are per month)

SESSIONS PER WEEK	1	2	3	4
Standard cost	R605	R920	R1265	R1650
Trinityhouse learners	R399	R599	R899	R1199
Holiday Academy	R750			
Once-off registration fee for new members	R200 *Holiday Academy attendees do not have to pay registration fee.			

2 holiday academies included **free of charge** for learners who sign up for **12 months** of consecutive classes at our ShadowBall Academy

BANK DETAILS:

Name: ShadowBall
Bank: FNB
Branch: 250655
Cheque Account: 624 8305 3642
Reference: Your child's name

Return the payment slip to your school or email it to info@shadowball.co.za with proof of payment.

Money-back guarantee. Full refund if not satisfied after 14 days.



SHADOWBALL® **HOLIDAY ACADEMY**

*STAY ON TOP OF YOUR
GAME OVER THE HOLIDAYS!*

Join our exciting ShadowBall Holiday Academy where the ShadowBall team will engage kids with exciting skills challenges, innovative techniques and fun games with great prizes. They will also have the chance to meet professional players and learn from the best in the game.

- ▶ 4 holiday academies in 2019, coinciding with each term holiday
- ▶ **Dates: 1-4 April, 24-27 June, 1-4 July, 23-26 September and 9-13 December 2019**
- ▶ Schedule will run Mon-Thurs from 8:30am to 1pm
- ▶ **R750** per holiday academy
- ▶ 2 holiday academies included **free of charge** for learners who sign up for 12 months of consecutive classes at our ShadowBall Academy

For any questions or assistance please contact:

 info@shadowball.co.za

 +27 12 003 2976

 www.shadowball.co.za

ShadowBall® is a brand of The Great Sporting Good Company (PTY) LTD.



ENTRY FORM

Please send the following information to info@shadowball.co.za and we will get back to you.

Name of Student: _____

Name of Parent: _____

Parent cell number: _____

Email: _____

Child Age: _____

Years playing rugby: _____

ShadowBall Academy Holiday Academy Both

For more information call 084 500 7840 or email info@shadowball.co.za.