

3130 Strawberry Rd Ste E

Pasadena, TX 77504

281-780-8889

Shiningstarscc17@gmail.com



Welcome!

We want you to know we value your interest in the Shining Stars Cheer Team. This is currently our 3rd season under the direction of Cequisha. The Shining Stars coaches look forward to building strong relationships with our athletes and parents. The Shining Stars Cheer Company strives in teaching and impacting lives with high standards, strong expectation, and disciplined training. We also strive to teach morals and core values that will not only help our athletes in cheer but in real life situations to help create a better overall person.

Shining Star's Mission

We promote attributes that will influence all aspects of athletes' lives, including:

- Being positive
- Teambuilding
- Enjoying the spirit of cheer
- Working with others
- Building self-esteem

We encourage each athlete to work toward these goals:

- Strive for excellence by always doing your best
- Work hard
- Be disciplined
- Have fun
- Be positive
- Exhibit good sportsmanlike conduct

Contents

Attendance, Absence Policy & Sick Policy	pg. 2
Injuries, Misc. Info., Team communication & Monthly Tuition	pg. 3
Practice Attire & Team Calendar	pg. 4
Show Team Fee Sheet	pg. 5
All-Star Prep Fee Sheet	pg. 6
Payment Policy, Summer Camp & Contact Info	pg. 7

Attendance

All-Star cheer is a select sport. It takes a full commitment from both the athlete and the family. Both parents must be aware of the attendance requirements. We realize many children and young adults are involved in a variety of activities, however, with the high commitment level that this sport demands, we encourage you to communicate with us on **Mandatory** school functions. The team and individual can only be successful with everyone at practice. We work extremely hard to try and minimize conflicts for our athletes. If you are involved in school activities, we request the schedule as early as possible. We reserve the right to remove anyone from a team if they habitually have absences.

During the school year, the only excused absences are school functions that result in a grade, contagious illness or a funeral. All other absences such as, but not limited to: vacations, homework/studying, and birthdays will be unexcused. If an athlete has more than 3 unexcused absences, it will result in missing a competition. After 5, they will be removed from the team. There are no excused absences from a competition. Every team member is expected to be there even when ill. If an athlete misses a competition for any reason other than injury, they will be responsible for the amount to refund each team member's competition fees for having to pull out of competing.

Absence Policy

Once we enter the month of November the only excused absence is a school function that is mandatory for a grade. All other absences are unexcused. Dances, concerts, banquets, long distance driving, family reunions, weddings, recitals, school/church socials, and any other non-related school activities are unexcused. Absences are not allowed the weekend and week prior to a competition. An unexcused absence may result in the athlete being moved to an alternate position or pulled from an upcoming performance at the discretion of the coaches. It is the responsibility of the athlete to learn any changes prior to the next practice. Since school activities are planned well in advance, please communicate to us any mandatory events well in advance since absences must be approved by staff to be excused. We will verify with school administration and the teaching staff if we think someone is being less than truthful. Be prepared to show documentation from a teacher or instructor. You will be removed immediately if the request is falsified.

Sick Policy

Athletes must attend practice even if they are sick. Students unfortunately are removed from the program for failing to follow this rule. We will not make exceptions. You will not be required to participate; however, you must be present. An athlete will jeopardize his/her position if this rule is not followed. In addition, you must provide a doctor's note with detailed information regarding the illness, treatment and length of recovery. This includes dental, medical and any other health related issue that would prohibit a student from participating.

Injuries

In the event that an athlete is injured at home or during other extracurricular activities, we ask that you please notify us as soon as possible. You should call the coach and the team representative to get the necessary information to the coaches. We will make changes with choreography prior to the practice. We will re-choreograph routines based on the athlete's injury and length of recovery. Once the individual has full recovered, she will be placed back in the routine. The coaches have complete discretion in replacing such individuals for the rest of the season if they feel it is best for the team. All injured athletes must continue to pay their tuition. Please note, if your athlete is injured, you will still be required to attend practice.

Miscellaneous Information

All routine/choreography including music, cheers, dances, stunts, transitions, and tumbling should be highly protected and shall not be shown or discussed with others. Anything created without our approval is unacceptable and cannot be sold or used for personal use independently. Our logos have full protection and are copyrighted. Any Tuition does not pay for the right to perform. If your athlete does not perform, we will do everything in our power to get your athlete a jacket, shirt and/or medal. Mandatory tumbling and jump classes will be assigned as needed. We believe in perfection before progression. We will not allow athletes to learn advanced tumbling skills before perfecting their basics and team tumbling requirements. Proper technique is everything and only perfected skills will be choreographed in a Shining Stars routine. Absolutely no unsupervised tumbling or stunting is to be done at practice. An instructor must be present at all times.

Team Communication

Most communication is set forth in monthly notes, calendars and emails. Each team will have a designated coaching staff and a team representative responsible for relaying information to the parents and coaching staff. Any questions or team related concerns should be addressed with the team representative prior to contacting the coaches. Team representatives will also be assisting the teams at competitions and working closely with the staff.

Additional information will always be posted on our social media sites (FB and group me).

Monthly Tuition

Monthly tuition for the 2019-2020 is \$55 per athlete for October 2019 through April 2020. The monthly tuition is due on or before the first of each month. There are no discounts or refunds if your child does not attend a competition, practice, or for any other reason.

Practice Attire

Athletes are to be in the assigned practice wear for the day, matching bow, practice shoes, no jewelry and hair up in a ponytail away from the face – no excuses!

Our practice uniforms are intended to create the visual appearance of a team and give the girls (not the parents) a responsibility to come prepared to practice. Looking the same, coming prepared to practice ready to go and being in the same uniform helps to create that team mentality that makes for a great team that works well together and produces results on the cheer floor!

It not only fosters team unity, which in turn can keeps athletes motivated to succeed but it also creates solidarity between athletes and fans. Having a strong fan base is essential to a team's morale, motivating athletes even further, especially on competition days. And last but not least, wearing matching uniforms creates a sense of equality, which is important when we are trying to win as a group. No individual is more important than any other, and that's what teamwork is all about!

* Lost, misplaced or damaged clothing will be replaced at your expense

Show Team

Show teams (ages 5-8) perform at events, but do not compete. The team has practice once a week for 1 hour and 30 minutes. The show team will participate in five performances during the season. All performances are held in the Houston area. Dates will be announced in July.

Fee List (New Member)

\$100 registration fee \$200 Uniform \$40 Bag \$30 Bow \$60 Warmup Jacket \$40 Shoes \$155 Practice Clothes \$625 Total

Schedule Payment Chart

May= \$100 June=\$105 July=\$105 August=\$105 September=\$105 October=\$105

Other Fees

Athlete competition entry fees and spectator fees vary per competition, but will be provided to you in advance for payment.

All Star Prep Team

The All-Star Prep Team (ages 9-14) will compete at five or six competitions. The team will practice once a week for 2 hours. All performances are held in the Houston area. Dates will be announced in July. LEVEL 1: back walkover series, front walkover series, standing combo, running round-off combo and a jump combo with walkover.

Fee List (New Member)

\$100 registration fee \$300 Uniform \$40 Bag \$30 Bow \$60 Warmup Jacket \$40 Shoes \$160 Practice Clothes \$730 Total

Schedule Payment Chart

May= \$100 June=\$126 July=\$126 August=\$126 September=\$126 October=\$126

Other Fees

Athlete competition entry fees and spectator fees vary per competition, but will be provided to you in advance for payment.

Payment Policy

All tuition payments must be paid by the 5th of the month. If account is not paid by the 6th of the month a \$20 late fee will be charged to account on the 7th. Athletes are subject to dismissal for delinquent accounts. Season fees must be paid by the end of each month. If payment is not received, parent is responsible for extra cost. **Tuition cost is \$55. Parents will pay this amount starting October-April.**

All Star Prep Cheer Camp

All-star prep team athletes are required to attend a mandatory choreography camp for her team. The mandatory choreography fee includes the cost of choreography, instruction and music production. All members MUST pay this non-refundable fee, regardless of camp attendance.

Camp price is \$200 per girl. Camp includes lunch. We will have a fundraiser to help cover the cost of the camp.

Camp date is August TBA. Camp is CLOSED to all parents, relatives and friends.

Contact Information

Marcy Contreras-Team Advisor/Gym Owner 832-703-4992 Showtimedance17@yahoo.com

Cequisha Proctor-Cheer Coach 281-780-8889 Shiningstarscc17@gmail.com