

From: **Dorking and Mole Valley AC** dmvac@webcollect.org.uk
Subject: Phil Sears Handicap - 24th October
Date: 17 October 2019 at 13:04
To: David MOORE david.g.moore@me.com



Dorking and Mole Valley AC

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HANDICAP MARSHAL

We need a couple of marshals for the handicap on Thursday 24th October. Please contact John Jelly on

jellyassociates@yahoo.co.uk

if you are available. You will need a torch!

RUNNERS

Due to a couple of 'near-miss' incidents we are now going to have to be very strict on the torch requirement.

EVERY RUNNER MUST HAVE A TORCH. NO TORCH – NO RUN.

You can use a headtorch or body torch or just a hand-held torch. It must be working!!

You must also have a high-vis vest. The reason for the torch is the same as the reason for the high-vis – it is so that you can be seen. We know you all know the route and don't need a torch to see your way round the route but others need to see you coming. Drivers around the Denbies loop and pedestrians around the Chichester Road loop are the highest risk of people just not seeing a runner coming out of the dark and causing an accident.

Also the stretch along the A24 is dark in places and narrow. Fast runners are doing a lot of overtaking at this point and we must ask runners to stay on the right no matter in which direction you are running. Overtake on the left.

All the above risks have been flagged up and we must act on that information. Consequently I cannot make any exceptions!!

I repeat –

NO TORCH – NO RUN

Thanks

John Jelly

John Jelly

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