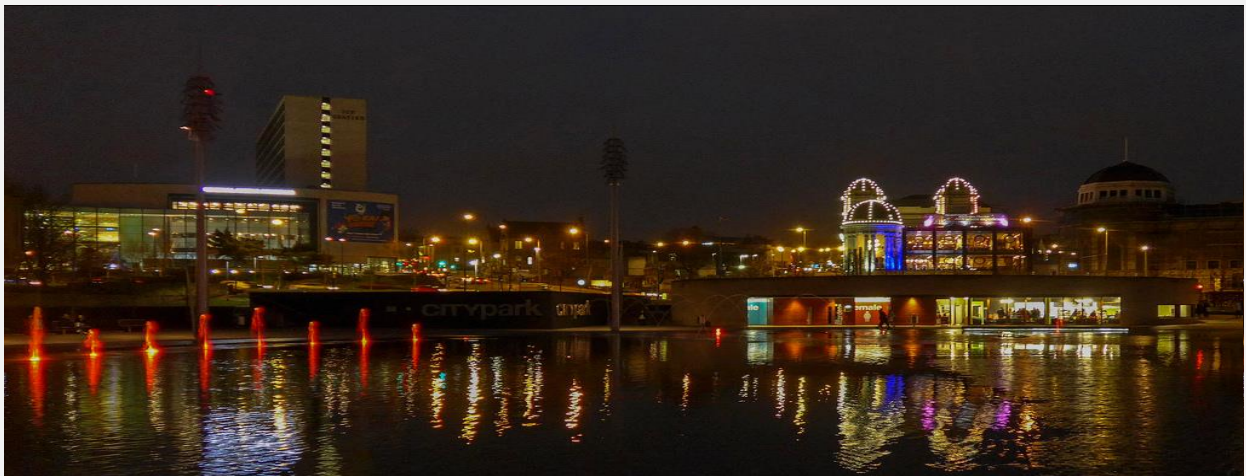


# BRIEFING BRADFORD

BROUGHT TO YOU BY BRADFORD DISTRICT  
INFRASTRUCTURE PARTNERSHIP



## Fourth Edition!

Welcome to the 4th issue of BRIEFING BRADFORD. We're back, and we're bringing you news, events, training, funding streams, how to's, information on how you can get involved and so much more. This is the merged mailing of Community Action Training, Young Lives and Centre Forward.

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# DISTRICT NEWS

## Have Your Say – Help Shape the Future of Oral and Dental Health Research

Last year we asked patients, carers and health care professionals and members of the public to tell us what questions they wanted research to answer on oral and dental health, to keep peoples' mouths, teeth and gums healthy. Over 600 people replied, submitting over 1000 questions. We've whittled the responses down to a key set of 38 questions. We now need to identify the top 10.

Please tell us which you think are the 10 most important research questions by completing our [survey](#) before 5pm on 16 Nov 2018. To find out more about this project visit our [website](#)

## Women's Health Network

The [Women's Health Network](#) (WHN) is a collective of people living and/or working in Bradford who have an interest in issues affecting the health and wellbeing of women and their families, with a particular focus on the engagement of seldom heard voices.

The Women's Health Network operates under CNet's Engaging People project. New members are always welcome.

The next meeting will be:

Wednesday 12<sup>th</sup> December, 10.00 am – 12.00 pm

Agenda to be agreed.

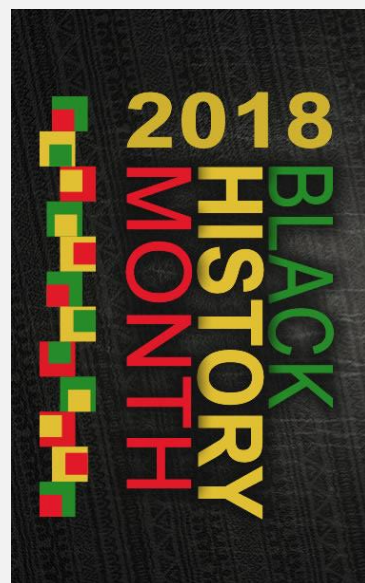
If you are interested in attending please email [yazmin@cnet.org.uk](mailto:yazmin@cnet.org.uk).

## Windrush Generations, Citizenship and your rights - part of Black History Month

A very important discussion is happening this Friday 26<sup>th</sup> October in Bradford about the Citizenship rights of the Windrush Generation. The event is aimed at providing information and guidance to Elders, relatives and the local community who may want to know more about the adverse effect of the Home Offices 'Hostile Environment Policy' and what can be done now. Read more about this event on [our website](#)

**When?** Friday 26<sup>th</sup> October **Time:** 10.30-12.30

**Where?** Margaret McMillan Tower (Hockney Room) BD1 1NN



## Leaders Network – District Wide Alumni Event

As a follow on from the launch event of the 'Leaders Network – District Wide Alumni Event' that was held in the summer, we are delighted to announce that a date has now been set for a second event which will be hosted by Bradford District Care NHS Foundation Trust. These districtwide network events are aimed at graduates from all our organisations internal leadership programmes, and are designed to provide you as leaders with Cross Organisation Networking Opportunities, Master Class speakers, Coaching and Mentoring and Action Learning Set. Please secure your place now via the [Eventbrite Booking](#).

**When?** Wednesday 14<sup>th</sup> November **Time?** 1.30pm – 4.30pm: **Where?** Victoria Hall, Victoria Road, BD18 3JS

# Conversations for Change

## An Invitation to...

People who work or volunteer within the 3rd sector in Keighley  
To join with other like minded groups and practice techniques aimed at  
respectfully guiding people towards the life they want to lead.



It's no good it won't change.

It's too late to bother now, I've been doing it all my life.

None of these things work for me, I've tried them all before.

It's not a problem...it's what people do around here.

If you hear the above phrases from the people and communities you work alongside and want to learn how to reframe them, or find ways to talk about strengths rather than deficits, then this session may help. The day will draw on the spirit and style of Motivational Interviewing and person centred and strengths based approaches. It will also provide space and time for 3rd sector organisations in Keighley to further develop and build relationships with each other.

**Tuesday 20th November from 10am - 4pm at Central Hall, Alice St, Keighley. BD21 3JD.**

Places are limited. To book a place please complete the booking form included within the accompanying email. For further information contact [angela@ripens.co.uk](mailto:angela@ripens.co.uk). This opportunity has been fully funded by the Self Care and Prevention Programme.



# DISTRICT NEWS

## Cancer Companions Take My Hand... And Walk With Me!

Cancer Companions Support groups are inclusive of ALL communities and people, we actively welcome Black, Asian, Eastern European, Traveller Communities and all minority or marginalised groups. Single and mixed gender groups are available to meet your needs.

Having cancer is often one of the most stressful experiences in a person's life. However, support groups help many people cope with the emotional aspects of cancer by providing a safe place to share their feelings and challenges. They also allow people to learn from others who have experienced similar journeys.

We will provide a relaxing environment for you to access help from other people who have been through the journey. Your journey experience, whether it has just begun or you have come through it, will help others understand their journey better.

[Find a local group on our website](#)



## Economic Strategy – demonstrate your contribution

Bradford's [Economic Strategy](#) was launched in March. Performance and output measures are being developed – see the [presentation](#).

In addition the Council is looking to track activity that contributes to the strategy. See their [tracking spreadsheet](#) and if you have additional content send it to [mark.clayton@bradford.gov.uk](mailto:mark.clayton@bradford.gov.uk). It would be good to ensure that all the VCS activity that contributes to the strategy is recognised.

## Why do we need a BAME Community Patient Panel?

The reason for creating a Community Patient Panel is to ensure the voices from ALL our communities are taken into consideration, when decisions are being made on how services will meet the needs of people who are sometimes forgotten or not heard. It is our responsibility to stand up, be counted and take control of the way services are developed, with an understanding of the different needs, religious, cultural and social.

We would like to encourage membership of the panel from all minority groups, this is not an exclusive group, everyone is welcome. Our focus is on people who are going through, have just finished treatment, and carers of people with cancer.

The panel is totally independent of mainstream health providers, however we will be contributing to the decision-making process and making sure your voices are heard.

Your time and commitment is entirely dependent on you, we understand the difficulties faced and time restraints put upon you through testing times. You can be assured your input will help change outcomes for people going through the journey now and in the future, please stand up and make a difference.

We would love to hear from you, discuss ideas and share a cup of tea, if you would like to find out a little more about us please call us on 01274 44 22 70 or email [info@bamevoices.org.uk](mailto:info@bamevoices.org.uk)  
Park Lane Centre, Park Lane, Bradford, BD5 0LN



# DISTRICT NEWS

## CLLD Network Event

The Community Action Voluntary Organisation Support Officer's are working alongside the Community Led Local Development European team to develop the CLLD specifications and tenders and are close to issuing these.

There was a partnership meeting on October 23<sup>rd</sup> for groups interested in tendering.

There are also regular network community meetings for groups, these are in Bradford South and West in November and December.

Watch this space for more information on these community meetings.

## Bradford Buy Nowt - Alternative Black Friday Event

'Buy Nowt' is a CURRENCY FREE ZONE. It's our Yorkshire twist on the international 'Buy Nothing Day' which campaigns against poverty caused by consumer debt and excess.

The event encourages families to consider a 'Low Tech, Low Cost' Christmas to avoid debt and provide an alternative for those feeling alienated by Black Friday deals they can't afford. Many Bradfordians are reeling from the impact of Universal credit and austerity is making us feel the pinch.

The event will have two strands working as one:

- 1) **Creative activities** for all ages; making gifts, cards and decorations for the festive season.
- 2) **Debt, budget & benefit advice and help**

The event will be in the former Aspire-I building on John Street. There are toilets and the building is accessible. For more information email Ian Brewer

Times are:

Friday 23<sup>rd</sup> from 10am – 6pm

Saturday 24<sup>th</sup> from 10am – 4pm

## People Can Kitemark

We are pleased to announce that three more local charities have successfully completed the People Can Kitemark award. This is a certificate awarded to organisations that show their volunteering programmes provide the best experience possible for volunteers. Congratulations to Scholemoor Beacon, Cancer Research UK Bradford Fundraising Team and Yorkshire MESMAC on being awarded the Kitemark. Eleven local charities have been awarded the Kitemark since its launch last year. If any other organisation is interested, please contact the Volunteer Centre to find out more about how to get this free award.



## Bradford Volunteer Centre – Farewell to our Director

We are sad to have said farewell to Dave Forrest, our Director. Dave had been at the helm for 9 years and provided a wealth of support and assistance to local charities.

We are recruiting for this role, the deadline for this role is 25<sup>th</sup> Oct so check the jobs section of this newsletter or DIVA for details!

If organisations need any support with volunteers please email [info@volunteeringbradford.org](mailto:info@volunteeringbradford.org) or tel. 01274 725434.

The office will be open from 9.00 – 4.30 from Tuesdays – Thursday but closed on Mondays and Fridays until further notice.

# FUNDING

## Power Up: Women and Girls

Funding is available to women and girl-led organisations, partnerships, consortia and women's funds supporting women to have collective power, build movements and become change agents.

The funding is to support the development of specific work (such as campaigns, advocacy and/or services) when it is part of long-term change. It is also to support work which helps movement constituents develop a common agenda for change, such as developing and sharing analytic frameworks, and work that is focussed on base building. Find the criteria on the [Comic Relief website](#)

The funding is available for three to five years. Grants range from up to £300,000 for single applicants or up to £500,000 for partnerships.

This is a two stage application process.

The deadline for first stage applications is 7 December 2018 (12 noon).

## Community Shares Booster Programme

"The [Community Shares Booster Programme](#) is a funding scheme to support [community share offers](#). It will invest equity up to £100,000 to match community shares in societies that can demonstrate higher than average levels of community impact, innovation and engagement.

The programme will also provide development grants of up to £10,000 to help societies get investment ready and meet standards of good practice."

The programme is open to new and existing community businesses that are planning to make, or have recently launched, community share offers. They must be based in England, be an emerging or existing community business and be able to address an identified charitable purpose.

You can find more information on the [bfunded website](#).

[Craven Trust deadlines in 2019](#). Grants of £100 to £1,500 for community groups working in the Craven Trust area. This includes Haworth, Keighley, Oakworth, Cullingworth, Wilsden and Denholme.

[Bradford VCS Alliance, Asset Based Community Development grants](#). Grants of £250 to £1,000 for groups to meet health and wellbeing needs within Bradford City and District CCG areas. Deadline for first round of applications 23 November 2018 (5pm).

[Liz and Terry Bramall Foundation - new small grants programme](#). Grants up to £5,000 for innovative activities/ services that focus on mental health and wellbeing, education, training and employment. Deadline 11 December 2018 (12 noon).

[Big Lottery Fund, Youth Capacity, deadline 19th November](#). Grants of up to £50,000 available to build capacity in grassroots organisations that help young people into work.

[Big Lottery Fund - new Digital Fund](#). Applications open now and close on 3 December 2018. There will be further opportunities to apply in 2019.

[European Structural and Investments Funds event, 13 November 2018](#). 9am to 4pm - The Queens Hotel, City Square, Leeds, LS1 1PJ. Free event!

[Getting Tender Ready, 4 December 2018](#). 10am to 1pm Manningham Mills Community Centre, Bradford - from £48. Discount available.

[Government Invites Bids to Hate Crime Community Projects Fund](#). Around 8 projects will be funded in England and Wales.

[Cyber Skills Immediate Impact Fund](#) Opens for New Bids.

[Hospice UK Rank Foundation Awards](#) Open to Applications.

[£320 Million Heat Networks Investment Project for England & Wales](#): Open to Register Interest.



# COMMUNITY ACTION & VAL TRAINING

## \*\*\*NEW COURSE\*\*\* Food Hygiene Level 1

Date: 5<sup>th</sup> November 2018  
Time: 10.00-1.00  
Venue: Manningham Mills  
Trainer: Neil Lee Training

This course is aimed at all staff and volunteers working in health and social care.

### Course Overview:

This half day session aims to provide a more in-depth understanding of Food Hygiene. The certificate is valid for 3 years and is a Level 1 Food Hygiene course for people not working directly with food. [Book online](#)

## Outcomes: Measuring Success and Impact

Date: 13<sup>th</sup> November 2018  
Time: 10.00-1.00  
Venue: Manningham Mills  
Trainer: Sally Deith

This course is aimed at VCS organisations who want to demonstrate the difference their project makes.

### Course Overview:

We will cover clarifying and evidencing outcomes to support funding applications and demonstrate the impact of your work.  
[Book online](#)

## Community Action and VAL Courses Coming up Soon.....

[Starting from Scratch](#) 30<sup>th</sup> October **FREE course**  
[First Aid Requalification](#) 30<sup>th</sup>-31<sup>st</sup> October  
[Management Skills for New Managers- 2 day course](#) 31<sup>st</sup> Oct & 7<sup>th</sup> Nov Leeds  
[Minute Taking AM](#) 8<sup>th</sup> November - Leeds  
[Minute Taking PM](#) 8<sup>th</sup> November - Leeds  
[Equality and Diversity](#) 13<sup>th</sup> November - Leeds  
[Emergency First Aid at Work](#) 20<sup>th</sup> November  
[How to Supervise and Support your Volunteers](#) 27<sup>th</sup> November  
[First Aid at Work](#) 26<sup>th</sup>-28<sup>th</sup> November  
[Designated Safeguarding Officer](#) 27<sup>th</sup> November  
[Advanced Skills for Experienced Managers 2 day](#) 29<sup>th</sup> Nov & 6<sup>th</sup> Dec

For more courses look at our [training calendar](#).

## Information and News

Has this been forwarded? Receive our training news directly by heading to [divabradford.org.uk](http://divabradford.org.uk) - [Sign up](#) online. Once registered up to date courses will land in your inbox every Wednesday! Follow us on our [@wearecabad](#) Twitter to stay informed about our Training and other things we get up to.

Contact the training team

Email [training@cabad.org.uk](mailto:training@cabad.org.uk) or call 07419 133797

Diane Fox: Co-ordinator [dianef@cabad.org.uk](mailto:dianef@cabad.org.uk)

Cheryl Cowling: Administrator:

[cherylc@cabad.org.uk](mailto:cherylc@cabad.org.uk)

### [How to book](#)

Book online via the course page and we will invoice once a couple of days prior to the course. Our standard [cancellation policy](#) applies to all courses except First Aid. There is a separate [cancellation policy for First Aid courses](#).

# OTHER TRAINING & EVENTS

| Monday   | Tuesday   | Wednesday  | Thursday  | Friday  |
|--|---|--|---|---|
| 22   | 23  | 24   | 25<br>19:00-23:00<br><u>Happy Halloween Event</u><br><br>17:30-19:00<br><u>Speed Dating</u>                           | 26<br>19:30<br><u>The Netherlands</u><br>10:30-12:30<br><u>Black History Month</u>                  |
| 29<br>12:00-14:00<br><u>Fresh Start</u>  | 30<br>18:00-21:00<br><u>Live Better in Airedale</u><br>17:30-20:30<br><u>Sedbergh Youth Club</u>                                    | 31<br>17:30-19:00<br><u>Community Halloween Disco</u>      | 1   | 2   |
| 5<br>12:00-14:00<br><u>Fresh Start</u><br>10:00<br><u>Life Coaching</u>  | 6<br>17:30-20:30<br><u>Sedbergh Youth Club</u>  | 7  | 8<br>9:30-11:30<br><u>Resilience The Biology of Stress &amp; The Science of Hope</u><br>10:00<br><u>Life Coaching</u> | 9<br>8:30-10:30<br><u>Words for Work Grange Technology College</u><br>10:00<br><u>Life Coaching</u> |
| 12<br>9:30-16:30<br><u>Suffragette Themed Bronze and Silver Arts Award Training</u><br>12:00-14:00<br><u>Fresh Start</u> | 13<br>18:00-20:00<br><u>Resilience The Biology of Stress &amp; The Science of Hope</u><br>17:30-20:30<br><u>Sedbergh Youth Club</u> | 14<br>13:30-16:30<br><u>Bradford Leaders Network Event</u> | 15  | 16<br>8:30-10:30<br><u>Words for Work Grange Technology College</u><br><u>Volunteering</u>          |
| 19<br>12:30-15:00<br><u>Baby Week Bradford Launch</u><br>12:00-14:00<br><u>Fresh Start</u>                               | 20<br>17:30-20:30<br><u>Sedbergh Youth Club</u>   | 21   | 22  | 23<br>9:30-12:30<br><u>Beyond Baby Week</u><br>10:00-18:00<br><u>Bradford Buy Nowt</u>              |



# VCS JOBS

**\*\*\*CLOSING SOON\*\*\***

## Chief Executive Officer

Organisation: Volunteer Centre Bradford  
The Bradford Volunteer Centre has championed volunteering in the Bradford District for over 18 years and is now seeking a full-time CEO to take the organisation through its next period of growth.

Salary: £28,345-£31,798

Salary Frequency: Per annum

Hours: 35

Closing date: 25th October 2018 12:00pm

## Trustee (Voluntary)

Organisation: The Cellar Trust

Salary: Voluntary (travel and reasonable expenses paid)

Closing date: 26th October 2018 23:45pm

## Trustee: Treasurer (Voluntary)

Organisation: The Cellar Trust

Salary: Voluntary (travel and other reasonable expenses paid)

Closing date: 26th October 2018 23:45pm

## Peer Support Worker (Bank) x 2 posts

Organisation: The Cellar Trust

Salary: £11.75p/h

Closing date: 26th October 2018 23:45pm

## Trustees

Organisation: Equity Partnership LGBT Bradford

Salary: Voluntary

Closing date: 28th October 2018 23:45pm

## Youth Worker – Prince's Trust

Organisation: Bradford YMCA

Salary: £16,818.67

Closing date: 29th October 2018 9:00

## WYCAS Community Accountant (Bradford District)

Organisation: West Yorkshire Community Accounting Service (WYCAS)

Salary: £30,756-£34,106 (SCP 34-38)

Closing date: 29th October 2018 5:00pm

## Stronger Families Keyworker

Organisation: Brathay Trust

Salary: £21,000

Closing date: 30th October 2018 5:00pm

## Youth Work Lead (Trusted Relationships)

Organisation: Bradford YMCA

Salary: £20,030 - £22,000

Closing date: 5<sup>th</sup> November 2018 9:00

## Keyworker (Trusted Relationships)

Organisation: Bradford YMCA

Salary: £20,030 - £22,000

Closing date: 5<sup>th</sup> November 2018 9:00

## Family and Young People Support Worker

Organisation: Bradford Hate Crime Alliance

Salary: £22,500

Closing date: 5<sup>th</sup> November 2018 11:45

## Community Shop Manager

Organisation: East Morton Community Shop

Salary: £10.00p/h

Closing date: 6<sup>th</sup> November 2018 17:00

Our jobs are brought to you via



# CHILDREN & YOUNG PEOPLE

See also, [Young Lives Forum](#)

## First Ever Baby Week Bradford!

Babies are amazing. They're born ready for everything and really deserve to be celebrated. That's why Better Start Bradford has teamed up with a host of local partners from the voluntary & community and public sectors to dedicate a whole week to them from 19-24 November 2018.

Baby Week Bradford is a celebration of babies across the district, a celebration of families and a celebration of anyone who supports those families through pregnancy and the earliest years of a child's life.

There are over 40 events and activities for babies and their families, and those working with them. You can download the full programme at [www.babyweekbradford.org](http://www.babyweekbradford.org) (some events require pre-booking - please see the programme for full details).

Join the celebration! You can get involved on social media with the hashtag [#BabyWeekBradford](#)



[Half term events for children and families in the Bradford District](#)

## Launch Event: It's a baby's world and we're all just living in it!

Monday 19 November 2018

12:30-15:00, The Great Victoria Hotel, Bridge Street, Bradford, BD1 1JX

Better Start Bradford invites you to the official launch of Baby Week Bradford 2018. With a string of world-renowned speakers focusing on how critical the earliest years of life are, this event sets the scene for the city's week-long programme of fantastic events. This is a free event starting with lunch.

Aimed at: expectant parents, families with babies, anyone working with families, anyone commissioning services

[Book your free place now](#)

## Closing Event: Beyond Baby Week

Friday 23 November 2018

9:30-12:30, Alhambra Theatre, Morley Street, Bradford, BD7 1AJ

Better Start Bradford draws a close to the first Baby Week Bradford with a shared learning event, 'Beyond Baby Week'. We will ask that people pledge to continue celebrating babies and to champion the importance of those earliest years of life. This is a free event ending with lunch.

Aimed at: expectant parents, families with babies, anyone working with families, anyone commissioning services

[Book your free place now](#)

# CHILDREN & YOUNG PEOPLE

## Young Lives Strategic Update

Young Lives has published a strategic update – providing feedback on and from our strategic activities. Download the [October update](#). You will also find here our September Safeguarding update in case you missed it!

## Family Hubs Briefing

Mark Anslow, Interim Head of Service for Prevention and Early (BMDC Children's Services) updated participants at our Young Lives forum on 18<sup>th</sup> October on important changes in the delivery of services to children, young people and families in the District. Here is the [Family Hubs Briefing 18-10-18](#) that he presented at the event if you were not able to attend. You can also find out more on the [Bradford Council web page on Prevention & Early Help](#) where you can read their September newsletter. To register for the newsletter and other news alerts from Bradford Council including the Bradford Safeguarding Children Board newsletters you can sign up [here](#).

## Bradford District Apprenticeship Event

Bradford College will be running the **Bradford District Apprenticeship Event** on 22nd November, 12 noon till 19:00 at Bradford City Football Club. It is aimed at year 10 and 11 students, their parents and their schools. They can find out more about Apprenticeships and what opportunities are available. At this event there will be a wide range of businesses promoting their apprenticeship vacancies in and around Bradford. See flyers for [parents and students](#) and for [schools/organisations](#).

## BBC Children in Need Emergency Essentials Grant Programme

For all professionals who work with vulnerable families, children or young people. The BBC Children in Need Emergency Essentials grant fund aims to provide grant items that meet children and young peoples' most basic needs or are critical to their wellbeing. It supports children and young people who are facing exceptionally difficult circumstances

### Becoming a referrer and supporting the families you work with:

The grant is a referrer only programme and they want to work with as many organisations as possible in order to reach the families who are eligible for the grant. Find more information and register as a referrer on their [website](#).

If you would like a Partnership Manager to visit your organisation and talk you through the process contact [laura.cope@familyfundserves.co.uk](mailto:laura.cope@familyfundserves.co.uk)

## Bradford Takeover Challenge



Can you offer an opportunity for a young person to take over your role on Bradford Takeover Challenge day on **Friday 23<sup>rd</sup> November**. Or you may know young people who would like to participate. For information and resources visit [Takeover Challenge web pages](#) or contact [takeoverchallenge@bradford.gov.uk](mailto:takeoverchallenge@bradford.gov.uk) or call Heather Wilson on 07582 100 692.

## Fireworks / Bonfire night

There has been a [request](#) from the council, police and fire services to share key messages with young people and to report concerns about anti-social behaviour related to firework night.

# COMMUNITY SHOWCASE – Positive Minds

**Positive Minds** is a consortium of Voluntary & Community Sector and statutory services working to support older people and the organisations working with them. Positive Minds enables organisations to recognise the impact of poor mental health and to signpost older people to support services and social groups. We aim to empower older people to build resilience by developing prevention work project and promoting self-care.

## **Tell us who you are –**

Positive Minds is a consortium of organisations – it was founded 11 years ago and we work to improve the mental health of older people in the Bradford District. We identify gaps in provision, and try to address those gaps by developing a new project led by one of the organisations in the consortium. We run events to discuss and highlight relevant subjects, for example self-care, mental health first aid and volunteering.

We are looking to run more events in the coming months working with a range of partners so watch this space.

## **Why was the organisation founded? –**

Marilyn, one of the founders, said “I worked in the NHS as a counsellor until I retired, and I was conscious that in the UK when you got to a certain age, mental health became less important as it was seen as ‘part of the ageing process’ – this is something I wanted to help overturn”. The upper limit for access to adult mental health services is 65, and I feel this is far too low. In order to address this, we started a group called the ‘Older People’s Mental Health Group’, eventually this became Positive Minds. We then were joined by other organisations like Age UK, Carer’s Resource and Bradford Relate, and earlier this year we were pleased to receive our Charitable status.

## **Tell us about what you get up to and what you offer –**

Most of what we offer is raising awareness of the changes due to ageing and the part that good mental health plays in a healthy lifestyle, we do this through events and working with our partner organisations, some of whom deliver services directly to older people. We did a brilliant pilot called Worth Connecting a few years ago around IT and older people. It was so well received and oversubscribed that as a consortium we applied for a Big Lottery bid to carry this on which was successful. The project is led by Carer’s Resource, but has workers based with Age UK, 3C and The Welcome Project.

We don’t just target older people with our consortium activity, we are trying to run events that are inclusive of younger generations, all genders, all ethnicities and cultures, so we get a whole-society perspective on ageing. If we engage the younger generation early enough in our events, our projects and our activity, we can establish what is important to them and implement change for future generations,

## **What are you most proud of about your partnership? –**

One of the things we are proudest of is our Worth Connecting project, the funding we received from the lottery of £500,000 has enabled us to extend it to the whole of Bradford and District, expanded from its initial Keighley geography.

We have been able to sustain our organisation for 11 years, with very little funding, but dedicated staff, volunteers and people that really believe in what the project stands for. We have got so many different organisations and groups involved and manage to retain them for long periods of time due to the passion they, and we, show.



# COMMUNITY SHOWCASE – Positive Minds

## What is your greatest challenge & how could others help you overcome it

As with the majority of the sector, funding is a major challenge for us, and so we welcome any donations, no matter how small – and we also welcome donations of time, if anybody wants to volunteer with us or with our projects it would be of massive benefit.

However, our greatest challenge is redefining what it means to be an 'older person' in today's society. They often have a negative stereotype as being frail and not contributing much to society, whereas the reality is that they have contributed to society for their whole lives and continue to do so in many forms such as childcare for grandchildren, volunteering, being carers etc. Marilyn is 72 and is still very much an active member of society, in the voluntary health sectors. She is still a part of Positive Minds as their chair. The 65+ bracket contribute £61 billion to the economy every year and this deserves to be recognised. This is something the local and national media, as well as the Government can help us to redefine. We feel that Bradford could help to achieve this by becoming an 'Age Friendly City'.

## What have you got coming up?

We have an event called 'Make your Mind UP', a women's wellbeing event which is a partnership with People Can and Women's Health Network, it's an event to show that declining mental health isn't an 'inevitable part of getting older'. There will be key speakers including mental health organisations, the police, a local Bradford poet Sharena Lee Satti, and our founder, Marilyn Foster. This is on Friday 26<sup>th</sup> October, 10:00 to 13:00 in City Hall, Bradford.

We are also running an 'Ageing without Children' event soon for people who, maybe haven't had children, are estranged from their children, or their children may have moved away – leaving them relatively isolated. Professionals will also be invite to come and discuss the subject, hopefully leading to some community action, and even a local support group being set up.

Another exciting thing we are looking at is whether the Older People's Partnership Board can be re-established – we held an event, with an open call to anybody interested, and around 20 organisations came to discuss the possibility. Unfortunately to be able to do this we would need to access further funding so that we can give it the time it deserves. We hope that we can access this locally.

Take a look at our 'Banishing the Blues' Booklet and Poster – feel free to download, share and display these. You can also view our Anxiety Poster

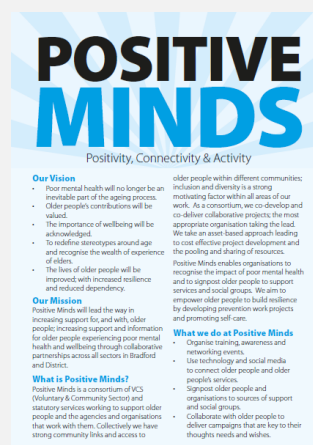
## Organisation Details:

Name: Positive Minds

Email them

Call them

Visit their Website



# OPPORTUNITIES

## Help make Bradford's next generation work ready

Words for Work aims to challenge inequality in employment opportunities for young people by providing students with skills they need to be successful.

The National Literacy Trust are working with Grange Technology College in November and are looking for volunteers to support programme delivery to help students develop their verbal and written literacy skills, including preparing for interviews and communication skills.

Contact: [billie.dunne@literacytrust.org.uk](mailto:billie.dunne@literacytrust.org.uk) for more information

## Forest School & Outdoor Activities

Autumn is the best time of year to be outside! Here are some activities including woodland games, campfires, den building, story-telling and nature art and crafts.

## #IlluminateFestival

Experience three days of magical acts at this mini festival packed with amazing performances, interactive installations and colourful street theatre.

30 Nov-2 Dec in City Park, Bradford. Admission is free

## National Consultations (Children & Young People)

Ministry of Housing, Communities and Local Government: A new deal for social housing  
Closing 6th November 2018

Department for Education: draft guidance on relationships and sex education  
Closing 7th November 2018

Department of Health and Social Care: Ending the sale of energy drinks to children  
Closing 21st November 2018

Please take the time to get involved and have your voice heard!

## Minding the Gap

Minding the Gap is organising its next conference which will focus on the interconnections between Community, Culture and Health Inequalities and will be taking place in Hull (City of Culture 2017) on Friday the 11<sup>th</sup> December 2018.

We need to recognise the important link between communities and health. This conference will explore the current theory, evidence and practice to better health and wellbeing and ask the question 'what keeps us healthy?' rather than 'what makes us ill?' The voice of community-focused organisations and partnerships and the relationship with policy and practice has never been as important. Whilst involving communities in service design and pathways is essential, they need to be given real power to influence change.

The challenge is to change the wider health system and the people who work in it, in order to release people's capacity to engage in change and improvement. The conference will look at how policy makers and advisors can learn from the 'past' engage with the 'present' and build for the 'future'.

Please see the Flyer and Booking Form or pass on for completion and return. The conferences are usually in very high demand, therefore, please complete the form as soon as practicable.

# ASSEMBLY NEWS

Unless stated otherwise all Forums are held at CNet premises. You can get more details or become a member of a Forum by emailing [Wendy@cnet.org.uk](mailto:Wendy@cnet.org.uk). To attend the Young Lives Bradford Forum email [younglivesbradford@cabad.org.uk](mailto:younglivesbradford@cabad.org.uk)

## Assembly Steering Group

The election process for the new Chair of the Bradford District Assembly is in progress. The new Chair will be announced week commencing 5th November.

## Community Economic Forum

Monday 21 January 2019, 9.30 – 11.00 am

The CEF forum is committed to widening access to opportunities in learning, employment and social enterprise. Members have the opportunity to represent the views of the forum at district, sub-regional, regional and national levels and to share good practice and form partnerships and alliances as appropriate.

Members only – please get in touch with CNet if you are interested in becoming a member: [wendy@cnet.org.uk](mailto:wendy@cnet.org.uk).

## Equalities Forum

Thursday 20 December 2018, 10.00 am – 12.00 pm

We will be reviewing the forum priorities for the year ahead.

The Equalities Forum aims to ensure that equalities work (in terms of race, gender, disability, social class, sexuality, age and faith) remains an important focus not just within the VCS and Assembly structure, but that it is also embedded within statutory and private sector services.

## Young Lives Forum

Young Lives presented a strategic update at the Young Lives Forum on October 18. Download the October [update](#)

## Safer Communities Forum

Coming soon: criminal justice seminar. Details to be confirmed.

The Safer Communities Forum enables the voluntary and community sector to engage with statutory partners. The forum has a voice within the strategic decision making partnerships with the aim of developing solutions and shared outcomes to create a safer community for the citizens of Bradford.

All welcome.

## Health and Wellbeing Forum

Monday 29 October 2018, 9.30 am – 12.00 pm

The agenda will include a presentation from Sport England on work they are carrying out in the District.

The Health and Wellbeing Forum works to ensure the involvement of the voluntary and community sector (VCS) in the development and delivery of health and social care services in Bradford district.

Members only – please get in touch with CNet if you are interested in becoming a member:



# RESOURCES

## Safeguarding revisited – how does your charity fare?

Safeguarding is usually thought of as protecting children and vulnerable adults, particularly in the context of carrying on various “regulated activities”. But recently the Charity Commission has sought to broaden the scope of safeguarding in the charity sector and changes are also underway which will affect Non Government Organisations in the humanitarian sector.

The guidance also refers to the Charity Commission’s strategy for dealing with safeguarding issues in charities updated in December 2017 and August 2018. The strategy also broadens the scope of safeguarding, stating that trustees “must take reasonable steps to ensure that their beneficiaries or others who come into contact with their charity do not, as a result, come to harm.” That would therefore include the trustees themselves, staff and volunteers as well as beneficiaries, their family and those who live in the charity’s areas of operation.

The staff at Hempson’s specialise in advising charities and social enterprises, focusing on their governance and their commercial activities.

Get in touch with us using [n.azhar@hempsons.co.uk](mailto:n.azhar@hempsons.co.uk) or [h.hirst@hempsons.co.uk](mailto:h.hirst@hempsons.co.uk).

You could also visit our [website](#) to find out more about what we do and how we can help you with safeguarding.

## GDPR- Are You Compliant Yet

GDPR brings data protection into the digital age. It requires specific mandatory requirements of Data Controllers and Data Processors, including increased security responsibilities, and increased access rights to individuals.

Did you get a Privacy Notice drafted for your employees?

Did you get a Privacy Notice drafted for your customers?

Have you updated your Policies and Procedures?

Is your staff training up to date to meet the new requirements?

Notification of breach obligations are now more onerous, and fines are more eye watering. If you haven’t yet engaged with the GDPR, or have started but put into the “too difficult pile” then don’t delay and take the necessary steps to comply.

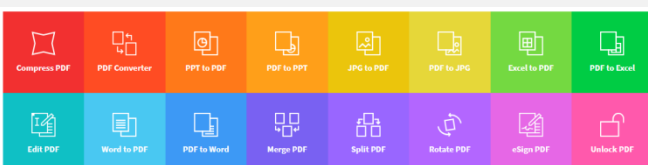
Our team of professional lawyers can assist you with every aspect of GDPR, from ensuring data processing agreements are compliant, to staff training, drafting of privacy notices and advising on managing breaches.

The ICO will allow organisations time to adapt to the new regime, but she won’t allow you forever!

[Find more details on our website](#)

## Did you know?

There are many websites that can help you to work more efficiently, one of these is [SmallPDF](#), on this site you can massively compress the size of PDF files, making them easier to send out and less likely to clog an inbox! You can also convert various file types into PDF and vice versa!



## Get creative

Have you heard of [myfonts](#)? This is a really great website that contains lots of different downloadable fonts, many of which are completely free!

They have Christmas fonts, Halloween fonts, curly ones, and straight ones, picture ones and handwriting type ones. Use these in your posters or leaflets to make them stand out, fit them in with your events and get people excited!



## MISSED SOMETHING?

Find this newsletter on the Community Action website:

<https://mylocalcommunity.org.uk/briefing-bradford/>

Subscribe now by heading to <https://divabradford.org.uk/> and register with a user account or contact us using the details to the right.

## CONTACT US

Community Action have offices at:

19-25 Sunbridge Road, Bradford, BD1 2AY  
01535 612500

Riddings Hall, Riddings Road, Ilkley LS29  
9LU 01943 603348

Cardigan House, Ferncliffe Road, Bingley,  
BD16 2TA 01274 781222

Central Hall, Alice Street, Keighley, BD21  
3JD 01535 612500

Volunteer Centre have offices at:

19-25 Sunbridge Road, Bradford, BD1 2AY  
01274 725434

23 Temple Row, Keighley BD21 2AH 01535  
609506

CNet have an office at:

114-116 Manningham Ln, Bradford BD8 7JF  
01274 305045

## BE IN THE NEXT ISSUE

Submit your content to [briefingbradford@cabad.org.uk](mailto:briefingbradford@cabad.org.uk) by 31<sup>st</sup> October to have it in the next issue of Briefing Bradford.

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[01535 612500](tel:01535612500)

