

# BRIEFING BRADFORD



## Seventh Issue!

Welcome to the 7th issue of BRIEFING BRADFORD. We're bringing you news, events, training, funding, how to's, information on how you can get involved and so much more. Currently 1274 people receive this mailing.

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# DISTRICT NEWS

## Co-Chair Required

A Co-chair is required for the Bradford District Assembly Safer Communities Forum. If you feel that you can commit to the role, and have the skills required, please submit an expression of interest of no more than 300 words before 5 pm on Friday 14<sup>th</sup> December 2018. If more than 1 suitable EOI is received, forum members will be invited to vote.

[Role Description](#)

[Terms of Reference](#)

## Bradford & District Bereavement Directory

Bradford & District Bereavement Directory is a Directory of all services available to someone to help them with loss, along with a short description of each service and what they offer as well as to whom. It is split into categories and also includes some services that are available UK wide. Download the [directory](#).

## Charity annual returns and the "qualified" accounts question

It's an easy mistake to make and you wouldn't be alone, charities are ticking the box on their Charity Commission annual return saying accounts are "qualified" when they're not.

You might think "qualified" is a good thing, that it means that the accounts have been prepared by someone who was qualified but actually...

"Qualified" accounts means that there are problems with the accounts - don't tick the box by mistake!

In our research at Community Action, we found that out of a sample of 90 registered charities in Bradford district, 16 (18%) had ticked "qualified". The [voluntary organisation support team](#) has been in touch with those charities and our aim is to raise awareness of the issue more widely.

## 'Offer of RENT & BUSINESS RATES FREE property for Charities in and around BRADFORD'

Opportunity for charities looking for additional space to use on a RENT & BUSINESS RATES FREE basis. We are able to offer Office space for charities which can be used for Charity Work, Administration, Training or even just for storage.

Sizes range from 1791 – 3581 sq ft approx.

The only costs you will incur for using this property will be utility bills.

If any Charity is looking for additional space to use, we can offer a 1-3 year lease with a 28 day rolling break clause.

For further information or to arrange viewing please email [lucyrobinson@avire.co.uk](mailto:lucyrobinson@avire.co.uk) or telephone 01295 256 338



**Have you experienced  
abuse in a relationship?**

**Has a partner ever  
been violent  
towards you?**

**If the answer is yes, and you  
are aged 16-30 we would  
like to hear from you about  
your experiences.**



As part of an important study at the University of Huddersfield, we are asking young women about their experiences of abuse. The study is part of an ambitious international project aiming to eliminate violence against women and girls in our societies. Your contribution will enable us to better understand and explain the real life experiences of young women.

**Your story will remain anonymous and we will reimburse you for your time and travel expenses.**

If you think you would like to take part, please contact Vikki Hart (None in Three Centre Administrator) on (01484) 472745 or via email [noneinthree@hud.ac.uk](mailto:noneinthree@hud.ac.uk).



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**HUDDERSFIELD**  
*Inspiring tomorrow's professionals*



UK Research  
and Innovation



# DISTRICT NEWS

## Housing and Homelessness

Thornbury Centre,  
24<sup>th</sup> January 2019 10:00-15:30

We warmly invite you to join us for an event that can enable us all to learn and contribute.

For further information please see [flyer](#).

**WELLSPRINGS  
TOGETHER  
BRADFORD**  
CHANGING LIVES AND  
COMMUNITIES TOGETHER



## Top ten cyber security resources

This [useful list](#) compiles ten of the best free resources to help charities prevent themselves from being victims of cyber security. Being proactive in protecting your charity is the best approach to take and these resources can help your staff, volunteers and trustees to brush up on their knowledge of cyber security.

If you are interested in knowing more about Cyber Security for your organisation please contact [your local NAVCA member](#) and ask about training in your area.

## Community Action's Christmas Tree

The Ilkley Office has put up a Christmas tree at the St Margaret's Christmas Tree Festival (photo to the right). It tells the story of our work – how we support the groups (in Blue section), the variety of Voluntary groups (red section) and then the people of Ilkley that the groups support – photos on gold baubles. It was a great 2 days with 21 voluntary groups decorating their trees as well as some local choirs taking part and around 500 visitors. Community Action was able to provide Jess the Festival organiser with a lot of advice as well as practical support.



## Thrive Access to Employment

Expressions of interest are now open for year 2 of 'Thrive – Access to Employment', an accelerator programme which provides intensive support to social ventures wanting to scale up quickly.

Thrive is for social ventures using business solutions to offer the most innovative ideas to improve access to employment for people distant from the labour market anywhere in the UK. That could be by providing training and support into employment, or through direct employment opportunities. Within this, we have a particular focus on two key areas:

1. Ventures supporting disabled people into employment, supported by Scope.
2. Ventures improving access to employment in the East End of London, supported by UBS

N.B. The programme is not limited to these two areas. Please see website for full programme criteria.

### How to apply

Access to employment - Expression of interest deadline 14th February 2019, application deadline 28th February 2019. The programme will run from June to December 2019.

For more information and to submit an expression of interest, visit [unltd.org.uk/thrive/](http://unltd.org.uk/thrive/)

# DISTRICT NEWS

## Disability History Month 2018 Celebration and Sovereign Health Care Awards

The Bradford & District Disabled People's Forum (BDPF) would like to invite disabled people from across the Bradford District to the Disability History Month 2018 celebration and the Sovereign Health Care Awards on Thursday 6th December, 10am – 4pm at the Mercure Bradford, Bankfield Hotel, Bingley, which will be officially opened by The Right Worshipful the Lord Mayor of Bradford, Cllr Zafar Ali.

See [flyer](#) for further information.






## Public Spaces Protection Order

The Council is considering introducing a Public Spaces Protection Order (PSPO) for the whole of the Bradford Metropolitan District (the district). The Order is being considered to address identified issues around anti-social use of various types of motor vehicles.

The Council wants your views and feedback on the draft PSPO before it considers whether or not to make a final Order.

Further background information can be found in the report and its appendices attached below which were produced for the Regulatory and Appeals Committee, held on 4 October 2018.

### Supporting documents

- [Bradford District Map](#)  PDF 55 KB
- [Proposed Draft Order](#)  PDF 87 KB
- [PSPO report for Regulatory and Appeals 4.10.18](#)  PDF 159 KB
- [Nuisance Vehicle Research 29.07.16 – Appendix A](#)  PDF 1 MB
- [Nuisance Car Van Research 13.07.18 – Appendix B](#)  PDF 2 MB

## 'Top of Town'

Born in Bradford is working with Public Health to gauge opinions of local young people who live, work, play and socialise in the area known as the top of town. This includes Westgate, Hamm Strass, Grattan Road, Sunbridge Road and those areas immediately on the outskirts of that part of the town centre. This project will feed into a regeneration bid Bradford Council will submit for this part of town in the new year.

We are looking for people aged ranged 5-21 who would be willing to walk with a researcher and they can record their views on what they like, don't like and how the environment can be improved. People's views will be recorded on a phone using a discovery app tool which has been developed by Stanford University. Everyone will be supplied with information sheets and will need to sign consent forms. People under 14 years of age will need parental consent and parents are welcome to walk with their children.

If you are interested in taking part, please contact Aamnah Rahman on 01274 366954 or email [Aamnah.Rahman@bthft.nhs.uk](mailto:Aamnah.Rahman@bthft.nhs.uk)



## \*\*\*Festive Event\*\*\*

Vital Projects are holding a festive event for all the family at Shipley Library on **Saturday 8<sup>th</sup> December 10:30-16:00**. Full event details are on the [flyer](#).



# FUNDING

## **VCSE health and wellbeing fund 2019 to 2020.**

Focus on children and young people's mental health in England. Grants of up to £510,000 over three years. Match funding for every bid is required from a statutory partner. Deadline 15 February 2019 (12 noon).

## **UK Theatres Small Grants Scheme**

Awards up to £5,000 to theatres across the UK run by charities and not-for-profit groups that can clearly demonstrate the value capital improvements to their theatres would make to their work in local communities. Next deadline is Tuesday 8 January 2019 at 12 noon.

## **Deadline Reminder for Justice and Equality Fund**

Now's the Time.

## **Tampon Tax Fund 2019/20**

Is Open for Applications.

## **Windrush Day Grant, deadline 21 January 2019 (midnight).**

Grants of £2,500 to £25,000 for charities and community groups in England to celebrate, commemorate and/or educate about the history of the Empire Windrush its contribution to the British economy, society and culture.

## **Masonic Charitable Foundation**

Invites Applications to Later Life Inclusion Grants Programme.

## **Funding to Widen Access to Local Hospice Bereavement Services**

## **Shipley Area Community Chest, deadline 18 January 2019.**

Grants of up to £350 for community activities that benefit residents of Shipley constituency..

## **Bettys Trees for Life grants, deadline 25 February 2019.**

Grants of £500 to £4,000 for community groups, small charities and schools based throughout Yorkshire that want to undertake an environmental project to improve their local area.

## **Armed Forces Covenant: Local Grants.**

Grants up to £20,000 for community integration and local delivery of services. Applicants must have experience and a track record of working with the armed forces community.

## **Shipley Area Community Chest, deadline 18 January 2019.**

Grants of up to £350 for community activities that benefit residents of Shipley constituency.

## **National Churches Trust, Preventative Maintenance Micro-Grants.**

Grants of £250 (for services costing £500 to £1,000) or £500 (for services costing over £1,000) are available.

The National Churches Trust accepts applications from listed and unlisted churches, chapels and meeting houses of any age, as long as they are open for regular public worship and are located in England.



# COMMUNITY ACTION & VAL TRAINING

## \*\*\*FREE COURSE\*\*\*

### Starting from Scratch

*Date: Wednesday 12<sup>th</sup> December*

*Time: 10.00-12.00*

*Venue: Manningham Mills*

**Trainer: Chris Barker**

The session will help new groups or individuals thinking of starting an organisation/Charity to look at the things they need to do to get started.

#### Course Overview:

Includes drawing up a set of rules (called the constitution), opening a bank account in the name of the group and where to go to get help with accounts & funding.

[Book online](#)



## NEW General Data Protection Regulations (GDPR) Course 2019

*Date: Tuesday 15<sup>th</sup> January 2019*

*Time: 10.00-16.00*

*Venue: Manningham Mills*

**Trainer: William – QED Training**

The course provides a stimulating and lively introduction to, or refresher training on, Data Protection.

#### Course Overview:

The course is suitable for representatives from all businesses and organisations and at all levels. It brings participants up to date with the current requirements for data protection and provides an opportunity for participants to consider what they need to do to meet it.

[Book online](#)



## Information and News

Follow us on [Twitter](#) to stay informed about our Training

**Not seen anything you like? There are more courses to choose from online.**

Visit our [Training Calendar](#)

### Contact the training team

Email: [training@cabad.org.uk](mailto:training@cabad.org.uk) or Call: 07419 133797

Diane Fox - Training Coordinator: [dianef@cabad.org.uk](mailto:dianef@cabad.org.uk)

Cheryl Cowling – Training Administrator: [cherylc@cabad.org.uk](mailto:cherylc@cabad.org.uk)

## How to book

Book online via the course page and we will invoice once a couple of days prior to the course. Our standard [cancellation policy](#) applies to all courses except First Aid. There is a separate [cancellation policy for First Aid courses](#).

# COMMUNITY ACTION & VAL TRAINING

## First Aid Courses December 2018

Emergency First Aid – 11<sup>th</sup> December

Annual Skills Update – 13<sup>th</sup> December

First Aid at Work – 17<sup>th</sup>-19<sup>th</sup> December

## First Aid Courses Jan – Feb 2019

First Aid at Work – 7<sup>th</sup>-9<sup>th</sup> January

Emergency First Aid at Work – 15<sup>th</sup> January

First Aid Requalification – 21<sup>st</sup>-22<sup>nd</sup> January

Emergency First Aid at Work – 5<sup>th</sup> February

Annual Skills Update – 7<sup>th</sup> February

First Aid at Work – 11<sup>th</sup> – 13<sup>th</sup> February



## Courses coming up in January 2019!

Minute Taking Skills

*Thursday 17<sup>th</sup> January 2019*

Book now

Effective Supervision for Managers

*Tuesday 22<sup>nd</sup> January 2019*

Book now

Universal Credit Overview

*Wednesday 23<sup>rd</sup> January 2019*

Book now

Introduction to Equality and Diversity

*Tuesday 29<sup>th</sup> January 2019*

Book now

## Courses at Voluntary Action Leeds

Disclosure Barring Service (DBS) Training- 16<sup>th</sup> January 2019 at VAL

The overarching aim of our one day training course is to swiftly impart to participants how to check whether prospective employees and volunteers have a criminal record which makes them unsuitable for running particular activities and services for your organisation.

Book online

Also running in Bradford on 13<sup>th</sup> February

## Pricing Structure

Bradford District VCS organisations (registered on DIVA Bradford) and VAL essentials

Half Day £48, Full Day £70

Other VCS organisations

Half Day £60, Full Day £90

Statutory, Individuals, Private companies

Half Day £120, Full Day £160

First Aid Courses

In-House & Governance

Safeguarding



COMMUNITY ACTION  
Bradford & District

WORKING WITH



Supporting Communities Together



## OTHER TRAINING & EVENTS

| Monday  | Tuesday   | Wednesday   | Thursday  | Friday  |
|---|---|---|---|---|
| 3   | 4   | 5   | 6<br>10:00-16:00<br><u>Soverign<br/>Healthcare Awards</u>   | 7<br>9:00-17:00<br><u>Ilkley Christmas<br/>Market</u><br><br>15:30-17:00<br><u>Wibsey Christmas<br/>Light switch-on</u> |
| 10  | 11<br>10:00-12:00<br><u>Carers resource<br/>Refreshments &amp;<br/>Activities</u>   | 12<br>10:00-12:00<br><u>Carers resource<br/>Refreshments &amp;<br/>Activities</u> | 13<br>9:30-16:30<br><u>WorldHost<br/>Customer Service<br/>Training</u><br>17:00-20:00<br><u>Haworth Late<br/>Night Shopping</u> | 14  |
| 17<br><u>Equality and<br/>Diversity Forum</u> | 18<br>10:00-12:00<br><u>Carers resource<br/>Refreshments &amp;<br/>Activities</u><br><br>11:00-15:00<br><u>Kirgate Christmas<br/>Market</u> | 19<br>10:00-12:00<br><u>Carers resource<br/>Refreshments &amp;<br/>Activities</u> | 20  | 21<br>11:00-15:00<br><u>Oastler Christmas<br/>Market</u>  |
| 24  | 25<br><br><b>Merry<br/>Christmas<br/>Everyone</b>   | 26  | 27  | 28  |
| 31  | 1<br><br><b>Happy<br/>New<br/>Year</b>  | 2   | 3   | 4   |

# VCS JOBS

## \*\*\*Featured Job\*\*\*

### Keyworker CYPE

Organisation: Bradford YMCA

Salary: £18,804 - £20,030 FTE

Hours: 30

Closing date: 17th December 2018 9:00am

We are looking to appoint a dynamic individual to join our Children and Young People's team to deliver one2one key work and small group work as part of an Intensive Youth Support/Families First Programme. A working week of 30 hours, this will involve delivery after school and early evenings up to four times per week.

### Sanctuary in Schools (SoS) Project Coordinator

Organisation: City of Sanctuary - Bradford

Salary: £23,866 pro rata

Hours: 20

Closing date: 5th December 2018 4:00pm

### Administrator

Organisation: Womenzone Community Centre

Salary: £8

Hours: 20

Closing date: 5th December 2018 5:00pm

### VAN DRIVER

Organisation: InTouch Foundation

Salary: £8

Hours: 6

Closing date: 7th December 2018 5:00am

### Relief Housing Support Worker

Organisation: Abigail Housing Limited

Salary: £10.65 (+ £1.32/hr in lieu of holidays)

Hours: Variable

Closing date: 10th December 2018 9:00am

### Office Administrator/Receptionist

Organisation: Sharing Voices (Bradford)

Salary: £16,108

Hours: 37.5

Closing date: 17th December 2018 12:00pm

### Trustee

Organisation: The Valley Project

Salary: £Voluntary

Hours: 1-2 hours a month

Closing date: 31st December 2018 12:00am

### Trustees (Voluntary)

Organisation: BHT Early Education & Training

Salary: £Voluntary

Hours: 6 meetings per year

Closing date: 31st December 2018 6:00pm

### Trustees Advert

Organisation: Womenzone Community Centre

Salary: £0

Hours: 4

Closing date: 18th January 2019 7:00am

### Trustee opportunity at Equity Partnership

Organisation: Equity Partnership LGBT Bradford

Salary: £None - trustee role

Hours: 5 per month

Closing date: 31st January 2019 5:00pm

### Training Network Officer

Organisation: Student Minds

Salary: £17,500-22,500

Hours: 37.5

Closing date: 24th September 2019 12:00am

### Specialist Debt Adviser (Maternity Cover)

Organisation: Citizens Advice Bradford & Airedale and Bradford Law Centre

Salary: £25,951

Hours: 37

Closing date: 7th December 2019 5:00pm

Our jobs are brought to you via



# CHILDREN & YOUNG PEOPLE

## Young Lives Forum – Save the date!

The next Young Lives forum will be Thursday, 10th January, 1.30 – 4pm at Brathay, Bradford. Great opportunity to keep up to date with latest news on local and national policy and strategy and meet local VCS partners working with children and young people in the District. Will include a Safeguarding update and latest developments on changes to services in Prevention and Early Help. Book a place!

See also latest Strategic and Safeguarding Update from Young Lives Bradford. Contact: [younglivesbradford@cabad.org.uk](mailto:younglivesbradford@cabad.org.uk)

## Referring children to social services - changes

As a result of the Ofsted inspection of Children's services a number of changes are being put in place that affect arrangements for referring safeguarding concerns to children's services. In particular, if you are referring without consent you will be asked more robustly to explain the overriding safeguarding concerns you believe apply. Please read the letter from Jim Hopkinson, which explains more. Young Lives Bradford will be involved in the consultations and discussions outlined. These discussions will be routed via our safeguarding steering group. If you wish to be on the mailing list for these please email [younglivesbradford@cabad.org.uk](mailto:younglivesbradford@cabad.org.uk). Do also email us with any comments or concerns. If you have a professional disagreement about a safeguarding decision, do consult the safeguarding board's policy on Resolving Professional Disagreement and Escalation

## Invitation to Neighbourhood Programme Workshop - 12 December

Better Start Bradford are proposing to set up a steering group of community organisations from across their wards to develop a model for Neighbourhood working with a view to commissioning organisations to deliver grass roots community engagement work. Help them develop the model and join them at their event on Wednesday 12 December 9.30 – 12 noon at City Training, 39/41 Chapel St, Bradford BD1 5BY 9.30 am – 12 noon.

More information.

Contact: [Lizzie@bradfordtrident.co.uk](mailto:Lizzie@bradfordtrident.co.uk)

## Women for peace

Do you live in Bradford? Are you a young woman aged 16-19 years old? Would you like to learn how to deal better with conflict? Join this FREE Young Women for Peace course from January to March 2019 in Bradford. Participants will gain a Level 1 Open Awards qualification; Skills in conflict resolution and problem solving; Understanding of conflict and extremism; Public speaking, dialogue and debating skills If interested.

Contact [hannah.larn@foundation4peace.org](mailto:hannah.larn@foundation4peace.org) at the Peace Foundation - 07572 975949 Poster for display.

## Fostering for Bradford Council

Information Session on Wednesday 12<sup>th</sup> December 6-8pm, Margaret McMillan Tower, Bradford BD1 1NN. To book email [fostering@bradford.gov.uk](mailto:fostering@bradford.gov.uk) or call 01274 434444.

# CHILDREN & YOUNG PEOPLE

## Gender Based Violence (GBV)

Do you know any young women aged 16 – 30 living in the UK prepared to be interviewed about their experiences of abuse or violence in a relationship? If the answer is yes, the None in Three (N3) Research Centre are interested to hear about their experiences. This is part of a global study aimed at eliminating gender-based violence. Every participant will receive a £25 high street shopping voucher. To take part contact [Alexandra.RobertshawSeery@Hud.ac.uk](mailto:Alexandra.RobertshawSeery@Hud.ac.uk) or text 07565 913843.

Poster for display

## Who knows what about me?

A report on the data collected about children and how it might shape their lives. The report reveals how more information is collected and shared about children than ever before – in the screens they watch, the websites and apps they use and information captured by public services. It makes a number of recommendations to policy -makers. An infographic is also available. Read also: Children's Commissioner's news report, Children's Commissioner's report calls on internet giants and toy manufacturers to be transparent about collection of children's data.

## Elective home education survey 2018

In autumn 2018, the Association of Directors of Children's Services (ADCS)) issued a survey to all 152 local authorities (LAs) in England to understand better the volume and characteristics of this cohort of children and young people known to be home schooled and the support on offer to them and their families. This report offers a summary analysis of the findings. Read also: ADCS news report,

Elective home education survey 2018 comment

## Developing and sustaining an effective local SEND system: a practical guide for councils and partners (LGA)

This report is a concise, practical summary of good practice in developing and sustaining an effective local SEND system. Although intended to be of use in local councils, this may be of interest to voluntary and community sector organisations and others with an interest in ensuring there is effective local support for young people with SEND.

More information.

## Signs of Safety: Reducing the need for children to be in care

The What Works Centre have published the findings of a review of their Signs of Safety (SoS) framework for child protection practice. The Centre has also created a 'Practice guide and an 'Implementation guide'



# VOLUNTEERING

## New CEO for Bradford Volunteer Centre

We are pleased to announce that we have a new CEO for Volunteering Bradford. Steve Blackman joins the team in January. Steve has a lot of experience working within the voluntary sector and is currently the Volunteer Centre and Safeguarding Manager for the Voluntary Sector Infrastructure Alliance in Halifax.

## City of Sanctuary Volunteering for Asylum Seekers and Refugees

Bradford City of Sanctuary is working with Bradford Volunteer Centre to develop a new project to get more refugees and asylum seekers into volunteer placements. Volunteering is hugely beneficial helping to reduce social isolation, develop new skills and make new friends.

As part of the project we will work with organisations to identify how new volunteers can be supported effectively into volunteering and provide induction training for those about to start volunteering.

We want to hear from any organization that can provide volunteering opportunities for asylum seekers and refugees or that would be interested in finding out more about the project.

Contact Sarli Nana, Bradford City of Sanctuary [info@bradfordcityofsanctuary.org](mailto:info@bradfordcityofsanctuary.org) or

Lorraine Greenald, Bradford Volunteer Centre [lorraine@volunteeringbradford.org](mailto:lorraine@volunteeringbradford.org)

## Get Out More CIC achieves the People Can Kitemark.

Congratulations to Get Out More CIC, the latest local organisation to achieve the People Can Kitemark in recognition of the quality of their volunteer management.

Get Out More run fun and accessible outdoor activities such as forest schools, outdoor learning, skills development and community activities to encourage people of all ages to feel connected to each other and more motivated to active outdoors on a regular basis.

Twelve local groups now have the Kitemark.

This is a free award for groups in Bradford.

Contact Bradford Volunteer Centre for further information about how your group can achieve the Kitemark.

Email: [info@volunteeringbradford.org](mailto:info@volunteeringbradford.org)

## Free Level 2 Customer Service Training for your Volunteers/Staff

ShIPLEY College is offering free customer service training for local organisations. The training consists of two one-day courses – World Host Customer Service and City and Guilds Level 2 Customer Service. The usual course fees will be waived on condition the volunteer or staff member completes both days of training. The training can take place in the workplace or at ShIPLEY College. If you would like further information contact Cameron O'Donnell, Business Development Officer, ShIPLEY College 01274 327400 [codonnell@shipleys.ac.uk](mailto:codonnell@shipleys.ac.uk)



# COMMUNITY SHOWCASE

## The Freedom of Spirit Trust for Border Collies –

Our aims are to help promote a better understanding of the breed and its needs. We are not just a rescue kennels, we also have a behavioural unit and we give sanctuary to needy, old, infirm dogs or those in need of rehabilitation or a healing time. The Trust is a Charitable organisation and depends on donations to help to keep these dogs, to rehabilitate those in need and to rehome those which are capable of being rehomed.

## Tell us about your organisation (who you are) –

Freedom of Spirit Trust for Border Collies, rescue, rehabilitation and rehoming. We take dogs in, some of them are rescues for example we have one here at the moment who was found in a home with her owner that had been dead a week. Some of them are pups that have come from a litter that cannot be given a home at that time for whatever reason, some previous owners have kids and because they can't cope with both they sacrifice the dogs to us. We also get some dogs through them being overwhelmed and biting, they may be put down if we don't get them. Some of them come from farms, they may have a litter then rehome some of them through us – this may be because the dogs can't keep up with the amount of work the farmers need them to do. They all go out, get socialisation, get fully trained, then get adopted with a lifetime backup plan – if they for some reason can't keep the dog, they have to return the dog to us.

## Why was the organisation founded (what was the initial aim/need) –

The organisation came about because I have always taken them in, then the breed became more popular which meant more need to rescue them. The first rescue was started by Hazel, where I did the rescue and Hazel did the rehoming. A Freedom of Spirit Magazine was also produced at one point, and we sadly had to put in writing that we didn't have enough money to keep going which was published in the magazine. A few years later, a solicitor rang me, and said that a home and farmland had been left to the organisation by a couple who had passed away, this was on the condition that we were to become a charity. So FOSTBC was created. We set it up as a 'sanctuary' as the result of a legacy which changed our world.

## Tell us about your service, what do you get up to, what do you offer and to whom –

We rescue and rehome dogs and we help their chances of being adopted by retraining, and making sure that they are going to the right home for them, such as a dog that is from a town would be ok living anywhere but a dog that is from the country and used to the country life would really struggle with city life, so we make sure the home is going to be good for them rather than only looking at the owners. Anyone that takes a dog can come back for as many free training sessions as they want. We do have Jeni who is a vet and a very good training team here for the dogs.

## Contact details for Freedom of Spirit Trust for Border Collies

Address: Golcar Farn, Spring Lane, Bingley, BD16 3AU

Phone: 01274 566250

Email: [info@fostbc.org.uk](mailto:info@fostbc.org.uk)

Website: <http://www.fostbc.org.uk/default.asp>

Twitter: <https://twitter.com/FOSTBCrescue>

Facebook: <https://www.facebook.com/FOSTBC/>



# COMMUNITY SHOWCASE

## What are you most proud of about your organisation –

We had our Christmas fair fundraiser before we set up as a charity, we started to build the kennels with the Mahone legacy then we applied for charity status around 10 years ago where we prided ourselves with, 'Ten years a charity and over 800 dogs go home' – we know about all of them and have kept in contact over the years. This is a massive achievement.

I'm proud of our ethics, all the money goes to the dogs, we keep costs as low as possible, we don't spend extravagantly, we have brilliant volunteers and we send all our dogs out on a training programme to give them the best possible head start.

The charity has gone from nothing, being just a small rescue, to something that is known across the UK. People across the UK want to rehome our dogs because they know we have integrity, they want to get dogs from here, place dogs here and support us in our mission.

## Tell us about a time you worked collaboratively in the district, what was the outcome –

We work with other charity rescues, in terms of giving advice and support. We go into schools to do dog awareness sessions, one in particular is Beckfoot school. We also have a senior citizens scheme, the senior citizens who are too old to get a dog, we take in the older dog's and send them out to senior citizens or dogs that have a health issue which slows them down which means they are not too boisterous for the senior citizens. We will pay the vet bills for any dog we place with an elderly person if the dogs already have health conditions. We have one woman who is 83 and has had 3 dogs from us, her current dog is 13 years old. Some dog pounds are collaborative and will ring before dogs are 'out-of-time' and will keep them until we have a space, but this isn't the case for every pound or centre and not every dog can be saved in time unfortunately.

## What is your greatest challenge and how could others help you overcome it –

We need to expand, we're having to turn dogs away because we don't have the room and the facilities to house every dog. The sanctuary is currently in the storage facilities, the outbuildings, it shares a reception with the farm, we've taken up every bit of space we've got. We need to find somewhere with a café for visitors and adopter's, we also don't have enough parking so we can't hold open days. This current venue would become a rehoming centre while the rehabilitation would still be done at the farm. We don't want to foster dogs as they don't always get the rehabilitation they need and can end up back in the pound. People could really help us by letting us know of any properties, legacies, fundraising, grants, property available or by sponsoring a dog monthly with whatever is affordable to them – we need to pull more people in and expand knowledge locally. People just don't know about us, people in the local area don't know we exist despite us being known nationally or further afield. Education is for dogs in general and people, not just related to the breed.

## Have you received any support from Community Action along the way? Bfunded, DIVA, training, VOSO etc. What did you receive and what was the outcome?

Sarah Moss is our VOSO she has been really helpful in helping us and showing us how to start the expansion process, who should we approach, where to get money she has given us very helpful advice.

We have a Christmas Single coming out which has been sung by a 11 year old boy who has sung on stage in London! The song is about the centre which I wrote around 2 years ago, all proceeds will help to pay for the upkeep and bills as well as anything the dogs need, we would be really grateful if people bought and helped to raise awareness of its' existence. Andy Lightfoot who used to be one of the Queens Royal Guards actually made the music in the background too.



# OPPORTUNITIES

## Talk Cancer – Free Training

Bradford City CCG is putting on a programme of training from Cancer Research UK, to encourage more people in our city to talk about cancer and raise awareness of the importance of screening programmes and early diagnosis.

Talking about cancer isn't always easy, so we're here to guide you on what to say and how to say it. The Talk Cancer programme is all about communication, sharing experiences and recognising how much of a difference you can make if you have the right tools and knowledge.

12 December 1.30-4.30 Carlisle Business Centre, BD8 8BD

To request a place, please email [engage@bradford.nhs.uk](mailto:engage@bradford.nhs.uk) and tell us:

- your name and contact phone number
- your job/volunteer role and organisation
- any special access requirements (e.g. large print)

For more information contact the CCG engagement team on 01274 237488 or [engage@bradford.nhs.uk](mailto:engage@bradford.nhs.uk)

Further information on the [flyer](#).



## The Good Cause Santa Clause campaign

Are you doing an office Secret Santa this Christmas? A campaign by the Charity Retail Association is encouraging companies to use charity shops for this fun festive office tradition. The Association has published a guide about how companies can get involved, and use social media to show their support for the campaign. The guide includes templates for social media posts and a press release to issue to local media. The campaign, which is in its second year, will help companies to fulfil their Corporate Social Responsibility and impact upon their environmental policy.

You can [find out more about the campaign and download the toolkit here](#).

## The Big Knit - Can you help?

We are looking for people who can knit or crochet hats and scarves for patients with long term health conditions such as Chronic Obstructive Pulmonary Disease (COPD).

If you would like more information or want to be involved in The Big Knit, contact Pauline or Sue at Engaging Communities Tel: 01274 292100.

We can supply wool for those that want to knit or crochet and we also accept donations of wool.

All items will be donated to local GP Practices.



**Engaging Communities**

Consult Involve Connect



# ASSEMBLY NEWS

Unless stated otherwise all Forums are held at CNet premises and are open to anybody – if you want to become a member email [Wendy@cnet.org.uk](mailto:Wendy@cnet.org.uk). To attend Young Lives Bradford Forum email [younglivesbradford@cabad.org.uk](mailto:younglivesbradford@cabad.org.uk)

## Health and Wellbeing Forum

Tuesday 29 January 2019, 9.30 am – 12.00 pm

The meeting will have a focus on self-care and prevention.

The Health and Wellbeing Forum works to ensure the involvement of the voluntary and community sector (VCS) in the development and delivery of health and social care services in Bradford district.

Members only.

## Women's Health Network

Wednesday 12<sup>th</sup> December, 10.00 am – 12.00 pm

There will be presentations on the perinatal support service and the mental health and wellbeing directory app.

The Women's Health Network (WHN) is a collective of people living and/or working in Bradford who have an interest in issues affecting the health and wellbeing of women and their families.

The Women's Health Network operates under CNet's Engaging People project. New members are always welcome. If you are interested in attending please email [yazmin@cnet.org.uk](mailto:yazmin@cnet.org.uk).

## Safer Communities Forum

Date and theme to be confirmed

The Safer Communities Forum enables the voluntary and community sector to engage with statutory partners. The forum has a voice within the strategic decision making partnerships with the aim of developing solutions and shared outcomes to create a safer community for the citizens of Bradford.

## Equalities Forum

Thursday 20 December 2018, 10.00 am – 12.00 pm

We will be reviewing the forum priorities for the year ahead.

The Equalities Forum aims to ensure that equalities work remains an important focus not just within the VCS and Assembly structure, but that it is also embedded within statutory and private sector services.

## Young Lives Forum – Save the date!

The next Young Lives forum will be held on Thursday, 10<sup>th</sup> January, 1.30 – 4pm at Brathay, Bradford.

It is a great opportunity to keep up to date with latest news on local and national policy and strategy and to meet local VCS partners working with children and young people in the District. Save the date! Details to follow.

Contact: [younglivesbradford@cabad.org.uk](mailto:younglivesbradford@cabad.org.uk)

You can also read here the latest [Young Lives Bradford latest Strategic and Safeguarding Updates](#).

## Community Economic Forum

Monday 21 January 2019, 9.30 – 11.00 am

The CEF forum is committed to widening access to opportunities in learning, employment and social enterprise. Members have the opportunity to represent the views of the forum at district, sub-regional, regional and national levels and to share good practice and form partnerships and alliances as appropriate.

Members only.

# RESOURCES

## LOCAL RESOURCES DIRECTORY for asylum seekers and refugees in Bradford, Halifax, Keighley & Leeds

If you have direct or indirect involvement in supporting *Asylum Seekers* and *Unaccompanied Asylum Seeking Children* - there is a very comprehensive directory of resources available to them – from English classes, to clothes, legal advice and housing.

Full details are on this [list of services](#).



## Young Women for Peace – Update

Sessions will take place on Thursdays, 4-7pm at the Millside Centre, 131 Gratton Road, Bradford, BD1 2HS on the following dates:

- Session 1: 17th January
- Session 2: 24th January
- Session 3: 31st January
- Session 4: 7th February
- Session 5: 14th February
- Session 6: 28th February
- Session 7: 7th March
- Session 8: 14th March
- Session 9: 21st March
- Session 10: 28th March

The course is free to attend, and a meal will be provided. If you are worried about the cost of transport to and from the venue, get in touch as we have a small budget available to pay for participant travel. We can provide a creche if needed.

Further information on the [flyer](#).

## Food and Nutrition Training Programme

The aim of this course is to understand how a nourishing and balanced diet can be established within a limited budget.

On completion of this course participants will be able to:

- List factors which predispose individuals living in the Bradford district to food poverty
- Understand the prevalence of food poverty in Bradford and its effects on vulnerable individuals
- Discuss how a balanced diet can be achieved on a limited income
- List practical strategies and tips on how to make meals and snacks more nourishing within a restricted budget
- List useful sources of further information and support services specific to those affected by food poverty.

**Training date available:**

Thursday 29th November 2018. 9:15-12:30pm

**Booking enquiries:**

Please call Sue Bradley on (01274) 365387

**Who should access this course?**

Any professional, health or community worker or caterer who is working in Bradford with individuals and local communities or who is providing food or healthy eating advice and interventions to communities within Bradford.

**Food for Life**



**Bradford Dietitians**

## MISSED SOMETHING?

Find this newsletter on the Community Action website:

<https://mylocalcommunity.org.uk/briefing-bradford/>

Subscribe now by heading to <https://divabradford.org.uk/> and register with a user account or contact us using the details to the right.

## CONTACT US

Community Action have offices at:

Bread and Roses Café, 14 North Parade, BD1 3HT 01274 724192

Riddings Hall, Riddings Road, Ilkley LS29 9LU 01943 603348

Cardigan House, Ferncliffe Road, Bingley, BD16 2TA 01274 781222

Central Hall, Alice Street, Keighley, BD21 3JD 01535 612500

Volunteer Centre have offices at:

19-25 Sunbridge Road, Bradford, BD1 2AY 01274 725434

23 Temple Row, Keighley BD21 2AH 01535 609506

CNet have an office at:

114-116 Manningham Ln, Bradford BD8 7JF 01274 305045

## BE IN THE NEXT ISSUE

Submit your content to [briefingbradford@cabad.org.uk](mailto:briefingbradford@cabad.org.uk) by 12<sup>th</sup> December to have it in the last issue before Christmas.

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