BRIEFING BRADFORD



Nineteenth Issue!

We would like to use this opportunity to thank you all for your support, subscribing and advertising with us. Currently 1617 people receive this mailing, keep sharing and watch this number rise!

CONTENTS

Jump to a page

District News & Updates

Funding

Community Action & VAL Training

Other Training & Events

VCS Job Listings

Children & Young People

Volunteering

Community Showcase

Opportunities

Assembly Forum Updates

Resources

Contact Us

DISTRICT NEWS

'Surviving Summer' Family Resource Conference

Friday 19th July 2019 from 09:30 to 13:30, Keighley Civic Hall, North Street, Keighley, BD21 3RZ Registration from 9:30 for a 10:00 start.

Due to popular demand following the sell-out of 'Surviving Summer' conference in City Hall on 13th June, we are holding a second identical conference in Keighley to give more people the chance to participate on 19th July.

'Surviving Summer' is a free conference for community, voluntary and statutory practitioners to come together for an information and knowledge exchange aimed at supporting our more vulnerable families to thrive over the summer holidays.

As the summer holidays approach, for thousands of local families the six-week school break can be marred by acute financial stress and the threat of holiday hunger.

The conference will be opened by the Lord Mayor Councillor Doreen Lee with guest speakers Cathy Henwood from Healthy Holidays, giving the national and local picture of holiday provision and family support. The event will be closed by John Grogan MP for Keighley.

More information, FAQ's and contact details.



Tell us what you think about the proposal to create a new CCG

Thank you to everyone who has already shared their views on our proposal to create a new CCG for Bradford District and Craven.

You can find out more about the proposal on the CCGs' three websites or on this website.

Helen Hirst, chief officer at Airedale Wharfedale and Craven, Bradford City and Bradford Districts CCGs has recorded a video to provide further information on the proposal. You can find the video on our <u>YouTube channel</u>.

Complete the <u>survey</u> now to have your say.

The closing date for comments is Sunday 9 June 2019 so hurry up and have your voice heard.

DISTRICT NEWS

Big Advice Day: Funding and Advice Fair

The Bradford Funding and Advice Fair is taking shape! You can find more details on the <u>Community Action website</u>.

We have workshops on:

- Marketing. Delivered by Yolk Marketing, Totaal and Agency for Good.
- Working with Business. Delivered by Participate
- Gift Aid. Delivered by WYCAS.
- Community Asset Transfer.
- Impact Reporting.
- Social Media.
- Insurance.
- Law.



We have a whole range of exhibitors from across the region, including National Lottery Community and Heritage Funds, Sport England, Near Neighbours, Give Bradford, Greenmoor Big Local, Sir George Martin Trust, Bradford VCS Alliance, ESF Community Grants, Jelf, Locality, Wrigleys, Bradford Community Payroll and more. For the full list, visit the bfunded website.

Book your place now or drop in on the day!

Bradford Safeguarding Week 2019

Bradford Safeguarding Week is nearly upon us and runs from Monday, 24th June – Friday, 28th June. Have you booked your place on the wide range of Safeguarding learning opportunities taking place during the week?

Safeguarding Week is an annual week of learning events co-ordinated by the <u>Bradford Safeguarding Children Board</u> and the <u>Bradford Safeguarding Adults Board</u>. The key purpose of the week is to provide a range of learning and development opportunities for staff and volunteers working in the sectors of safeguarding adults, domestic abuse and safeguarding children. Topics include County Lines Awareness; Reducing Parental Conflict; Introduction to Safeguarding for the VCS; protecting victims of coercion and control; Modern Slavery Awareness; presentations of the fantastic training resources <u>'Real Safeguarding Stories'</u> and lots more. Winners of the <u>Safeguarding Champion Awards</u> will be announced at the event on Friday 28 June, 12:00 – 14:00 at Margaret McMillan Tower 12:00 noon.

DISTRICT NEWS

Bradford Community Kitchen

Community Health Partnerships are collecting donations for Bradford Community Kitchen to help the homeless and those individuals who are the most vulnerable and are in need of your support. Any financial and food contributions will be gratefully welcomed.

For more information on what is needed, how to donate or to advertise the Bradford Community Kitchen in your place of work please use <u>their poster</u>.



Disabled People's Forum

The Disabled People's Forum and the Service User Group Open meeting to be held on Thursday 6th June 2019, 10:00 – 13:00 at the Manningham Mills Community Centre.

The Disabled People's Forum are collecting information on any experiences you may have, whether it is positive or you think there may be room for improvements, when taking the bus or train. Please let us know.

For catering purposes can you please <u>let us</u> <u>know</u> as soon as possible if you are attending. See <u>poster</u> for more details.

Welfare Reform Impact Bradford

Thursday June 20th 2019 at the Thornbury Centre, *Leeds Old Road BD3 8JX* 10:00 to 12:30 *Registration and refreshments from 9:30*

Issues to be Explored:

- What impact is poverty having upon the health of people and communities in Bradford?
- What challenges are faced by Bradford health care providers in 'poverty stricken' areas?
- What positive steps can faith groups and others make to challenge and alleviate this situation?

We warmly invite you to join us for an event that can enable us all to learn and contribute.

Open to Faith Communities, and all who want to tackle poverty in Bradford and Keighley.

Booking: - email Richard Paley

For more information see <u>poster</u> or phone Gordon Dey on 01274 674565





FUNDING

Shipley Area Community Chest, deadline 19 July 2019.

Grants of up to £350 for community activities that benefit residents of Shipley constituency.

Youth Endowment Fund, deadline 23 July 2019.

Funding to run and evaluate interventions lasting at least 12 months that target young people aged 10 to 14 who are at risk of being drawn into crime and violence.

<u>Bradford District Stronger Communities</u> <u>Together - Innovation Fund</u>.

Grants of £2,500 to £5,000 to stimulate new thinking, build new partnerships and test innovative approaches to improving integration. Deadline 28 June 2019 (5pm).

Funding News is brought to you by: bfunded



Sport England small grants application process has been simplified.

Grants of £300 to £10,000 for not-for-profit organisations to help more people aged 14 and over get active. Changes have been made to the application form and what can be funded. Projects can also take longer to be completed.

Masonic Charitable Foundation large grants deadline 19 August 2019.

Grants for registered charities with an annual income over £500,000. On average grants range from £20,000 to £60,000. "Later Life" and "Early Years" programmes open for applications.

<u>Urban Tree Challenge Fund, deadline 28 July 2019 (midnight).</u>

Currently open for block bids with a minimum value of £500,000. Smaller, individual applications with a minimum value of £1,150 will be open in year two. 50% match funding in money or labour is needed.

<u>Clarion Futures Digital Grants Programme</u>.

Grants of £1,000 to £5,000 to run innovative projects that support Clarion residents and the wider community to address digital exclusion. Clarion has housing in Bradford, with the majority within the Tong ward.



COMMUNITY ACTION & VAL TRAINING

NEW COURSE Introduction to Community Development

"Community development is a process where people come together to take action"

Date: Tuesday 25th June Time: 10:00 – 16:00

Venue: Manningham Mills

Cost: £70/£90/£160
Trainer: Sally Deith

During this session you will learn: The Community Development Role - what it is and what it isn't. Definitions and examples of communities, and models of community development. The Community Development National Occupational Standards and the values underpinning these.

Book Now

NEW COURSE Professional Boundaries

Do you know the values and importance of Professional Boundaries in the workplace?

Date: Wednesday 3rd July Time: 10:00 – 13:00

Venue: Manningham Mills

Cost: £48/£60/£120 Trainer: Neil Lee

The aims of this course will:

Examine your own views, concerns and expectations in relation to professional boundaries and Understand the meaning of 'Professional Boundaries' Help adopting clear working practices that establish professional boundaries in the workplace.

Book Now

Information and News

Follow us on <u>Twitter</u> to stay informed about our Training

Not seen anything you like? There are more courses to choose from online.

Visit our <u>Training Calendar</u>

Contact the training team

Email: training@cabad.org.uk or Call: 07419 133797

Diane Fox - Training Coordinator: dianef@cabad.org.uk Cheryl Cowling - Training Administrator: cherylc@cabad.org.uk

How to book

Book online via the course page and we will invoice once a couple of days prior to the course.

Our standard <u>cancellation policy</u> applies to all courses except First Aid. There is a separate cancellation policy for First Aid courses.





COMMUNITY ACTION & VAL TRAINING

Last few places <u>Designated Safeguarding Officer</u> <u>Training</u>

Date: Tuesday 18th June Time: 10:00 – 16:00 Venue: Manningham Mills **Cost:** £70/£90/£160

Trainer: Taye Training

This highly popular course clarifies the role of designated safeguarding officers for voluntary and community organisations, working with children and young people.

This course can be offered in-house please contact for more information

FREE Cyber Security Training (Evening Session)

Date: Wednesday 10th July Time: 17:30pm – 20:00

Venue: Cardigan House, Bingley Trainer: Sarah Moss – VOSO

Have you thought about the risks to your business if you were hacked, phished or your online presence crashed? We will help you understand the content through real life examples, videos and most importantly by removing the jargon that can make cyber security seem difficult to understand.

Book Online and secure your place!!

Calling all Trustees Roles and Responsibilities of Trustees (Evening Session)

Date: Thursday 4th July Time: 18:00 – 21:00 Venue: Bread and Roses Cost: £48/£60/£120 Trainer: Alex Peel

This session will help charity trustees to fully understand what they need to know and do. The session will cover: An Overview of charitable status, Legal Duties of Trustees, understanding collective responsibility, good practice and where to go for help and advice. Book Now

First Aid Courses in June

First Aid Requalification 2 days – 3rd - 4th June http://bit.lv/FArequalJune19

First Aid Annual Skills Update – 6th June http://bit.ly/FAASU6june

Emergency First Aid at Work – 13th June

http://bit.ly/EFA13june

First Aid at Work – 17th, 18th, 19th June http://bit.ly/FAWjune19

View our Training Calendar for MORE First Aid courses up to December <u>HERE</u>



OTHER TRAINING & EVENTS

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6 13:00 – 15:00 Volunteer Centre Drop In 10:00-13:00 Disabled People's Forum	7 10:00 – 12:00 <u>Maternity</u> <u>Voices</u> <u>Partnership</u> <u>Meeting</u>
10 13:00-15:00 Carer Hub	11 10:00 – 12:00 <u>Volunteer</u> <u>Centre Drop In</u> 12:00-14:00 <u>Carer hub</u>	12 Briefing Bradford Deadline 10:00-16:00 Carer Hub	13 13:00 – 15:00 Volunteer Centre Drop In 10:00-12:00 Carer Hub	14 12:00-14:00 Fish and Chip Friday – Carer Hub
17 Hot Picks Deadline I Love Small Charities Day	18 10:00 - 15:30 <u>Funding</u> <u>And</u> <u>Advice</u> <u>Fair</u>	19 Policy Day	20 10:00-12:30 Welfare Reform Impact Bradford Fundraising Day	21 Small Charity Big Impact Day
24 <u>Safeguarding</u> <u>Week</u>	25 10:00 – 11:30 Volunteer Centre Drop In	26 Briefing Bradford Deadline	27 13:00 – 15:00 <u>Volunteer</u> <u>Centre Drop In</u>	28
1 Hot Picks Deadline	2 10:00 – 12:00 Volunteer Centre Drop In	3	4 13:00 – 15:00 Volunteer Centre Drop In	5

VCS JOBS

Featured Job

Outreach/Volunteer Coordinator, part-time

Organisation: Parents' Forum for Bradford &

Airedale

The Parents' Forum for Bradford and Airedale works to support parents and carers of children and young people up to 25 years years old, who have a disability or special educational need.

Salary: £20,541 pro rata

Hours: 18

Closing date: 9th June 1:00

Amaze Yourself Engagement Coordinator

Organisation: University of Bradford

Salary: £26,243 to £28,660 Closing date: 7th June 23:45

<u>Data Officer - Bradford/Skipton/Harrogate</u>

Organisation: Carers' Resource - Bradford Office

Salary: £23,691 - 26,101 pro rata

Hours: 24 - 30

Closing date: 10th June 17:00

GreenMoor Programme Manager

Organisation: CNet (Bradford & District

Community Empowerment Network)

Salary: £15,000 (actual)

Hours: 20 (some evening and weekend work

essential)

Closing date: 14th June 17:00

<u>Financial Administrator</u>

Organisation: Communityworks

Salary: £11.19 - 12.35 p/h

Hours: 7.5

Closing date: 17th June 12:00 noon

Support Time Recovery Worker: Liaison &

Diversion

Organisation: The Bridge Project

Salary: £21,589

Hours: 37

Closing date: 17th June 12:00 noon

Digital Engagement Worker

Organisation: Yorkshire MESMAC

Salary: £24,799 pro rata

Hours: 14

Closing date: 19th June 12:00 noon

Creative & Wellbeing Project Manager

Organisation: Pioneer Projects

Salary: £21,17 pro rata

Hours: 30

Closing date: 20th June 17:00

Caretaker - Bank Staff

Organisation: YMCA Bradford

Salary: £8.24 p/h Hours: 24-30

Closing date: 29th April 2021 9:00

Skills Mentor/Support Worker

Salary: £8.24 p/h

Hours: 35 (full time) Part time hours available Closing date: 20th March 2024 12:00 noon

Our jobs are brought to you via



CHILDREN & YOUNG PEOPLE



Bradford Safeguarding Week is nearly upon us and runs from Monday, 24th June – Friday, 28th June. Don't forget to check what's happening during the week.

Reducing parental conflict

As part of Safeguarding week workshops are being held to learn about the National Reducing Parental Conflict Programme to help identify local strengths and gaps, along with planning for the future. It will also be a great chance to network with other interested agencies. Aimed at interested parents and Workshops professionals. takes place, Monday 24th June, 1 – 4pm, Margaret McMillan Tower, Bradford and Tuesday 25th June, 9.30am-12.30pm, Meeting Room 2, Shipley Library, Shipley. See event booking details. Anyone interested in attending or a stall also can email adele.carr@bradford.gov.uk or call 07866 128444

Introduction to Safeguarding

Young Lives will be running an Introduction to Safeguarding session for VCS organisations working with children & young people on Tuesday 25th June, 10:00 -11:30.

YLB Updates

Keep up to date with what's happening at a Strategic level across the District and take a look the Young Lives Bradford updates You will also find here our regular Safeguarding Updates with news on local training and resources. We also hold regular networking forums which are a great way to meet partners in the sector who are delivering local services to children and young people. Our next forum takes place in July. Watch this space for more information to follow.

Voluntary & Community Sector recognised in new safeguarding arrangements

In a <u>letter</u> from Jane Booth, Independent Chair of Bradford Safeguarding Children's Board to Janice Hawkes, Chair of Young Bradford's Safeguarding Lives Steering and Young Lives Bradford's group representative on the Board, the voluntary & community sector has been recognised as a relevant agency in the new safeguarding arrangements and will children represented on the Board and sub groups via Young Lives Bradford. To be involved in Safeguarding Steering group email younglivesbradford@cabad.org.uk



CHILDREN & YOUNG PEOPLE



Diversity Festival - Young Person's Workshop

Opportunity for young people with Channel 4 for their annual <u>Diversity Festival</u> in Bradford, 17th June. This year's theme is Authenticity. They would like to invite 15 young people (aged 16+) from Bradford for a workshop 'finding one's own authentic voice'. From this short films will be created. Suited to those interested in media, creative industries. Workshop is on Monday 17th June, 12:30 – 15:30, University of Bradford. If you know any young people who would be interested Contact <u>Laura Boswell</u>- Twitter **@4Talent**

Paras Production Training Scheme

Do you have a disability and want to work in media? Applications now open for the Channel 4 Paras Production Training Scheme. This 12 month paid opportunity aims to address the under-representation of disabled people in the media.

This is for disabled people under the Equality Act 2010 with a physical or mental impairment that has a 'substantial' and 'long-term' impact on doing normal daily activities. Read more.

Young People's Voice in the Improvement Plan

As part of Bradford's Social Care Improvement Journey and to ensure services provided for young people in our District are as good as they can be, the voice of the child and their experience is essential.

The <u>Build A Girl Project</u> have been tasked to establish a voice reference group with the aim of ensuring young people affected by this work are able to contribute their feedback.

Fiona would like to hear from you if you know of any young people who would like to get involved. See <u>Letter to young people</u> and Letter to professionals.

Contact: Fiona Broadfoot on 07837514589 or buildagirlproject@gmail.com

Maternity experiences and infant mental health workshop

During Infant Mental Health Awareness Week 2019, two Better Start are offering a workshop on the experiences of women in maternity services, birth trauma and impact on maternal and infant mental health. The workshop will include videos, activities and presentations. Suitable for all professionals working with families. Limited places.



VOLUNTEERING

Shuttle Shuffle Festival Volunteers Needed!

The range of voluntary opportunities available include: Helping set up the festival site – artist liaison – stage/sound assistance - working on the box office and information desk – stewarding the various performance venues - selling merchandise – assisting with the clear up and more. We're looking for amazing individuals to come and join us. Being a volunteer will require you to work for a minimum of 12 hours over the weekend and as a thank you, you'll receive a free limited edition festival crew t-shirt and a free weekend ticket, which will give you access to all the events.

Email info@shuttleshuffle.co.uk to enquire.

Support for organisations through Doit.Foundation

Do you run or work for a small charity or voluntary organisation? If so then the <u>Doit.Foundation</u> wants to hear from you. They are inviting small and micro voluntary and community groups to register interest in their small grants pilot, which aims to explore how digital can be used to make it easy to access funding and other support. If your organisation has an income of £100,000 a year or less then all you need to do is complete a short survey and register your details.

To <u>get involved</u> in the small grants pilot please follow this <u>link here</u>. You'll also have the chance to win £50 of Amazon youchers

RNIB Volunteering Opportunities

Did you know that 2 million people in the UK live with sight loss?

We're looking for Fundraising and Events <u>Volunteers</u> to help us raise funds for our vital services such as Helpline and Talking Books, which allow people to live their lives to the full. We need friendly, outgoing people who can help us out with collections, awareness stalls, talks and events. This could be the perfect opportunity if you want to volunteer on an occasional basis.

Connect Community volunteers and Campaign Coordinators: are people with sight loss and good communication and organisation skills, who understand the issues affecting blind and partially sighted people locally and want to make a difference. This could be setting up a new group, working with existing ones or campaigning.

Training and expenses given. Email catherine.tonge@rnib.org.uk to enquire

WYRED Accent Variation Linguistics Volunteers Needed

The West Yorkshire Regional English Database (WYRED) project is hosted by the Department of Linguistics and Modern Languages at the University of Huddersfield. It is recruiting particidre21pants, in exchange for £35 of Amazon or Sainsbury's vouchers.

The WYRED project is creating a database of British English speech to discover more about accent variation. They are now recruiting males, aged 18-30, who are native British English speakers from Bradford (BD) postcode areas.

Participation would involve completing two recording sessions on campus (the first is about 1 hour and the second is only 30 minutes), in the Edith Key Building. Travel expenses reimbursed.

If interested, please email S.M.Ros@hud.ac.uk

COMMUNITY SHOWCASE

Tell us about your organisation -

We are from the Courses Team, which is part of the My Wellbeing College, previously IAPT. My Wellbeing College is part of the NHS in Bradford and we provide various therapies to people to target symptoms of low mood, anxiety & panic. We offer courses across Bradford at various times and locations (all found on our website) to introduce techniques to help people manage their mental health. The referral criteria is to be aged 16+ and to be registered with a Bradford GP.

How has your organisation changed? -

We have run courses as a Trust for several years, however, last year as a service we developed a team to focus on the marketing, setting up and delivery of the courses – the aim being that the courses would run continuously, over several locations and times to increase accessibility. The two main courses are Stress Control and Living Life to the Full. Both are delivered in an educational format; these courses are NOT group therapy.

What are you most proud of about your organisation -

People who have attended courses and who have become involved with My Wellbeing College benefit from what they have learnt. We have made this service accessible to all – it used to be GP referral only, now people can self-refer, either online or by calling us direct 0300 555 555 1 We are also proud of our engagement within the community i.e. with schools, charities, other organisations.

What is your greatest challenge in the industry and how could others help you overcome it –

Making our service(s) known within the community and what we offer as well as making sure people understand that our courses (Stress Control and Living Life to the Full) are educational sessions not group therapy.

One piece of advice for other organisations -

For organisations to understand what is available for wellbeing, also for everyone to aim to be kind, and go that extra mile.

Do you have anything you would like to let others know about?

We have courses running in the community at different times and locations. Check out our <u>website</u> to learn about what is happening in your area.

Contact details for My Wellbeing College

Address: Somerset House, Manor Lane, Shipley,

Bradford, BD18 3BP Phone: 0300 555 5551

Website: http://bmywellbeingcollege.nhs.uk/



OPPORTUNITIES

Volunteer for the National Science and Media Museum!

The National Science and Media Museum is recruiting for volunteers to get involved with two new voluntary opportunities at the museum.

We are looking for Events volunteers to help us with the running or various events – from big festivals like Bradford Science Festival, to more family oriented activities. Volunteers get to pick and choose the events they'd like to work on. It's a great opportunity to meet like-minded people, learn new skills and experience lots of different events! If you're interested, just come along to one of our taster days on the 5th and 12th June. Email Gin to book your place.

We are also recruiting for Object Handling volunteers. Our Object Handling Volunteers work on our galleries to engage visitors with some of the exciting objects we have in our Object Handling collection – from old cameras to Walkman. It is an opportunity to learn more about the objects at the museum, meet other volunteers and work with our visitors to get them inspired by our collections. You don't need any previous knowledge and we will provide you with all the training you need. We will hold taster days on the 19th and 22nd June – to book your place, email Gin.

For more information about these roles and what it is like to volunteer here at the museum, please visit our <u>website</u>. If you have any questions, you can also get directly in touch with <u>Gin</u>, Volunteer Coordinator.

Volunteer for Healthwatch

Healthwatch Bradford and District have several vacancies for Enter and View (Authorised Representative) Volunteers, who will visit health and social care settings across the Bradford District to gather feedback and see how well the service is working. Enter and View is one way that a local Healthwatch can hear people's experiences of health and social care. It involves Healthwatch staff and volunteers going to publicly funded health and social care services to assess them. The role of an Enter and View Volunteer is to firstly research health and social care settings across Bradford District. They then visit services to observe, listen to patients and their carers, as well as staff at the service. Volunteers also help to feedback recommended ways to improve to the service. We are looking for people with excellent listening skills, interest in improving health and care and with experience of using or working in services. To be a successful candidate, you will enjoy things like meeting and talking to new people, empowering patients and carers and being part of a team. To find out more about the role and application process, please visit Healthwatch Bradford and District website. To discuss the role, contact Alan Walsh on 01535 665 258 or volunteer@healthwatchbradford.co.uk.

Please see flyer for more information.



ASSEMBLY NEWS

Unless stated otherwise all Forums are held at CNet premises and are open to anybody – if you want to become a member email Wendy@cnet.org.uk. To attend Young Lives Bradford Forum email younglivesbradford@cabad.org.uk

Community Economic Forum

Monday 8 July 2019, 9:30 - 11:30

The forum is committed to widening access to opportunities in learning, employment and social enterprise. Members have the opportunity to represent the views of the forum at district, subregional, regional and national levels and to share good practice as appropriate. Members only

Health & Wellbeing Forum

Tuesday 30 July 2019, 9:30 - 12:00

The meeting will have a focus on the Care Trust, and updates on Better Start Bradford and the Joint Strategic Needs Assessment (JSNA).

The Forum works to ensure the involvement of the VCS in the development and delivery of health and social care services. Members only

Equalities Forum

Thursday 6 June 2019, 10:00 - 12:00

The Equalities Forum aims to ensure that equalities work (in terms of race, gender, disability, social class, sexuality, age and faith) remains an important focus not just within the VCS and Assembly structure, but that it is also embedded within statutory and private sector services.

Safer Communities Forum

Monday 10 June 2019, 10:00 - 12:30

Guide to organising a community event. Includes a networking lunch.

The Safer Communities Forum enables the voluntary and community sector to engage with statutory partners. The forum has a voice within the strategic decision making partnerships with the aim of developing solutions and shared outcomes to create a safer community for the citizens of Bradford. All welcome

Young Lives Forum

Keep up to date with what's happening at a Strategic level across the District through the <u>Young Lives Bradford updates</u> on our Community Action website. You will also find our regular Safeguarding Updates with news on local training and resources.

We also hold regular forums which are a great way to meet partners who are delivering local services to children and young people. Our next forum takes place in July. Watch this space for more information to follow.

Women's Health Network

Wednesday 7 August 2019, 10:00 - 12:00

The Women's Health Network is a collective of people living and/or working in Bradford who have an interest in issues affecting the health and wellbeing of women and their families, with a particular focus on the engagement of seldom heard voices.

The Women's Health Network operates under CNet's Engaging People project. New members are always welcome. If you are interested in attending please email <u>yazmin@cnet.org.uk</u>.



RESOURCES

Carers Week at Carer Hub

Carers Week is an annual campaign to raise awareness of caring, highlight the challenges carers face and recognise the contribution they make to families and communities throughout the UK.

Come celebrate and mark Carers Week at one of our many events happening across our Carer Hubs.

- Monday 10 June 13:00 15:00
 Healthwatch will be at our Horton Park
 Carer Hub to listen to your views on healthcare in Bradford and share them with those that have the power to make change.
- Tuesday 11 June 12:00 14:00
 Celebration Event at Lynfield Mount
 Carers Hub. An afternoon of music, food and celebration to mark Carers Week
- Weds 12 June 10:00 16:00
 Horton Park Carer Hub will be offering free 20 minute massages. You can choose between hand, foot, neck or head massage. Please call the carer hub on 01274 251112 or email carerhub@bdct.nhs.uk for more information or to book an appointment.
- Friday 14 June 12:00 14:00
 Fish and Chip Friday. Please call 01274
 251112 or email <u>carerhub@bdct.nhs.uk</u>
 to book a place to have fish and chips with other carers.

Alzheimer's Cup Cake Days

- Tuesday 11 June, Lynfield Mount Carer Hub 11:00 – 12:00
- Wednesday 12 June, Skipton Pop Up Café 12:30 – 15:00
- Thursday 13 June, Horton Park Carers Hub 10:00 - 12:00

See poster for full details.



Bradford District Care

NHS Foundation Trust

Future Leaders Programme

An exciting opportunity has become available to apply for a place on the next Future Leaders programme 2019 – 2020. This year they are opening the programme up to offer places across our partners. We have 10 places available:

- 5 free places for colleagues from the Voluntary and community sector
- 5 free places for partners

Please share the information in your networks and amongst your staff teams and if you have any queries about the programme or application please get in touch.

Applications need to be in by <u>7th June</u> 2019 so be quick!

See booklet for more information.

See <u>flyer</u> for information on how to apply.



Empowered Steps

Starts on 14th June 2019 10:30 - 12:30 at Millside Centre, 131 Grattan Road, BD1 2HS

Inspire Yourself personal coaching is offering FREE six week sessions to support and encourage women who have experienced domestic violence to build their self-confidence and self belief. Nina, the coach has personal experience of domestic violence and will use her knowledge to guide and empower women through the programme to take practical and personal steps to a better future. See <u>poster</u> for more information.

MISSED SOMETHING?

Find this newsletter on the Community Action website: https://www.cabad.org.uk/briefing-

https://www.cabad.org.uk/briefingbradford

Subscribe now by heading to https://divabradford.org.uk/ and register with a user account or contact us using the details to the right.

BE IN THE NEXT ISSUE

Submit your content to briefingbradford@cabad.org.uk by 12th June to have it in the next issue.

Advertise with us for flexible rates, get in touch with us here: briefingbradford@cabad.org.uk
01535-612500

CONTACT US

Community Action have offices at:

Bread and Roses Café, 14 North Parade, BD1 3HT 01274 724192

Riddings Hall, Riddings Road, Ilkley LS29 91 U 01943 603348

Cardigan House, Ferncliffe Road, Bingley, BD16 2TA 01274 781222

Central Hall, Alice Street, Keighley, BD21 3JD 01535 612500

Volunteer Centre have offices at:

19-25 Sunbridge Road, Bradford, BD1 2AY 01274 725434

23 Temple Row, Keighley BD21 2AH 01535 609506

CNet have an office at:

114-116 Manningham Ln, Bradford BD8 7JF 01274 305045















